

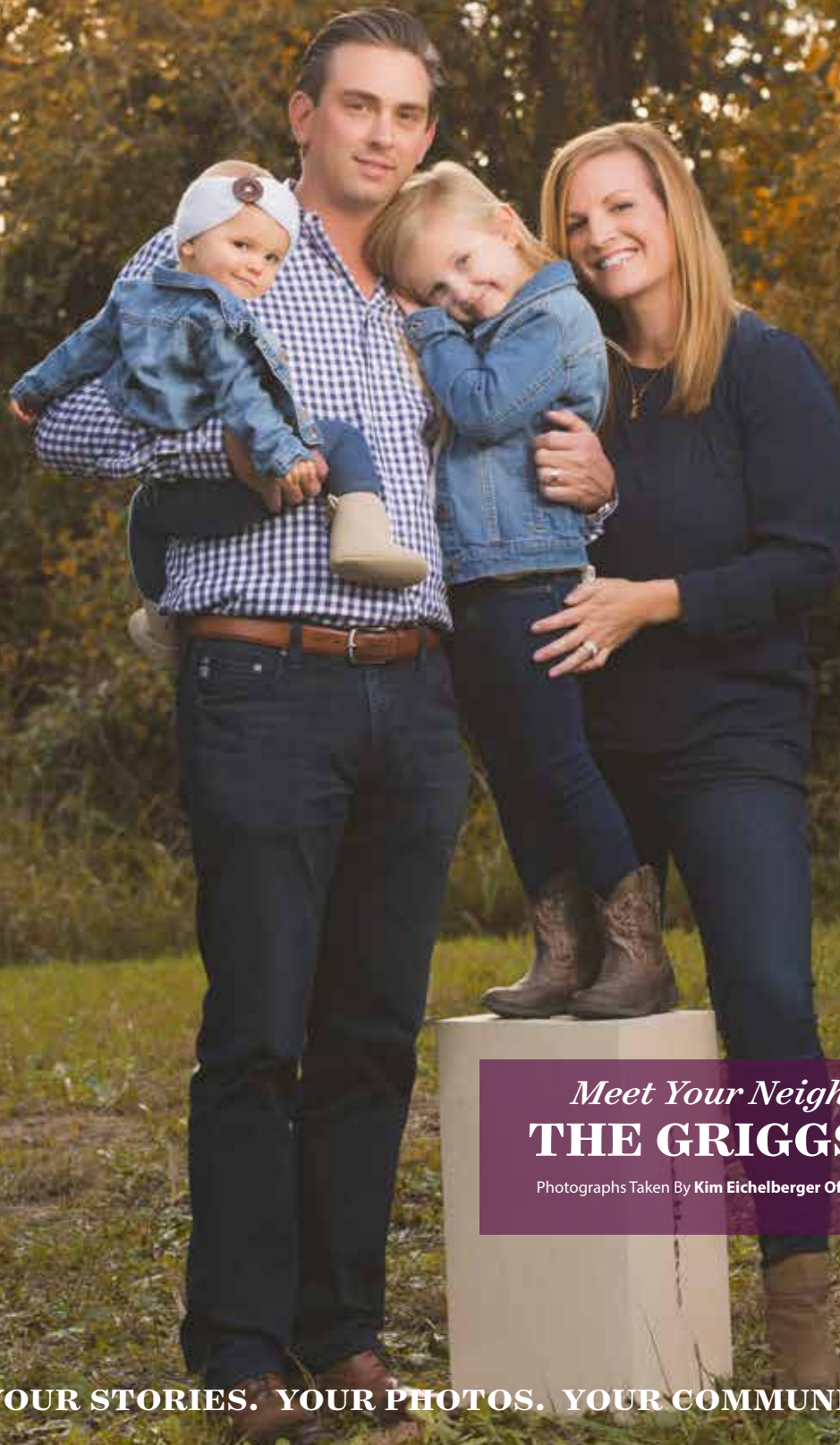


CLARKSON VALLEY

THE OFFICIAL PUBLICATION FOR
THE RESIDENTS OF CLARKSON VALLEY

December 2016

Living



Meet Your Neighbors
THE GRIGGS FAMILY

Photographs Taken By Kim Eichelberger Of Eichelberger Photography

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For More Info please go to www.clarksonvalley.org/cityOfficials.html

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This newsletter should be considered "unofficial communication" and does not necessarily reflect the official position of the City of Clarkson Valley. An official position of the City shall only be communicated in letter form using City letterhead.



www.n2pub.com

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800-552-7583 Electric Emergency/Power Outage
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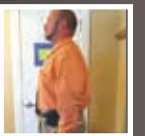
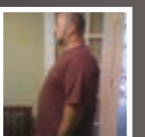
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6 WEEKS TO A NEW YOU!

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Mayor's Clarkson Valley Corner



Mayor Scott Douglass

The traditional Holiday Season is rapidly approaching. December 25 is a nationally designated holiday celebrating the birth of Jesus Christ. So, from City Hall, we wish you:

**MERRY CHRISTMAS
&
A HAPPY, PROSPEROUS NEW YEAR**

For those of you that do not observe this holiday, we wish you a Happy and Prosperous New Year.



Clarkson Valley Recycling Results through October 2016

September recycling tonnage: **16.72**
October recycling tonnage: **26.56**
YTD tonnage: **242.39**

FROM US TO YOU

IT'S THE MOST WONDERFUL TIME OF THE YEAR!

MERRY CHRISTMAS AND HAPPY HOLIDAYS TO YOU AND YOURS!
WE HOPE THAT YOUR HOLIDAY SEASON IS FILLED WITH CELEBRATIONS WITH FAMILY AND FRIENDS.

This time of year brings back many fond memories for our family. Fun times out shopping together, the anticipation of seeing family that are far away when they come to visit and, of course, celebrating the joy of being together. We have so many great holiday traditions that we have passed from generation to generation.

2016 has been an interesting year to say the least. Regardless of all the things that may have transpired this year we hold that the holidays are a time of peace and love. A time to rejoice in all the blessings we have and to look forward to the New Year with anticipation.

It has been our pleasure to bring you each and every edition of Clarkson Valley Living and we hope that you have enjoyed them. So many great stories have been shared throughout the year and we can't wait until you see the Year In Review edition in January!

Here's to a great holiday season and a blessing filled New Year!



Chris and Deanna

CO-PUBLISHERS

314.566.4022 | 314.566.7566

Chris.Ley@N2Pub.com

Deanna.Ley@N2Pub.com

NOTICE OF ELECTION DECLARATION OF CANDIDACY

CITY OF CLARKSON VALLEY

A Municipal Election will be held in the City of Clarkson Valley, St. Louis County, Missouri, on Tuesday, April 4, 2017, to elect one (1) Alderperson from Ward 1, Ward 2, and Ward 3, each to serve a two (2) year term.

Declaration of Candidacy for said offices must be received by the City Clerk, Monday through Friday, during the regular business hours of 9:00 a.m. until 4:30 p.m. The opening date for filing is Tuesday, December 13, 2016, at 9:00 a.m. in City Hall. The closing date for filing is Tuesday, January 17, 2017.

A candidate for Alderperson must be a resident of the ward from which elected, at least twenty-one (21) years of age, a citizen of the United States and a resident of the city at the time of election for at least one (1) year preceding the election.

MICHELE McMAHON
City Clerk



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News You Can Use

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SHARE THE LOVE!

Valentine's Day will be here before we know it! We want you to SHARE THE LOVE! Send in a short message of love to your special someone(s), along with a pic of your love(s) for our February issue to Deanna.Ley@N2Pub.com.

WE WANT TO CELEBRATE With You!

CVL would love to help you celebrate the birth of a child, a birthday, a marriage, a retirement and any other special occasion. Simply email Deanna at Deanna.Ley@N2Pub.com some pics of the event and a brief write up, and we will publish it in an upcoming issue of *Clarkson Valley Living*.

Have You Used a Clarkson Valley Living Business Partner?

CVL is sponsored by some amazing local businesses. Chris and I work hard to make sure that we are partnering with the best possible businesses to meet all of your needs. If you have used one of the CVL business partners, please reach out to me and let me know about your experience. Also, if you know of any great local businesses, let me know that, too, and I will send you a little gift for the referral!

~Deanna
(Deanna.Ley@N2Pub.com)

CVL Needs You! Get Involved!

Join our private *Clarkson Valley Living* Facebook group! "Friend" us so we can notify you about our community news and events.
www.Facebook.com/groups/ClarksonValleyLiving

Are You On The Clarkson Valley Living Email List?

Shoot a quick email to Deanna.Ley@N2Pub.com to be added so you can be in-the-know for all things CVL and event invites.

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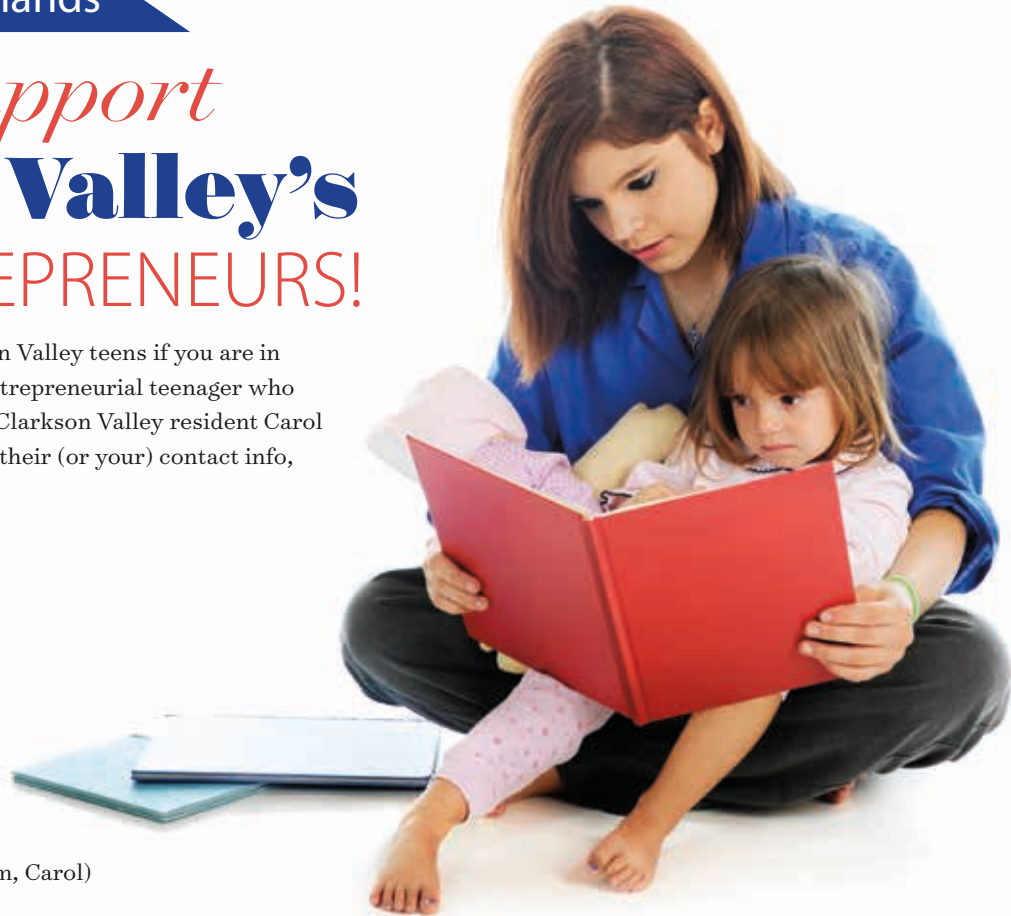
helping hands

Help Support Clarkson Valley's YOUNG ENTREPRENEURS!

Please reach out to the following Clarkson Valley teens if you are in need of a Helping Hand. If you have an entrepreneurial teenager who would like to be featured, please contact Clarkson Valley resident Carol Rosa at rosafab5@sbcglobal.net with their (or your) contact info, age/grade and services offered.

Leah Forst - 15 yrs old, Sophomore
Service: Babysitter
Phone: 314.614.0034
Email: rforst@rachelsgrove.com
(mom, Rachel)

Cathryn Rosa -15 yrs old, Sophomore
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Coffee Break




Your house is full of hidden treasures. Check out these unusual uses for ordinary items!

TENNIS BALLS: To fluff those towels in the dryer, toss in a tennis ball.

CHEAP VODKA: A small spray bottle with vodka and water is the perfect solution for cleaning your glasses.

BUTTER: Stop pasta water from boiling over by adding a tsp. of butter to the water when boiling.

TOOTHPASTE: A little scrub with toothpaste and the iron is as good as new.

VINEGAR: Polishes chrome easily.

MAYONNAISE: Remove crayon marks on the wall with a rub of mayo. Let it sit for five to ten minutes. Watch it magically disappear when you wipe it away with a damp cloth.

Sudoku

2								
		3			6			
	7	9				4	1	5
						6		
	1		2				8	3
7	5					1		9
3		1		7			9	2
		8	3					
				9				1

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusive.



Holiday Treats!

Spot the difference!

There are 8 differences between these photos. Can you spot them?

Answers elsewhere in this issue



the Griggs Family

meet your neighbors

Photography By **Kim Eichelberger**, Co-Owner Of **Eichelberger Photography** Article written by **Kristy Howard** and **Jessica Griggs** & Sponsored by **Kehrs Mill Dental Arts**

Two years ago, our family moved to Kehrs Mill Estates West, and we couldn't be happier with our choice! My husband Darrick, our kids Riley (5) and Reese (8 months), and I (Jessica) love the large yards for all the children to play in and we love the quiet, peaceful feeling of the area.

We also must mention our oldest "child" Jerry, our 17-year-old cat. Any cat that hasn't used up its nine lives deserves to get recognition! Our family is so blessed to have family nearby (Nana and Papa, my husband's parents and also Clarkson Valley residents).

I was born and raised in St. Louis, while Darrick was born in Ohio but has lived here most of his life. Both of us work in the adult beverage business, Darrick being the VP at Southern Glazers Wine and Spirits, and I, the National Account Director for a CA based wine company called Jackson Family Wines. Yes, we did meet at work, where we were direct competitors when we started dating! Darrick and I have been a couple for 13 years and wed 8 years ago.

Both Darrick and I travel a lot for business so we really enjoy our nights at home when we are not on the road. When home, we enjoy spending time with our girls, playing games, relaxing, and grilling out. We also love to entertain, so, while we grill out and sip vino with friends, the kids have fun playing outside or in the playroom.

Our favorite time of the year really starts in the Fall at the Griggs home. Riley's birthday is in September, followed by Halloween, the trunk



or treat event and neighborhood Halloween parade! Then, at Thanksgiving, we host the family gathering at our home. Riley calls this "Turkey Day" and she will say "everyone is coming over for the Turkey Party!"

Christmas is soon to follow. Our family always attends church on Christmas Eve followed by appetizers and a viewing of Nana and Papa's Christmas vacation. We spend Christmas day with GG, my mother, at our home. January 1st will wrap up the festivities with Reese's very first birthday!

While the weather is nice, Riley loves her bikes. Watch out for the crazy driver in the Barbie Jeep! She (and also her parents) spend a lot of time taking her to soccer and swim lessons. Riley attends Clarkson Valley Early Childhood in the Pre-K program. She also loves going to Central Park in Chesterfield, Six Flags, the Zoo, having play dates, and most of all, being the big sister to Reese. Reese, on the other hand, is trying just to learn how to get around! She is trying her best to crawl but mostly rolls around and watches everything her big sis does. She really is a dream baby...very happy, a great eater, and sound sleeper. Fingers crossed that this doesn't change!

When we have time for a date night, we love going to dinner at Annie Gunn's, Olive and Oak, and The Tavern. With the family, our go-to places are Chick-fil-A and Panera. Our grown-up playtime consists of Darrick going to work out at the J, and I am a self-proclaimed yogi, attending Summits Hot Yoga in the valley. Darrick also loves rooting for the Buckeyes; he is a true-blue Ohio State fan. And, of course, we are huge Cardinal fans!

Favorite vacations are in Florida, anywhere along the panhandle such as Destin, Seaside, and Rosemary Beach. When TV is on when the kids are around, it will always be on Disney Jr., and Sprout. Riley's favorites are Sophia the First, Tiger and Poo, and Reese already loves Baby Einstein! Adult TV time is spent watching ESPN, HGTV, Black List, and House of Cards. As far as music, I listen to anything current, Darrick is stuck in the '90s, and Riley loves Taylor Swift. Reese just goes with the flow and bobs her head and claps her hands!

Say "Hi!" if you see us out and about!

The Griggs family's professional photos were taken by Clarkson Valley Living's Meet Your Neighbors photographer Kim Eichelberger, who co-owns and operates Eichelberger Photography ~ EichPhoto.com ~ 636-734-1486 ~ KevinAndKim@EichPhoto.com



Get to know your neighbors better by having your family featured in the next available issue and receive a free photo shoot & 16x20 print from photographer, Kim Eichelberger of Eichelberger Photography. Contact Kristy at Kristy.Howard@N2Pub.com.



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Meet the **Busy Bees** OF CLARKSON VALLEY

precious pets

Written by the bees themselves, in collaboration with **Kristy Howard** and the bees' owners & Sponsored by Oxi Fresh Carpet Cleaning

Pets? I don't think we've ever been called pets before. We are bees, but we are technically pets because we fall under the domesticated animal category. Yes, WE ARE DOMESTICATED but very misunderstood by humans!!! Each and every one of us has been called a lot of bad names before that we really don't deserve but we do SO MUCH MORE than those warm-blooded pets in the house.

We're the hardest working team here! Our family is definitely royalty because we have a queen, a queen bee that is! None of us need coddling like those other "pets" that live here because we take care of one another. Our family is quite complex. We are organized and have amazing communication skills that would impress any therapist!

We have a human brother, Josh, who completely understands us and comes out to visit us every other week to make sure we are healthy and happy. He opens up our house, pokes around for a while, and puts it back together. Fortunately, he takes out some pesky beetles that are always trying to steal a snack! Good thing we don't have bears around here because they would steal all of our honey!!! As Fall comes, Josh brings us regular treats of syrup to make sure we have enough to eat all winter long, so we stash it away for later.

So, how did we come to this lovely place called Clarkson Valley? Our human family brought us from across the river in Illinois earlier this summer and we found beautiful gardens with a great selection of flowers and plants. All Summer long, we have been working hard to build a larger home and we have to travel a few miles back and forth, multiple times a day to accomplish this task. Since then, our house has almost doubled in size! No big deal to you, but try sharing your house with your mom and 35,000 sisters (and a few brothers)!

For some reason, a lot of people are really afraid of us, but you really have to scare us or hurt us for us to sting you. We don't want to do that because then we DIE! We are your new neighbors this year, but if you give us a chance, we may be willing to share some of our honey with you next year! Please know that 1/3 of your food supply comes from our pollination. We really are precious and we need all of you to protect us from pesticides and mean people!

If you see us buzzing around, say "hi!"



Josh tending to his "precious" pets!



Do you have a pet and would like to share his/her story? Dogs, cats, horses, fish, and any other types of animals are welcome! Email Kristy at Kristy.Howard@N2Pub.com to have them featured in an upcoming issue.



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RESIDENT *Joan Bender* and Bussmann Division of Eaton Team Up with Kingdom House



Joan Bender, 2nd from left, with Bussmann Division of Eaton Operations Support Team

Kingdom House believes that education plays a pivotal role in helping people move out of poverty. In addition to early childhood education, Kingdom House offers literacy-focused after school and summer camp programs. In response to low high school graduation rates and local teenagers' lack of job readiness, Kingdom Academy was created; a program which supports students with academic and life/job skills and pairs them with a Teen Advisor who helps them work towards high school graduation and post-secondary options.

Kingdom House offers robust programming for adults as well. Their innovative Financial Stability Services program includes one-on-one coaching, financial education and access to credit and wealth-building financial products. Other offerings for adults include English for Speakers of Other Languages (ESOL) classes, Health & Wellness program, Wrap-Around Maternal Mental Health Services for Latina Mothers, and Social Capital Building.

Joan has become an advocate for Kingdom House. Thanks to her enthusiasm, interest in Kingdom House among her co-workers at the Bussmann Division of Eaton, located in Ellisville, has blossomed. She engaged her work team in a day of service by helping to set up Kingdom House's annual Backpacks & BBQ back-to-school event. She also coordinated her company's United Way Day of Caring. Her employer has been financially supportive as well, donating \$1,000 to Kingdom House through the company's employee-recommended corporate Eaton Cares program.

Joan encourages residents of the Clarkson Valley community to step out of their comfort zone to make a difference. One way to

do this is to do what Joan did – participate in Kingdom House's Urban Forum program. Urban Forum @ Kingdom House provides professional guidance in social justice education through immersive service learning. Kingdom House provides lodging in a home adjacent to their facility so that participants can truly immerse themselves in the community for the duration of their stay.

Lastly, Joan recommends getting your kids involved in volunteering with you, which can have a huge impact on their lives, helping them grow into caring and community-oriented adults.

Get involved at www.kingdomhouse.org.



Sorting shoes at Annual Back-2-School Backpack & BBQ Event for Peabody Elementary School

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Written by **Kristy Howard** in collaboration with **Jennifer March**, Director of the Kingdom House and resident **Joan Bender**

Clarkson Valley resident **Joan Bender** is passionately committed to her volunteer work at Kingdom House – a social services agency located in St. Louis City. Founded in 1902, Kingdom House defines its mission as helping people achieve better lives. Through holistic programs and services, they assist the disadvantaged achieve economic independence and a path out of poverty.



Joan was introduced to Kingdom House through her church, Manchester United Methodist. She attended a church seminar on poverty that was facilitated by Kingdom House President and CEO Scott Walker who spoke about the importance of serving people where they live.

Three months later, Joan and her son, Alex, volunteered at Kingdom House for a sort-a-shoe event. Eight-year-old Alex had a blast and was eager for another opportunity to help. The following year, they both volunteered at Kingdom House's Fall Festival. The event was transformative for Joan. She met a woman who was able to graduate from college because of the free childcare offered at Kingdom House; she is now a public-school teacher.



"Bussmann Gives Back United Way Day of Caring" Volunteers cleaned daycare and assembled furniture



Kingdom House Director Jennifer March with Joan Bender's son Alex

making a difference
resident spotlight



Do you have a fun or interesting hobby, collection or talent? If so, please contact **Chris** at Chris.Ley@N2Pub.com to set up a time for your interview.

Deck the Halls... at The Glaser's Kingspointe Home

Happy Holidays from the Glaser family! We have two dogs that run our house, and four humans that come and go, which include two grown children! I am Mitzi Glaser and my husband is Josh, who is a very busy vascular and general surgeon at DePaul and St. Clare Hospital. You may have read past articles in the Clarkson Valley Living magazine about our daughter Caroline lives in Nashville and is pursuing a career in music. Elliot, our son, will graduate in the spring from Maryville University with a double major in psychology and sociology. Our family has now lived in Kingspointe for 17 years.

The holidays are fast approaching and I love to "Deck the Halls" for Christmas. I have always felt that regardless of what and how you celebrate, it always fun to add a personal touch to the festivities through decorating your home. Several years ago, I knew our decorations needed a facelift! I enlisted the help of interior decorator and floral designer, Lonnie Dorn, from Adornments Interiors, to create decorations that perfectly complemented our décor. Lonnie transformed our entry, dining room, and living room into a holiday wonderland with his artistic eye and design talent. I know we will enjoy these holiday decorations for years to come!

Our family hopes you have a wonderful holiday season and we wish you the best in 2017.

The Glaser Family

Photography by **Alise O'Brien Photography**
Article written by **Mitzi Glaser** and **Kristy Howard**
& Sponsored by **DiPasquale Painting**



We've featured some great homes in Clarkson Valley and would love to share yours, as well. Have you recently remodeled, redecorated or built on an addition, a man cave or a new wine cellar? Simply contact Kristy at Kristy.Howard@N2Pub.com to be featured.



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MEET

Ainsley Cash

kids will be kids

Hi! My name is Ainsley Cash. I have lived in The Manors of Clarkson Valley for eight years. I live with my mom Whitney, my dad Mark, and my two brothers Rowan and Harper. I attend Living Water Academy and play many sports and am involved in many other activities. I play tennis and piano and do pointe ballet at Carol Bowman Academy of Dance. I also sing with my youth band at Gateway Christian Church.

Article written by **Ainsley** herself



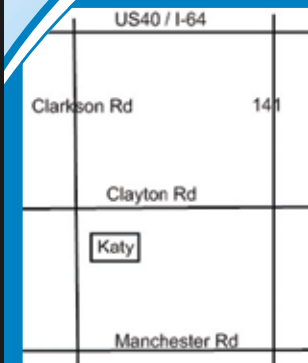
Hey kids – do you want to be the superstar of the neighborhood? Do you want to share with the neighborhood any and all things that are important to kids your age? All you have to do is ask your parents to email Kristy at Kristy.Howard@N2Pub.com.

What I enjoy most about each one of these things is that I get to express myself! I love being on stage and dancing and singing in front of people! I am able to do each one of these things because of my parents who support me. They also drive me from place to place and allow me to be involved in each one of these wonderful things!!! Thanks, Mom and Dad!



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resident business beat

Interview of resident **Amy DeWein Hasara** and article written by **Chris Ley** & Sponsored by **John Lancia - Weiss Insurance**



...tice, to learn more about how The Medicine Shoppe in Chesterfield is bringing back personal service to the pharmacy experience.

“Our approach is all about individualized care. We strive to know our patients and to engage them, their physicians or caregivers to ensure that their medications are safe, effective and affordable.” Amy shared. “We are here to take an active role, as a member of your healthcare team.”

A great example of taking an active role is the Diabetes Specialty Care Center that Amy oversees. The Center’s program is accredited through the American Diabetes Association (ADA) which recognizes The Medicine Shoppe for effectively teaching and coaching persons living with diabetes to successfully meet personalized health goals and reduce long-term complications.

“Our adult Type 2 diabetes program consists of three classes over a four-month time frame to engage participants and their family members on all the newest evidence in diabetes care.” Amy explained. “We cover all aspects of diabetes management – medications, monitoring, healthy eating and physical activity to help our patients live fuller life despite the challenges of living

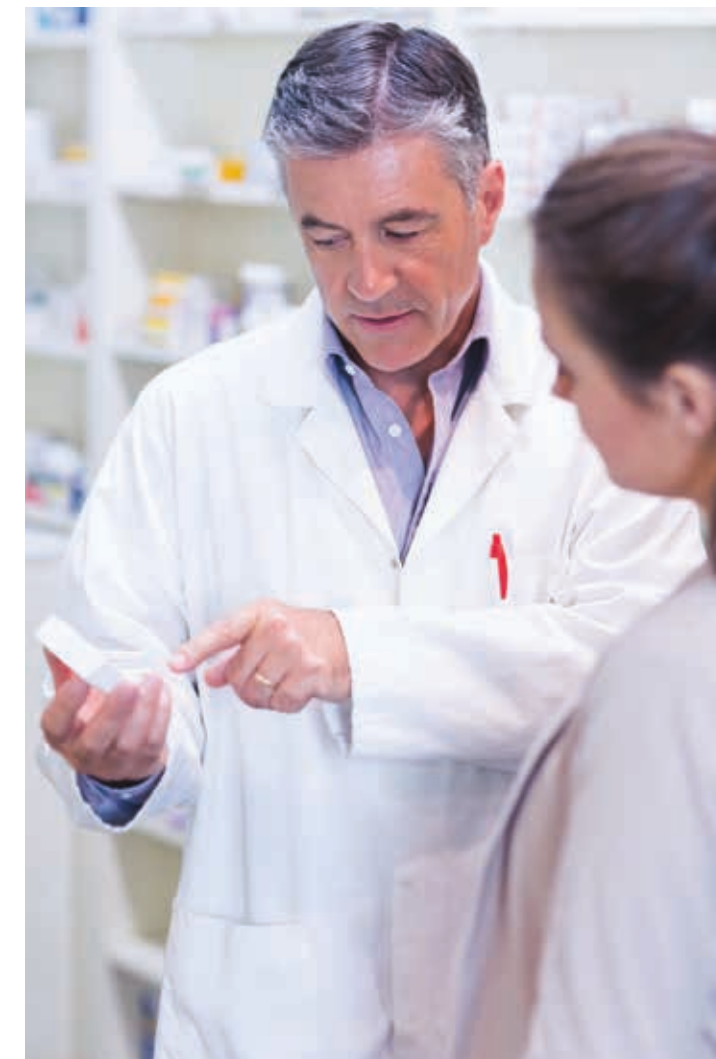
with a chronic condition.” Those enrolled in the program receive specialized support for a full year, in addition to the use of Apps for coaching and ease of refills.

In addition to the Diabetic Specialty Care Center, The Medicine Shoppe also offers, by appointment, a Comprehensive Medication Review (CMR) service, which reduces medication-related problems that can occur when a person sees a lot of doctors and manages several chronic conditions. Older adults and persons with uncontrolled conditions, such as heart, respiratory or pain are good candidates for this review. Often times, people will not have a complete medication record on file at a pharmacy; and the ability for the pharmacy to screen for interactions, dose conflicts or newsworthy updates on safety is usually incomplete. “The CMR service allows us to look for care gaps, conflicts for all medications in combination and to maximize medication use”, Dr. DeWein Hasara said. “We are always thinking outside of the box to improve the medication experience for customers in tandem with their prescribing physician”.

As if those two aspects of their business weren’t enough for you to see the benefit of visiting The Medicine Shoppe, the Chesterfield location uniquely specializes in compounded medications for persons and pets. This allows the pharmacists to create compounded medications based on a practitioner’s prescription in which individual ingredients are mixed together in the exact strength and dosage form required by the patient.

Amy went on the share, “On top of all that we do, we even have a team of eight people who deliver our patient’s prescriptions all over the metro area, 7 days a week. Expert one-on-one care, ongoing patient education, cutting edge technology and convenience are the things that set us apart in the pharmacy world.”

To learn more about the Chesterfield location of The Medicine Shoppe, feel free to stop by and meet the pharmacists and staff, they would enjoy that, or simply head to their website – www.medicineshoppe.com/1965 - for details.



Are you a Clarkson Valley resident who owns your own business? We'd love to feature your business for free in our Resident Business Beat section. Please contact Chris at Chris.Ley@N2Pub.com.

The Medicine Shoppe *Chesterfield* **TRADITIONAL PHARMACY SERVICE** with a Cutting Edge Care Approach

The pharmacy business has changed over the years. Unfortunately, the personal relationship between patients and pharmacists has suffered through the transition. However, The Medicine Shoppe Pharmacies have turned the focus back to the patient while incorporating the very latest in pharmaceutical technology and convenience.

Alex and Lana Vayman, Pharmacists and Clarkson Valley Residents, purchased the Chesterfield Medicine Shoppe in 2010. They were drawn to the business model that The Medicine Shoppe provided – real relationships with patients and the ability to actively care for them in a one-on-one approach.

Recently, I was able to interview Amy DeWein Hasara, also a Clarkson Valley resident and a Clinical Pharmacist with the prac-



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flowers, an irrigation system, and lava rocks to complete the look. We can't tell you how many people have stopped while they were driving by to share positive comments on how beautiful the berm was looking. We are so happy we can enhance the quality of our residents' commute as they drive by!

In 2012, we improved our deck and added on a screened-in-porch with the help of Summit Carpentry. We also added a berm in the back and planted evergreens to help block the Schnucks sign that is visible in the winter when the trees in our ravine lose their leaves. This past summer we worked with Buerck Wallsapes to install a limestone patio, fire pit, seating wall, and waterfall. A fence encloses this space so our Yorkies have a place to play and run and I don't have to walk them around the cul-de-sac five times a day!!!

John T. Stricker Grading and Sodding helped us regrade and sod the backyard. We then added an irrigation system and additional landscaping to make it our "outdoor oasis." Although our property is bordered by Clarkson Road and Kehrs Mill Road, the perimeter is wooded and creates a relaxing, private feel. Tom and I eat dinner most evenings on the porch during the summer and our family enjoys playing yard games on our new, "flat" yard. Buerck Wallsapes installed a fire pit for us and we can't wait to use it as the nights get cooler!

Do you have an amazing outdoor oasis, or do you know someone in your neighborhood who does? Share your outdoor space or nominate a neighbor's yard for spotlighting by emailing Kristy at Kristy.Howard@N2Pub.com.



outdoor oasis

The Beck's OUTDOOR OASIS

Photography By **Kim Eichelberger**, Co-Owner Of Eichelberger Photography
Written by **Kristy Howard** and **Suzanne Beck** & Sponsored by **Dowco Enterprises**

We are the Beck family and live on Forest Hills Ridge Court, the small cul-de-sac right across from Marquette High School on Kehrs Mill Road. My husband Tom, and I (Suzanne) moved to this home 5 years ago. Tom is the President of Continental Cement Company, and he loves the convenient location to the highway. I love having virtually any shopping I need to do in a close radius. We also have a small neighborhood of 6 homes and enjoy all our neighbors! This is our second marriage and we have 4 children between us: two boys (31) who live in California, a daughter (28) in Arizona, and our youngest son (28) who lives in St. Louis. Our two Yorkshire terriers, Kiwi and Zoe, are our resident children now.

Although we love our property tucked in on Kehrs Mill, we hated the hill facing Kehrs Mill; it was a terrible eyesore. Our first priority was to improve this berm. Tom and I were a team on this project with me choosing the plants and Tom doing most of the hard work. We (or rather he!) installed trees, shrubs and

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easy Holiday Trifles

From the Kitchen of resident Valerie Denton
& Sponsored by Just Around The Corner Flooring

Nothing speaks holiday like an English Trifle which appeals to both the palate and the eye. Though historically served with fruit and sponge cake, below are two easy variations to this traditional dessert.



Holiday Frost Trifle

- 1 package (9 oz) gingerbread, pumpkin or spice cake mix or your favorite homemade cake
 - 1 packages (3.9 oz) instant vanilla pudding mix
 - 12 oz Cool Whip
 - 1 cup chopped walnuts, crushed ginger snaps, or pecans
 - OPTIONAL: 1/4 tsp cinnamon, 1 TB orange liquor
1. Prepare and bake brownies or cake according to package directions for an 8-in. square baking pan. Cool on a wire rack. Prepare pudding according to package directions.
 2. Mix Cool Whip topping into pudding. (add optional liquor or cinnamon to mixture).
 3. Cut or gently tear brownies or cake into 1-1/2-in. cubes. Place half of the cubes in a 3-qt. trifle bowl, martini glasses, small mason jars or large glass serving bowl; lightly press down to fill in gaps.
 4. Top with half of the whipped pudding mixture, nuts or ginger snaps; repeat layers.

Chocolate S'Mores Trifle

- 1 package (9 oz) brownie mix or your favorite homemade brownies
- 1 packages (3.9 oz) instant chocolate pudding mix |
- 12 oz Cool Whip
- 1 package mini M&Ms or coarsely chopped chocolate Hershey's bar

Chocolate Ice Cream Sauce

- 1 jar marshmallow ice cream topping
1. Prepare and bake brownies or cake according to package directions for an 8-in. square baking pan. Cool on a wire rack. Prepare pudding according to package directions.
 2. Mix Cool Whip topping into pudding. (add optional liquor or cinnamon to mixture).
 3. Cut or gently tear brownies or cake into 1-1/2-in. cubes. Place half of the cubes in a 3-qt. trifle bowl, martini glasses, small mason jars or large glass serving bowl; lightly press down to fill in gaps. Top with half of the whipped pudding mixture, chocolate sauce, marshmallow topping and M&Ms; repeat layers.

For both recipes - Cover and refrigerate until serving. Approx 6-10 servings.

Before serving - Garnish with fresh red raspberries, chopped chocolate bar, crushed graham crackers, etc.



Would you like to have your favorite family recipe featured in *Clarkson Valley Living*? Simply email Delicious Dish Contributor, resident Valerie Denton at gavadenton@sbcglobal.net to have your recipe featured in the next available issue.

delicious dish

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Meet Michael Robinson,
CLARKSON VALLEY RESIDENT WHO'S SOARING TO EAGLE SCOUT STATUS

young achievers

Article written by **Michael Robinson**
& Sponsored by **KinderCare Chesterfield**

The rank of Eagle is the highest one can achieve in the Boy Scouts of America. Approximately 6% of newly joined scouts go on to obtain this rank. Michael Robinson did so on June 1st, 2016.



Earning Eagle Scout Status

Michael and his father Dale, his mother Mary, and his sisters Theresa and Emily moved to the St. Louis area from southern Texas in the summer of 2008. Being 10 at the time, he hoped to find an activity that would allow him to establish himself in his new surroundings. The solution came in the form of scouting.

In the fall of 2008, Michael joined Cub Scout Pack 677 at his elementary school. Over the next year and a half, he would participate in a variety of activities, such as camping, the infamous Pinewood Derby, and Scouting for Food. In the winter of his fifth-grade year, Michael was old enough to move up to the Boy Scouts. Having obtained his Arrow of Light, the highest award in Cub Scouting, he crossed the symbolic bridge between Pack 677 and Troop 677 of Wildwood. With the support of his parents, and his father involved as an active member of the troop, he began his journey on the road to Eagle, a journey that would persist through the next six years of his life.

Troop 677 is a large troop, numbering approximately 100 scouts. As a result, the troop receives opportunities that smaller troops often do not. Michael was able to go to the Philmont Scout Ranch in 2013 and the Florida Sea Base two years later. In the past, he has served as Senior Patrol Leader, the youth leader of the troop.

To become an Eagle Scout, you first must obtain the previous five ranks, which necessitates knowledge of skills such as camping, cooking, and above all, leadership. Perhaps the most daunting of the tasks one must complete is the Eagle Project. This is the ultimate task of leadership development, as one must lead a group of fellow scouts and adults in a project that benefits an organization outside of scouting in a charitable way. For his project, Michael supervised the construction of a pergola to provide shade for an outdoor education center at the Wildwood YMCA.

The Scouting movement teaches its members essential life skills to aid them in their future. While some may think it only instructs children on how to tie knots and build fires, scouts also develop the ability to become leaders and respectable members of society.

If you know of an outstanding youth (or you are one yourself!) who has had an accomplishment of some sort that should be featured, please email Kristy at Kristy.Howard@N2Pub.com.

Clarkson Valley's Own Irish Dancer,
Kathleen Reed

Article written by resident **Kristy Howard** &
Sponsored by **Ries Orthodontics**

..... **amazing athlete**

We all hear about kids playing football, soccer, basketball, hockey and other mainstream sports, but most of us hear very little about the sport of Irish dancing. Well, we are proud to have our own Irish dancer right here in Clarkson Valley, Kathleen Reed (10), daughter of Steve and Katie Reed of Clarkson Valley. Kathleen's parents are both of Irish decent and Kathleen wanted to carry on their Irish tradition through Irish dancing. As far as the history of Irish dancing, there is little recorded information on its origins. We do know, however, that it has developed into a popular dance around the world and has taken on many different forms. It wasn't until Riverdance was shown widely on TV that Irish dance exploded into the mainstream.

Kathleen, a 4th grader at St. Clare of Assisi, began Irish Dance 1 ½ years ago for Mary Clarkson at the Clarkson School of Irish Dance. She goes to dance three times a week and loves working with her three teachers, Ms. Mary, Ms. Katie, and Ms. Jenny. Twice a year, The Clarkson School of Irish dance brings in Irish dancers from Ireland to give additional instruction. The dresses Irish dancers wear are very beautiful and each school of dance has their own uniform. The one pictured on Kathleen is her school's dance uniform. Kathleen is part of an 8-person dance team and they will soon be traveling to Chicago to compete in a big dance competition called Oireachtas. In addition to their Ceili dance (Ceili means social dance in Gaelic), they will also perform a traditional set dance.

Kathleen tells us that "I love to dance because it is fun and never boring! There are always new dances to learn!" It's hard to believe she has time for anything else but still loves to play soccer, basketball, field hockey, playing the piano and crafting!

Keep up the good work and good luck at the competition from your Clarkson Valley neighbors!

Call athletes of all ages! Do you play a sport you are passionate about? Whether it's football, cheerleading, skateboarding, skiing, soccer or any sport in between, we want your story! Just email Kristy at Kristy.Howard@N2Pub.com to be featured.



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2ND ANNUAL N2 PUBLISHING Business to Business Networking Event

Photography by **Mark Schmitz**, owner of Wideipho, www.wideipho.com

On Thursday, September 22, the 2nd annual St. Louis N2 Publishing B2B event was held at DirectBuy of St. Louis in Chesterfield (611 Trade Center Blvd • www.directbuystl.com). Many of our business sponsors, as well as our neighborhood resident business owners, gathered for a fun evening of networking, socializing and some awesome door prizes. The night was filled with great food and drink, too. Business owners were able to mix and mingle, and enjoy all that DirectBuy had to offer. It was awesome to see connections being made, and business being conducted.

A GREAT BIG THANK YOU goes out to our host, DirectBuy of St. Louis, and to all the event sponsors who made the event such a blast:

Food Sponsors:

- Tasteful Affair Catering** - Chef Leigh Sweet
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St. Louis area N2 Publishers

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- Tide Dry Cleaners** - Terry Pickens
- The Cruise & Travel Planner** - Jim & Diane Mason
- Sara Konuk** - Rodan + Fields
- Real Estate Riches** - Mickie Bell

Are you a business owner who wants to be on the invite list for our next St. Louis B2B event? Email Deanna at Deanna.Ley@N2Pub.com.





Coffee Break Solutions

Sudoku Solution

2	8	5	1	4	7	9	3	6
1	4	3	9	5	6	2	7	8
6	7	9	8	3	2	4	1	5
8	3	2	7	1	9	6	5	4
9	1	4	2	6	5	7	8	3
7	5	6	4	8	3	1	2	9
3	6	1	5	7	4	8	9	2
4	9	8	3	2	1	5	6	7
5	2	7	6	9	8	3	4	1



CLARKSON VALLEY Living

Resident Business Guide

Attention Clarkson Valley Residents: Do you own or run a business? To have your business featured in the resident business guide in an upcoming issue of *Clarkson Valley Living*, please send an email to Chris.Ley@N2Pub.com. This is open to the residents of Clarkson Valley only.

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Address	Neighborhood	List Price	Sale Price	Sold Date	Beds	Baths	SqFt	Parking
298 Herworth Dr.	Forest Hills Club Estates	\$825,000	\$790,000	08/03/16	4	6	3,458	3
10 Forest Hills Ridge Ct.	Forest Hills Ridge	\$775,000	\$770,000	06/24/16	5	7	5,952	3
2171 Kehrs Ridge Dr.	Kehrs Mill Estates	\$740,000	\$740,000	08/22/16	4	5	3,683	3
30 Crown Manor Dr.	Forest Hills Club Estates	\$711,000	\$711,000	08/15/16	5	6	3,837	3
8 Forest Club Dr.	Forest Hills Club Estates	\$659,000	\$624,000	07/28/16	5	5	4,000	3
1 Forest Club Dr.	Forest Hills Club Estates	\$595,000	\$585,000	10/14/16	4	4	2,976	2
2101 Kehrs Ridge Dr.	Kehrs Mill Estates	\$589,900	\$570,000	07/29/16	4	4	3,761	3
2333 Kettington Rd.	Westhampton	\$599,000	\$565,000	09/09/16	4	4	3,356	2
240 Whiting Ln.	Forest Hills Club Estates	\$589,000	\$557,000	07/22/16	4	4	2,998	3
2259 Whitby Rd.	Westhampton	\$559,900	\$540,000	09/28/16	5	5	3,378	2
122 Highgrove Lane	Forest Hills	\$499,900	\$495,000	10/03/16	5	4	2,958	2
16833 Kehrsbrooke Ct.	Kehrs Mill Estates	\$495,000	\$487,500	06/27/16	4	4	3,036	3
2237 Ridgely Woods Dr.	Pleasant Valley Forest	\$474,900	\$465,000	06/29/16	5	4	3,208	2
2208 Kehrsgrrove Ct.	Kehrs Mill Estates	\$439,900	\$447,500	08/10/16	4	4	2,647	4



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Colleen Lawler



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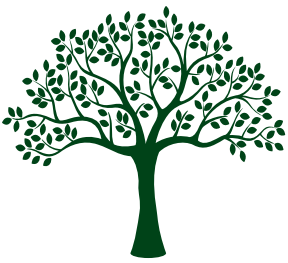


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