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Clarkson Valley Living JANUARY

Notice Of **Election**

Declaration Of Candidacy City Of Clarkson Valley

A Municipal Election will be held in the City of Clarkson Valley, St. Louis County, Missouri, on Tuesday, April 5, 2016, to elect one (1) Alderperson from Ward 1, Ward 2, and Ward 3, each to serve a two vear term.

Declaration of Candidacy for said offices must be received by the City Clerk, Monday through Friday, during the regular business hours of 9:00 a.m. until 4:30 p.m. The closing date for filing is Tuesday, January 19, 2016.

A candidate for Alderperson must be a resident of the ward from which elected, at least twenty-one (21) years



of age, a citizen of the United States and a resident of the city at the time of election for at least one (1) year preceding the election.

We require proof of an affidavit to the Department of Revenue from each

candidate declaring they are not currently aware of any delinquency in the filing or payment of any taxes.

Michele McMahon City Clerk





Ves, numbers are not always interpreted the same by all. ▲ Adults (of different ages) – I can't believe how fast the years have gone; my kids are growing up - I can't wait or I miss those younger days. Regardless, it's time to rejoice and look forward to a new year. Let's take with us the good times we experienced during the holidays.

Then review or start (for many of us) to make our plans for the New Year. The challenge for your city is to continue providing city services within our current budget. We look forward to doing just that. Realizing these services is made possible by not only those paid for services, but by the volunteers who serve on our Planning & Zoning Commission, Architectural Review Board and our Board of Adjustment. Plans for the future require a review of one's past performances. As I look back, I remember a special person that served this city for many years -Susan Shea.

Susan and I were elected to the Village of Clarkson Valley Board of Trustees in1987 (we became a City in 1988) and served together until her retirement in 2012. Susan passed away on July 28, 2015. Let me share with you a tribute to this fine lady. Susan grew up in Peoria, IL. She is survived by her husband Richard Shea, three sons, two daughters-in-law and six grandchildren. Richard (better known as Dick) and Susan were married for 49 years. The three sons, Aaron, Ryan and Adam, still live in the St. Louis area. Dick is the owner of Suburban Business Products and son, Aaron, is the current president. Susan enjoyed being part of her sons activities (sports, etc) during their growing up - just as she enjoyed her grandchildren. With six (Chelsea, Nicholas, Ricky, Emerson, Kennedy and Walker) there were many joyful times. She brought the same enthusiasm for life to her service on the Board of Alderpersons.



She served on the Planning & Zoning Commission, was president of this Board for many years and served as President of the City Council. She was the City's representative on the State Conservation Department's task force and on the deer population problem in West St. Louis County. She spearheaded the development of our ordinance to allow bow hunting. We were the first City in St. Louis County to adopt such a plan. And, based on our success, the plan has spread throughout St. Louis County and other cities in the state. She was always willing to take on the different issues and work toward solutions - in other words, she wanted and was part of the solution, not the problem. Active as an avid tennis player for years, she would kid about loving her picture on the wall at City Hall. "I love that picture - I never look any older." Susan Shea - a friend, a colleague, an outstanding servant for the City of Clarkson Valley. She is and will be missed. And, as she would say, "Let's move forward to a new and prosperous year!"

> **Clarkson Valley Recycling Results Through November 2015**

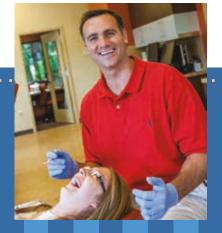
November Recycling Tonnage= 36.54

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Note FROM YOUR Publishers

What a blast it is for us to go back and look at each edition of *Clarkson Valley Living* for 2015 and choose pictures for the Year in Review edition! Your stories and pictures make Clarkson Valley Living special, and we appreciate being a part of your community.

2016 should be amazing! We anticipate that it should be a great year of sharing more of your stories and cool events and more connection in the neighborhood.

God bless, and here's to a wonderful 2016!

Chris and Deanna Ley Publishers

314.566.4022 / 314.566.7566 Chris.Ley@N2Pub.com / Deanna.Ley@N2Publishing.com

NEWS YOU CAN USE

2016 Is Going To Be A Fantastic Year For Clarkson Valley Living

CLARKSON VALLEY LIVING IS SET TO GROW!

We are very excited to see CVL grow over the next year. We have numerous articles that we have slotted to add in the near future - Resident Movie Review, Boys & Their Toys, Read Any Good Books Lately?, Travel Tales, Making a Difference, and more! Do you have any great ideas for monthly articles? Please shoot Deanna an email at Deanna.Ley@N2Pub.com with your suggestions!

CVL NEEDS YOU! GET INVOLVED! Join our private Clarkson Valley Living Facebook Group! "Friend" us so we can notify you about our community news and events.

www.Facebook.com/groups/ClarksonValleyLiving

Are you on the *Clarkson Valley Living* email list? Shoot a quick email to Deanna.Ley@N2Pub.com to be added so you can be in-the-know for all things CVL and event invites.

Also, there are fun and easy ways to get be a part of the Clarkson Valley Living team. We are currently looking for monthly contributors, residents to join our Social Committee, Junior Writers, Welcoming Committee members, and more. Contact Deanna if you are interested in more info - Deanna.Ley@N2Pub.com.







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s with all business partners, please give them a Chance to earn your business! They are committed to supporting your community – Please support their business! If you have any great businesses that you have worked with that you want to introduce to your neighbors, email their info to WELCOME Chris at Chris.Ley@N2Pub.com.





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We Met Some Really Great Clarkson Valley Families In 2015

Photos Courtesy of Mark Schmitz of wideiphoto & Cyndi Palmer of Cyndi Palmer Photography & Sponsored by Kehrs Mill Dental Arts



One of the best parts of *Clarkson Valley Living* is getting to know about your neighbors! Thanks to all who took the time to share their stories with us and provide such great covers this past year.











Get to know your neighbors better by having your family featured in the next available issue! With the Meet Your Neighbors article comes a free professional photo shoot with *Clarkson Valley Living's* Meet Your Neighbors photographer, Cyndi Palmer of Cyndi Palmer Photography. Email Deanna at Deanna.Ley@N2Pub.com to be a future featured family.

18 NeighborhoodNews kids will be www.kids

Clarkson Valley Kids Stole The Spotlight In 2015

Sponsored by Chesterfield Montessori School

So many superstar kiddos shared their stories this year! It was great to learn so much about the young, friendly faces that live in the neighborhood.



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JANUARY Clarkson Valley Living







Hey kids – do you want to be the superstar of the neighborhood? Do you want to share with the neighborhood any and all things that are important to kids your age? All you have to do is ask your parents to email Deanna at Deanna.Ley@N2Pub.com to have your article featured in a future issue.





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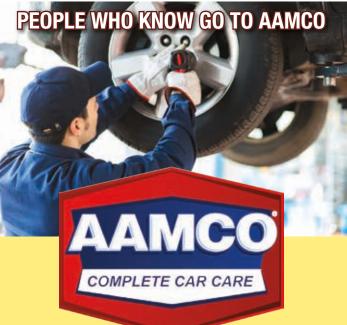
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Do you know of a great place to have a Clarkson Valley event? A restaurant, a family fun place, a micro-brewery or your favorite hangout? If so, email Deanna at Deanna.Ley@N2Pub.com.

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JANUARY Clarkson Valley Living







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So many great Clarkson Valley recipes were submitted this past year! Hopefully you made them all! Thanks for sharing your family favorites.



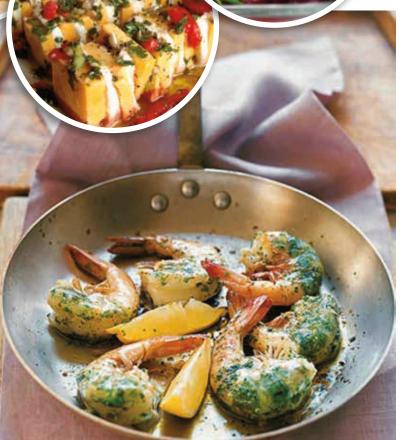
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Would you like to have your favorite family recipe featured in the neighborhood publication? We are looking for anyone who has a good recipe to share! Simply email Clarkson Valley Living's new Delicious Dish Contributor, resident Valerie Denton, at gavadenton@sbcglobal.net, to have your recipe featured in the next available issue!

JANUARY Clarkson Valley Living

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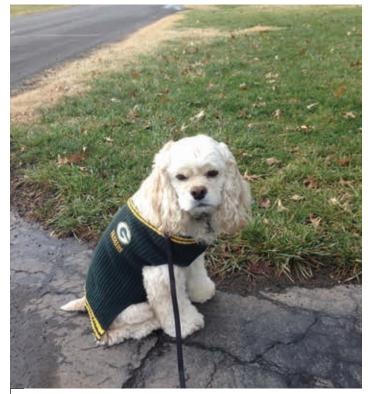
It was so much fun hearing all the tales from the Clarkson Valley's four legged family members! There's nothing better than reading their stories and learning why they love living in Clarkson Valley so much. It really is the perfect neighborhood for humans and pets!

JANUARY Clarkson Valley Living









Do you have a pet and would like to share his/her story and have a professional photo shoot by resident Maddi Manheimer, Clarkson Valley Living's Precious Pets official photographer? Simply email Clarkson Valley Living's Publisher Deanna at Deanna.Ley@N2Pub.com to have them featured in the next available issue. Dogs, cats, horses, fish, and any other type of animals are welcome!





living spaces We Loved Featuring Some Of The Beautiful Homes In Clarkson Valley Photography by Mark Schmitz, owner of wideiphoto & Sponsored by DiPasquale Painting



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Thanks to each of you who opened up your home to your fellow neighbors. The pride of ownership Clarkson Valley residents have for their homes is so evident, and it's one of the many reasons why Clarkson Valley is the best place to live!

We have featured some great homes in Clarkson Valley and would love to share yours, as well. Have you recently remodeled, redecorated or built on an addition? Have you created a man cave or built a new wine cellar? Simply contact Deanna at Deanna.Ley@N2Pub.com and we will coordinate a professional photo shoot by wideiphoto to highlight your home in an upcoming issue of Clarkson Valley Living.

JANUARY Clarkson Valley Living







The Experience You Depend On. Saturdays 8:00am to 12:00pm

NeighborhoodNews 31

Monday through Friday 7:30am to 4:30pm 👌 🛛 Angies list.

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SPOTTED!

Some Of Your *Clarkson Valley Living* Business Partners Have Been SPOTTED In Clarkson Valley!

Who Have You Spotted Lately?

One of the many things we love most about producing *Clarkson Valley Living* for you is that we get to meet amazing local business owners who are so excited to partner with us by supporting this publication month after month. One of the biggest compliments we can receive is for you, the residents, to support them back by giving them the opportunity to earn your business.

Each month going forward, we will be SPOTlighting *CVL* Business Partners we spot around Clarkson Valley. We can't possibly SPOT them all, so we are asking both residents and business partners to help us out with this section each month. Residents, help us out by snapping a quick photo of you and a business partner outside of your home or you in a partner's store/shop/ office. Business Partners, help us out by snapping a quick photo of you and the resident who visits your store/shop/office or of you/and the resident in front of a resident's home.

Each month, we will do a drawing of the entries submitted, and both the resident and Business Partner pictured will receive phenomenal gift from one of our fantastic businesses!

Please email all SPOTTED photos to Deanna.Ley@N2Pub.com. Please include a sentence or two that shares your experience, the names of both the



Colleen Lawler & The Irvine Team, you have been SPOTTED!



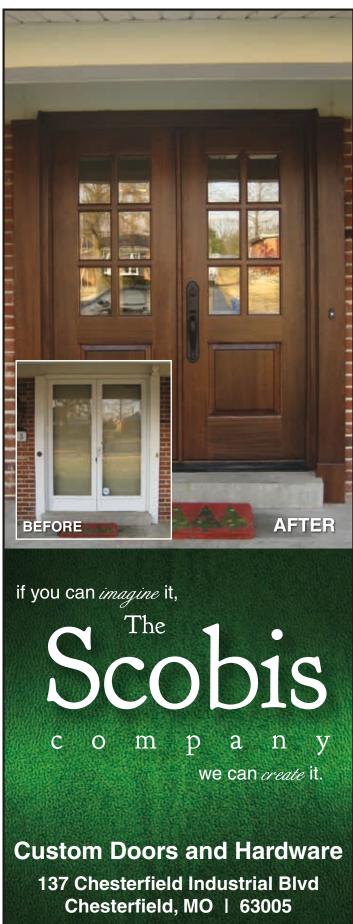
Maurice & Kelly Dowell of Dowco Enterprises, Inc., you have been SPOTTED!

Connie & Jason Lieber of Assist-2-Sell, you have been SPOTTED

resident and Partner in the photo, and the resident's neighborhood. Have you used a *CVL* business partner in the past? Email me your experience, and we will publish it (and you and the business you used will be entered into the drawing the month your blurb is received). No picture needed for past experiences - just the blurb is fine!

Will you be **SPOTTED!** soon?

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Happiness Is... The Peanuts Movie!

Photographs Courtesy of Jill Gray of Higher Focus Photography









































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n Saturday, November 7, over 200 residents and business partners came together to enjoy a private screening of *The Peanuts Movie* at the AMC Chesterfield 14 in Chesterfield Mall and huge after party in the Food Court!

Everyone had a great time, and Snoopy even made an appearance to parade all the families to the after party. There was a great lunch treat provided by Raising Cane's Chicken, cookie treats from Great American Cookie Co. and fun from our face painter (provided by Renewal By Andersen), a magician and a balloon artist.

We want to especially thank all of our business partners who made the event possible:

Bono Plumbing, Buckingham Pest Control, Colleen Lawler and the Irvine Team, Dr. David Trybus, Debi Donaldson (Equity Missouri), Enterprise Accounting, Junk King St. Louis, Janet Zerler (Berkshire Hathaway), Kelly Bennett Realty, KinderCare of Chesterfield, KMI Construction, Jeff Lottmann Team (ReMax), Masterpiece Masonry, New Seasons Spa, Pinot's Palette, Renewal by Andersen, STL Sun Tan, Schaefer Autobody, The Color Room, The Kristi and JT Monschein Team (Berkshire Hathaway), The Sheryl Deskin Team (Keller Williams), & Travel Leaders

We also couldn't have made this event happen without the generous cooperation of Tiarra Whiteside, General Manager of AMC Chesterfield 14, and her awesome theater staff, as well as the helpful management group and food court staff with Chesterfield Mall.

We were so happy to bring this event to you and want to thank you for being our guest! We hope you enjoyed the event!

Do we have your email? It's the easiest way to stay in touch with all things Clarkson Valley Living, including invites to fun events like this. Email Deanna.Ley@N2Pub.com to have your email added to our growing list.



Photography by Mark Schmitz, owner of wideiphoto, Clarkson Valley Living's Official Photographer & Sponsored by Dowco Enterprises, Inc







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Wow - there are so many beautiful outdoor spaces that were featured in 2015! Thanks so much for inviting us all to enjoy your relaxing Outdoor Oasis!

Do you have an amazing outdoor oasis, or do you know someone in your neighborhood that does? Share your outdoor space or nominate a neighbor's yard for spotlighting by emailing Deanna at Deanna.Ley@N2Pub.com.





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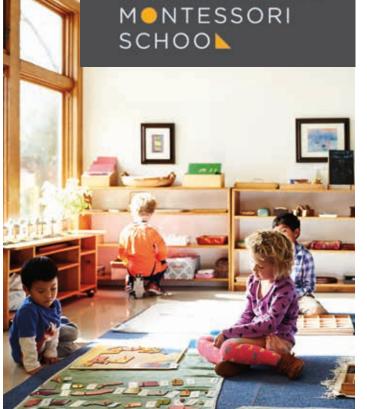
We Are Thankful For All Of Our Clarkson Valley Living Sponsors! Here are a few that were featured in 2015







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If you have worked with or own a company that you feel would be a great business partner for your Clarkson Valley Living, please email Chris at Chris.Ley@N2Pub.com.

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NeighborhoodNews 42



Clarkson Valley's Young Achievers Shared Their Outstanding Stories Sponsored by KinderCare Chesterfield







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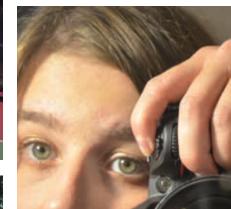
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Chelsea Owens - Center Director 636.227.5074 | 2275 Village Green Parkway | Chesterfield, MO 63011 Clarkson Valley Living JANUARY







Thanks to all of the Young Achievers who shared their awesome stories with us! We can't wait to read more Achiever stories in 2016!

If you know of an outstanding youth (or you are one yourself!) who has had an accomplishing of some sort that should be featured, please email Deanna at Deanna.Ley@N2Pub.com.

Thile we haven't even gotten into the thick of the winter yet, Cub Scout Pack 782 and Summer Winds Nursery are already looking ahead to spring! Cub Scout Pack 782 and Summer Winds Nursery are teaming up together to help educate the public on backyard gardening in efforts to protect and enhance existing natural habitats, restore lost habitats, and create special habitats for wildlife.

As most of you know, our monarch butterfly population has plummeted over the last few years. Due to urbanization and pesticides we have lost an enormous amount of the monarch's native host plants, the common milkweed and swamp milkweed. Without these plants and other native wildflowers, the butterflies can't find suitable places to deposit their eggs or food to fuel their long journey home to Mexico. Monarchs, as well as other butterflies,

are acutely sensitive to pesticides and toxins. Their presence and diversity are a good indicator of the overall well-being of our ecosystems. A healthy community usually has a large number and wide array of butterfly species. Hummingbirds and pollinating bees are also vital to a healthy ecosystem. Did you know that 1/3rd of our food supply comes from the pollination of bees?

You can actually help to enhance our community ecosystem by attending this event, which will be held on Saturday, April 16th and Sunday April 17th from 9 a.m. to 5 p.m., at Summer Winds Nursery, located at 54 Clarkson Rd. in Ellisville.

This is a family friendly event, which will include free classes taught by Summer Winds staff on backyard gardening to support butterflies, pollinating bees, and hummingbirds. The cub scouts will also



share their knowledge with you and your children about what they know about these species. They will also be selling the common milkweed and swamp milkweed for a nominal fee to get your monarch garden started! Summer Winds will have food source plants available for sale for the monarchs, hummingbirds, and pollinating bees.

Make sure to check out our February Clarkson Valley publication for more information as well as a list of the various types of native wildflowers that will be available for purchase at Summer Winds. We would welcome volunteers from the community to help with this event! If you are interested, please contact Kristy Howard at 636-248-4538 or at khoward778@gmail.com! Remember... keep calm and garden on!

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NEW YEAR **NEW YOU**

Make Your New Year's Resolution Work For YOU

By N2 Staff Writer Elizabeth McCabe



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The New Year; it's a fresh start. It's a new calendar and a perfect opportunity to embrace a healthier lifestyle.

You may ask yourself, "What's the point of a New Year's resolution anyway? I never keep them, so why even make one this year?" But a new year can realistically mean a new you. Yes, it is true. With a little patience and perseverance, your vision for your fitness goals can become a reality. The real question is, "How can I be successful this year in adopting a healthier lifestyle?" Here are a few steps to get you headed in the right direction:

REFUSE TO BE ANOTHER STATISTIC

Fifty percent of all Americans are pre-diabetic or diabetic. One in three Americans has high blood pressure. Sitting for extended periods of time every day can increase the risk for heart disease, diabetes and premature death. But simply knowing these statistics can motivate one to action. Make small changes to add up to lifestyle changes. According to a recent study, getting up and engaging in light intensity activity for two minutes an hour can have a powerful impact upon one's health, reversing negative impacts from sitting. Take heed, all you cubicle dwellers! In fact, it can lower the risk of premature death by a whopping 33 percent.

COUNT YOUR CALORIES

Before you put something in your mouth, consider the calories. Not only can counting your calories reduce your food intake, but it can also help you make healthier choices over the long haul. It's amazing that people who write down what they eat consume fewer calories than those who eat whatever they want. With modern technology and apps of all sorts, you can count your calories with ease. Research has also shown that counting calories can help reduce the risk of getting type 2 diabetes.

SHED A FEW POUNDS

Consider losing 5 to 10% of your body weight. According to the Diabetes Prevention Program, shedding this amount can help you avoid getting diabetes. If you want to slash your risk further, start doing some moderate exercise. Whatever steps that you take this year toward your New Year's resolutions, refuse to be discouraged. Try and try again. Even if you have a bad day or gain an extra pound, don't give up! Keep your goals manageable. Even if you lose one pound a month, that is progress! That's 12 pounds a year. Considering that the average American gains a few pounds each year, any weight loss is remarkable.

Don't give up in February or March or even April; every day is a fresh slate. So get moving! Make 2016 your best year yet to become healthier. You'll be glad that you did and your health will benefit in the long run!

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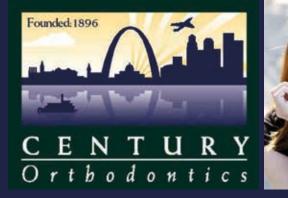
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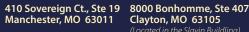




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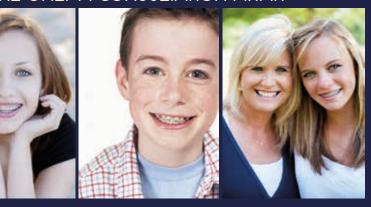
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Address	Neighborhood	List Price	Sale Price	Sold Date	Beds	Baths	SqFt	Parking
15862 Richborough Rd.	West Hampton	\$1,295,000	\$1,225,000	08/24/15	5	8	5,765	5
2007 Kingspointe Dr.	Kingspointe	\$1,099,000	\$1,005,000	09/15/15	5	7	5,828	4
6 Kehrs Mill Glen	Kehrs Mill Glen	\$1,050,000	\$980,000	09/23/15	4	5	4,500	3
15998 Trowbridge Rd.	Westhampton	\$997,000	\$946,500	11/16/15	4	7	4,284	4
16308 Wilson Creek Ct.	Manors at Clarkson Valley	\$775,000	\$775,000	08/25/15	5	5	2,801	3
284 Herworth Dr.	Forest Hills Club Estates	\$770,000	\$770,000	08/29/15	4	5	3,296	3
2352 Kettington	West Hampton	\$599,900	\$595,000	09/04/15	4	5	3,476	3
1645 Trotting Trail Rd.	Kehrs Mill Trails	\$600,000	\$579,000	09/04/15	4	4	3,459	3
16534 Saddle Creek Rd.	Kehrs Mill Trails	\$599,900	\$575,000	10/09/15	4	3	3,984	3
2019 Kehrs Mill Rd.	Kehrs Mill Estates	\$595,000	\$554,000	10/19/15	5	6	3,878	3
125 Forest Club Dr.	Forest Hills Club Estates	\$519,000	\$512,500	08/14/15	3	3	2,440	2
430 Herworth Dr.	Forest Hills Club Estates	\$495,000	\$467,500	09/15/15	4	4	3,265	3







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