



CLARKSON VALLEY

THE OFFICIAL PUBLICATION FOR
THE RESIDENTS OF CLARKSON VALLEY

February 2017

Living

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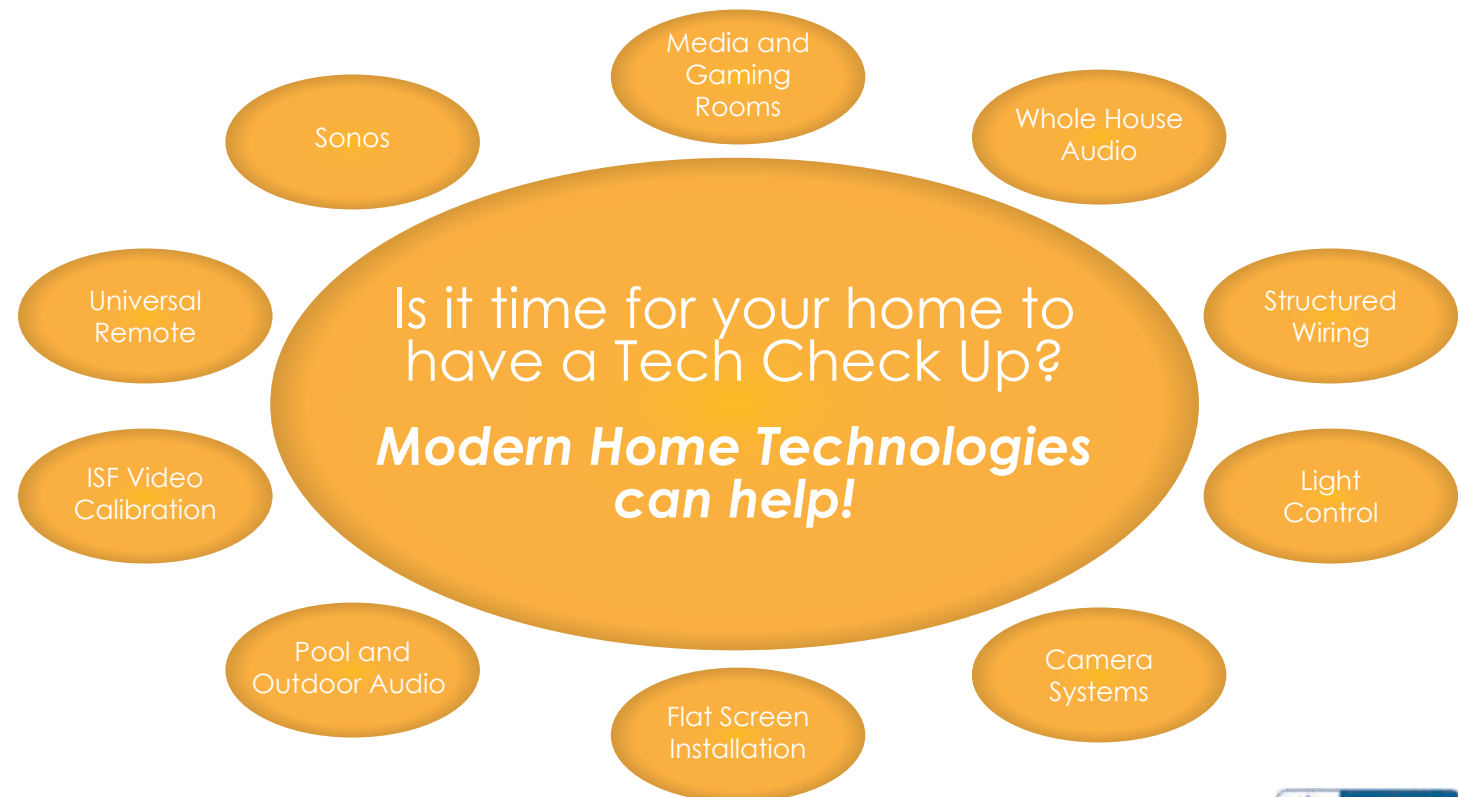
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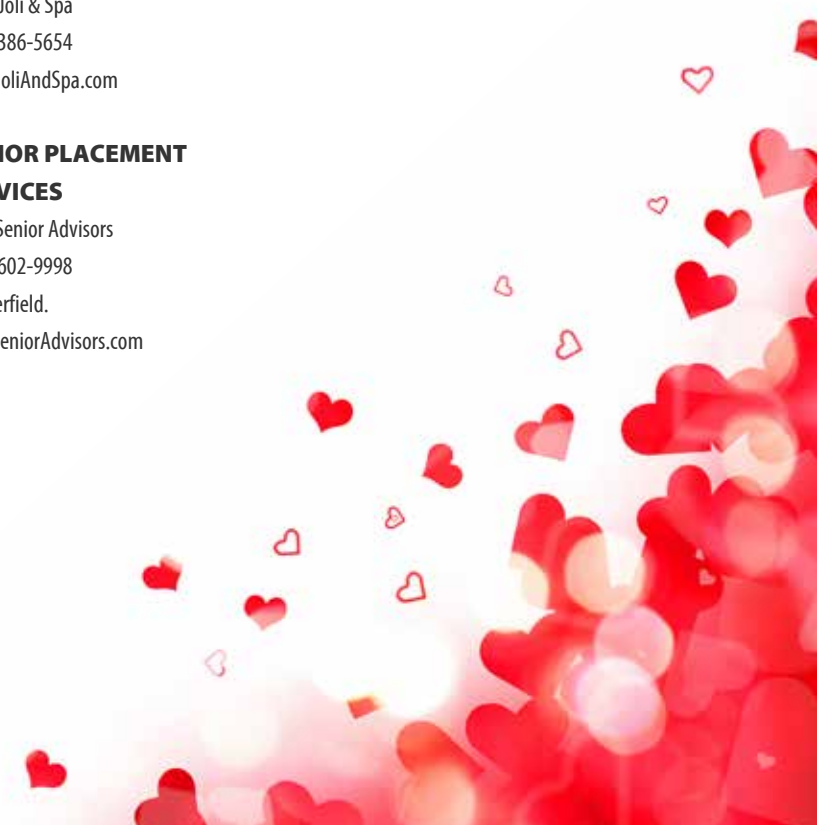
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Mayor's Clarkson Valley Corner

Happy February!



Mayor Scott Douglass

As I was reviewing the 'loves' of my life, I bet you, like me, had family members at the top of the list. There are no priorities, i.e. no one more important than the other – they are the loves of my life. I'm really glad I did that little exercise, particularly in January (getting ready for this column) as I don't normally make New Year's resolutions. It did tell me I needed to review my plans and actions for this year – for what greater joy than sharing time with a loved one (person, pet, place, etc). These are one of life's rewards.

As I reviewed my list, my heart grew warm – I felt humbled by my thoughts. I realized how fortunate I am – I live in the greatest country in the world and in a City of responsible citizens. The next thought was what am I doing to protect those I care about? Beyond the police, what? What about those unexpected events that can happen without much or no warning. Tornadoes, snow storms, etc. we have all experienced those power outages – cooking for the next two days to save those 'frozen foods.' Do you remember the things you did that didn't work so well and did you make a plan for next time to avoid them? I think all of us understand the basic things that are necessary to be done in overcoming most emergencies.

However, being able to react in the appropriate time frame may require a prepared plan. There are actions needed beyond the obvious. You may be familiar with the website 'ready.gov.' It has a wealth of information from the routine to the often forgotten needs. An example from the Promote Preparedness in 2017 page:

- Make a family emergency communication plan and include your pets.

- Identify an out of town emergency contact to coordinate information with family/friends.
- Check on neighbors.
- Keep an emergency kit wherever you spend time: home, car, work etc.
- Download the FEMA App and set up local alerts.
- Listen to local officials by radio, TV or social media and take action.
- Practice your preparedness plans with a drill or exercise.
- Take a first aid class so you can help until first responders arrive.

This is just a general list. The site gets more specific, i.e. reminding you of things

like What supplies go in your Disaster Supplies Kit, plans for winter extreme cold, fire safety and power outages. Example, look back at last year's Christmas decorations. Did you handle them in the safest manner, i.e. putting up and removing them to a storage place? This site will help remind you. Publications for the various emergencies can be ordered, including subjects such as Family Emergency Plan, Emergency Supply List, General Brochure, Pet Owners, Seniors, People with Disabilities, Computer Emergency Plan & Ready, Kids Publications to name a few. So the question is, do you have an emergency plan and/or is it up to date?



**Clarkson Valley
Recycling
Results through
December 2016**

November recycling tonnage: 23.93
YTD tonnage: 266.32

FROM US TO YOU
Hello, Everyone! Happy Valentine's Day!

February - the month that we celebrate love! We hope that you had a fun-filled and love-filled month and that your Valentine gave you plenty of chocolate, flowers and love!

We wanted to take the time to share with you something special that we learned about N2 Publishing at our recent conference. N2's Mission is to "Turn Neighborhoods Into Communities." We strive to do that each and every month by publishing all of your great stories so that you get to know your neighbors better. While this is a mission we take seriously, we also take very seriously that we, as a company, need to make an impact in the world around us.

In 2016, N2 started a program called **N2 GIVES**. This part of our company has chosen to battle human trafficking. With feedback from the field and due diligence, **N2 GIVES** found organizations that combat human trafficking both here in the US and abroad. As a company, we were able to provide over \$2 million dollars to help these organizations free people from slavery.

As you can imagine, many of the victims of human trafficking are young children. They are taken from their homes or villages and trafficked as both labor slaves and sex slaves. This is one of the

most heartbreaking and atrocious acts and, sadly, there are more slaves today in the world than any time in human history.

We would like to take a moment and thank all of our *Clarkson Valley Living* Business Partners. It's because of you that we are able to produce this publication that so many residents love and cherish, but also, your involvement is helping to literally change the lives of people who are hurt, broken and taken advantage of worldwide. Thank you for the honor of partnering with you!

As we move through this month that celebrates love and this year, please keep those adults and children who are in bondage in your thoughts and prayers. We will continue to support those organizations that are in the trenches providing safety and relief. Our hope is that one day all people will be free and loved!

For more information on N2 GIVES, please visit www.n2gives.com.

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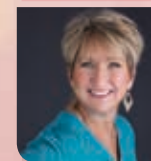
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WANT TO JOIN THE TEAM?

We are always looking for volunteers who want to be a part of making *Clarkson Valley Living* the best it can be for the community. We are looking for Resident Article Contributors and Junior Writers (kids who want to get involved!) to join the team. Email Deanna.Ley@N2Pub.com for more info!

helping hands

Help Support Clarkson Valley's YOUNG ENTREPRENEURS!

Please reach out to the following Clarkson Valley teens if you are in need of a Helping Hand. If you have an entrepreneurial teenager who would like to be featured, please contact Clarkson Valley resident Carol Rosa at rosafab5@sbcglobal.net with their (or your) contact info, age/grade and services offered.

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Email: rforst@rachelsgrove.com
(mom, Rachel)

Cathryn Rosa -15 yrs old, Sophomore
Services: Babysitter, Dog Walker
Phone: 860-389-7220 (mom Carol)
Email: rosafab5@sbcglobal.net (mom, Carol)

Aidan Kline - 14 years old, Eighth Grade
Services: Dog Walking / Pet Sitting
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Email: joylinkline3@yahoo.com



meet EILEEN LAMBER

resident business beat
Owner Of Oasis Senior Advisors



Eileen Lambert, resident & owner of Oasis Senior Advisors

When Eileen Lambert was looking for a change of careers, she sought the help of a professional that brought her to Oasis Senior Advisors. You see, this particular business was personal to her in such a way that she knew she could make a difference.

"In my previous business world, I was an accountant. I started my career with Ernst and Young as a CPA and became a CFO for six years after Ernst and Young," Eileen said. "Eventually, I left there and started my own CPA firm working with private clients for 15 years. However, in 2013, I realized that I wanted to retire from the CPA world and started looking for a franchise that I could use my skills in and be passionate about. That's when I found Oasis."



Eileen's kids, Christopher and Catie

Eileen has always enjoyed being around seniors. When she was 15 years old her grandmother moved close to them and ultimately had to be in assisted living. Eileen would spend two or three days a week with her grandmother and she came to appreciate all of the residents and their stories.

Fast forward to 2002 and Eileen's father was in need of skilled care. The first facility that he was in was not a good situation. "They basically over-medicated him and he was near death when we came to visit one time," she shared, "we moved dad to a better facility and even then I knew that I never wanted anyone to have to go through what he went through if I could help it."

Her passion to assist people in the world of elder care was the deciding factor in working with Oasis.

"I help seniors and their families work with Independent, assisted-living facilities and memory-care facilities. Our program starts with understanding their needs by meeting with them individually, learning things about their budgets, where they would like to stay from a geographic standpoint, learning about the level of help they may need with activities of daily living and what they are looking for in a community – activities, religious needs, pools, outside activities, etc. Once I know all that, the Oasis software really helps me narrow down the best-rated facilities and then I personally help them to tour each one so that they can see their options and make the very best decision for their lifestyle."

When I asked what was the most difficult thing in the world of understanding senior care she shared this, "The hardest part is getting a handle on what the actual costs are. I feel that my background as an accountant has really benefited my clients because I am equipped to understand the very complex expense models that some facilities have and explain them in simple terms. I don't like my clients to have any surprises!"

Eileen and her husband moved to Clarkson Valley 16 years ago. She would tell you that it was so he could be closer to Forest Hills where they are members. However, they have really enjoyed being in the community. "Our daughter went to Marquette and it was great and we have really enjoyed meeting all of our friends in the area," says Eileen.

To learn more about Eileen and how Oasis Senior Advisors might be able to help your family, simply call her at 314-602-9998.



Are you a Clarkson Valley resident who owns your own business? We'd love to feature your business for free in our Resident Business Beat section. Please contact **Chris** at Chris.Ley@N2Pub.com.

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WE'RE ADDING TO OUR "Helping Hands" SECTION!

Do you have an entrepreneurial teen who babysits, mows lawns, shovels snow, walks dogs, pet sits, etc.? If so, we'd love to help them work with fellow neighbors in Clarkson Valley. Simply email their name, age, grade, contact info (phone number and email – it can be yours if you'd like) and service offered to Carol Rosa at rosafab5@sbcglobal.net. Want to hire a teen in your neighborhood? Check out the Helping Hands section on page 10.

Are You On The Clarkson Valley Living Email List?

Shoot a quick email to Deanna.Ley@N2Pub.com to be added so you can be in-the-know for all things CVL and event invites.



New To The Neighborhood?

Are you and your spouse/family/children new to Clarkson Valley? If so, Welcome! To be added to our email and event invite list, simply email Deanna at Deanna.Ley@N2Pub.com.



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Terrie Desloge is Making a Difference in Kids' Lives at PLAY DIFFERENTLY



resident spotlight

Article written by resident Kristy Howard in collaboration with Terrie Desloge & Sponsored by Allen Roofing & Siding

Meet Terrie Desloge, resident of Clarkson Valley. She is making a difference for families with special needs children. Terrie and her husband, Tom, have three children, two sons and one daughter. Her daughter, Faith, 11, was diagnosed with cerebral palsy at eight months from an in-utero brain injury. Terrie volunteers in many capacities but because of her daughter's disability, she has been driven to help Faith and other children with disabilities.

She has recently developed and founded Missouri's first sensory and motor rooms called Play Differently, using state of the art Snoezelen equipment for children ages four to 12. Terrie spent years interviewing therapists and parents to collect data to make Play Differently a place that not only is calming for special needs children but therapeutic, as well. Her dream became a reality on October 16, 2016, with an open house and ribbon-cutting ceremony, allowing the community to get first-hand experience with the equipment. Initial funding for Play Differently was provided by Hand of Hope, which is part of Joyce Meyer ministries and outside donations are always welcome.

There are two rooms at Play Differently, the sensory room and the motor room. The sensory room is in a controlled environment in which sights, sounds and touch are monitored to produce a calming effect on each child. The equipment gives each child the multi-sensory feedback that provides sensory regulation. The rooms' purpose is to allow special needs parents to have a respite while their children play with a purpose in a therapeutic environment. For these children, time spent in the sensory rooms increase their focus and concentration while improving mobilization, social relations and communication. Each participant will engage in cause-and-effect activities, as well as experiencing optical and acoustic interactions.

The visual/auditory area in the sensory room generates a relaxing effect but also activates different perception aimed at basal stimulation for those neurologically impaired. The room emphasizes low, rhythmical, soft, quiet tones or white noise, white or pastel colors with minimal contrast, decreased light in predictable patterns and it engages a child's ability to track objects. The motor room activities include swinging, jumping and rocking. These activities have a powerful impact on the brain's ability to process information. This vestibular input is one of the core elements of sensory integration therapy. The linear movement activities in this room will help improve speech, language, balance, auditory processing and more.

Presently, space currently allows six children to play with a purpose with a 2:6 ratio. The capacity is set at 12 and the goal is to have a 1:1 ratio. Play Differently is staffed with one special education teacher and one assistant. Terrie's goal is that the assistant would be a student/intern of occupational, speech, development



or physical therapy. Future plans include increasing staff to offer Saturday morning respite care, increase staff to offer Friday parent night out, increase capacity to 30 children ages four to 12 and develop a sensory room for ages 13-18. Future plans are to expand to other churches to reach out to other communities.

Play Differently is now open Sundays from 9:45 a.m. to 11:45 a.m. and on the first Friday of every month from 6 p.m. to 8 p.m.

Terrie welcomes volunteers to earn community service hours or intern hours. She can be contacted at differently@gateway61.org. Play Differently is located at Gateway 61 Church, 17550 Wildhorse Creek, Chesterfield, MO 63005.

Do you have a fun or interesting hobby, collection or talent? If so, please contact Chris at Chris.Ley@N2Pub.com to set up a time to share your passion.



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meet your neighbors

Photography By **Kim Eichelberger**, Co-Owner Of Eichelberger Photography, Article written by **Cliff Weeks** and **Kristy Howard** & Sponsored by **Kehrs Mill Dental Arts**

Meet The *Weeks* FAMILY

Cliff and Kay & Their Kids and Grandkids

Since 1979, we, Cliff and Kay Weeks, have resided in the beautiful subdivision of Forest Hills after living in Meadowbrook Farms for five years prior. We raised our two children, Stephanie and John, from birth to college in this home. Stephanie and her husband, Chris Watkins, and John and his wife, Elizabeth, have blessed us with eight beautiful grandchildren. Both

families live within a short driving distance and we get to see them often.

Kay was raised in Perryville, MO, while I was raised on a farm outside of Elsberry, MO. We met in St. Louis and were married in 1969. Since living in the Clarkson Valley area, we have witnessed the building of Chesterfield Mall and Clarkson Road going from two to five lanes as well as



numerous other changes. Our daughter, Stephanie, used to babysit many families in the area as a teen and our son, John, spent countless hours caddying or working as a server at Forest Hills Country Club throughout high school and college.

Stephanie is now the owner/photographer for Stephanie Watkins Photography and a stay-at-home mom. Her husband, Chris, works for an engineering firm in St. Louis doing controls programming. Our son, John, is a financial planner for R&F

Financial Group located in Chesterfield, and his wife, Elizabeth, is a nurse, who also homeschools their children and is in direct sales for Plexus.

After a 45-year work history, mainly as an Executive Assistant to CEOs and company presidents, Kay retired. Full-retirement lasted six months before she decided to take a part-time position at an area hospital and, to this day, works one to two days a week. Kay also volunteers with Assistance League of St. Louis, a non-profit charity that provides children with new school uniforms and athletic shoes, personal care bags for women and children in shelters, and operates Fantastic Finds Resale shop.

I worked for McDonnell Douglas/Boeing for nearly 48 years in Information Technology, except for a two-year stint in the Army as a Military Police guard in the United States Disciplinary Barracks at Ft. Leavenworth, KS. I retired from Boeing in 2011. Scouting has always been a passion and I continue to be active with the Greater St. Louis Area Council of Boy Scouts as an Assistant District Commissioner with council and Assistant Scoutmaster with Boy Scout Troop 677 for over 25 years. My son was a member of this Troop and earned his Eagle Scout. I also am an active member of the Knights of Columbus/Ascension Parish.

Kay and I have enjoyed living the last 37 years in Clarkson Valley and feel very comfortable, safe and secure here. Proximity to all the parks, restaurants, our church and the Daniel Boone Library are appreciated by us. We have been blessed with great neighbors and enjoy meeting the younger families that have moved into our subdivision, providing opportunities for us to watch their children grow and

thrive here as well. Kay has been in the same neighborhood card club since the year we moved in and the group continues to love, laugh and support one another.

Traveling has always been our passion, enjoying trips to Canada, Europe, Peru, China and Russia, and we hope to visit Australia and New Zealand and explore more of South America. Suggested itineraries and travel tips are always welcomed!

We hope you all love Clarkson Valley as much as we do and enjoy many years to come!

The Weeks family's professional photos were taken by Clarkson Valley Living's Meet Your Neighbors photographer Kim Eichelberger, who co-owns and operates Eichelberger Photography ~ EichPhoto.com ~ 636-734-1486 ~ KevinAndKim@EichPhoto.com



Get to know your neighbors better by having your family featured in the next available issue and receive a free photo shoot & 16x20 print from photographer, Kim Eichelberger of Eichelberger Photography. Contact Kristy at Kristy.Howard@N2Pub.com.



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Jeff Schweig's Man Cave

living spaces

Photography By **Kim Eichelberger**, Co-Owner Of **Eichelberger Photography**,
Article written by resident **Jeffery Schweig, Jr.** & Sponsored by **DiPasquale Painting**


Although the cliché term now-a-days is “man cave,” we like to refer to our basement as “Jeff’s Place.” When you grow up in our house, one rule is pretty simple: if momma isn’t happy, nobody’s happy. So, when it comes to Susan’s home, all the decorating is left to the queen. The basement, however, was a blank canvas for Big Jeff (referred to that simply because he has a son, Jeffrey Jr., and not because of his size) to transform into his humble abode. (He also has a daughter, Abby!)

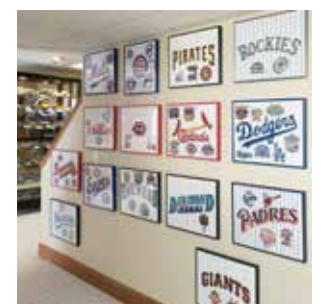
It all started with a love of sports, and three simple TV’s on a wall. Big Jeff has always been an avid collector of athletic memorabilia, so creating a sports theme was almost automatic. The creation of Red Zone channel led to what it is today. Now, instead of just watching the program by itself, (like everyone else does), we recreate the studio in our very own basement. Overtime, the wall of three TVs turned into four, which turned into five, then

six, and now eight, all of which had different configurations and various set-ups. Is this necessary? Of course, not! But I honestly can’t imagine that a real football fan would rather be any place else at noon on Sunday. Even Big Jeff would agree that eight TV’s is excessive the other 35 Sundays of the year, (in those cases four would probably suffice) but multiple TVs are necessary for the ultimate viewing experience. Fantasy Football is extremely important in our household and, sometimes, a ninth TV will be brought in if a player needs to be watched closely. And during the Master’s golf tournament, you’re able to have a TV on several player pairings, amen corner or any other view possible.

In my opinion, when HD TV came along, it changed the sports world dramatically. With the addition of so many camera angles, the first down marker and the ability to pause and rewind, watching at home wasn’t half bad. We made an addition to our home several years ago, which created Susan’s favorite room in the house: the sun room. The basement of that new room gave Big Jeff some additional space to play with. Over the years it’s been transformed from a mini snow village (with various trains running throughout), to an arcade room (with Mrs. Pac man, Golden Tee, Pinball, and bubble hockey), to now a theatre. Like most things with our basement, the theatre idea started very simple but was blown out of proportion within a day or so. On the other hand, we are extremely thankful that it was overdone because it might be Big Jeff’s best masterpiece to date.



 We have featured some great homes in Clarkson Valley & would love to share yours, as well. Have you recently remodeled, redecorated or built on an addition? Have you created a man cave or built a new wine cellar? Contact Kristy at Kristy.Howard@N2Pub.com.




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Coffee Break



119

Valentines Day Ideas

Fruit baskets- Instead of sending someone chocolates for Valentines Day, send a fruit basket! They are a great alternative for your loved ones and those trying to eat healthy will appreciate your consideration!

Framing your love- Valentines surprises do not only have to come in the form of chocolate, jewelry, or flowers; think outside the box! Buy an inexpensive picture frame and decorate it yourself. Include a photo that you both love. It's the thought that counts!

Express love through words- A poem expressing your feelings can go a long way. Type a poem or love letter on a nice piece of parchment and include pressed or preserved flowers if you want to. Place the poem somewhere discreet but somewhere you know your loved one will find it!

Chocolate dipped strawberries- This recipe is easy to make, healthy, and delicious. All you need are strawberries, dark chocolate and a baking sheet with wax paper. Dark chocolate is good to use because it is high in antioxidants. Melt dark chocolate in a saucepan, dip the strawberries, and lay them on the wax paper to cool. Your kids will love it!

33	27			129
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19	41			97
71	110	98	158	121

Fill in the missing numbers!

Missing numbers are integers between 0 & 50.
Numbers in each row add up to totals to the right.
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Diagonal lines also add up to the totals to the right.



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Tea Time!

Spot the difference!

There are 8 differences between these photos. Can you spot them?

Answers elsewhere in this issue

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delicious dish

Bill's Darn Good Coffee Cake

From the Kitchen of Bill and Kristy Howard & Sponsored by Just Around The Corner Flooring

What's better than a box of chocolate?...Bill's Darn Good Coffee Cake! This coffee cake recipe has been in Bill Howard's (Dunhill resident) family forever! Actually, we are not really sure who it originally came from, so Bill just named it after himself! Copyright infringement?...perhaps! When we make this, it lasts for about an hour, maybe less. When our family gives it as a "gift," we are always asked for the recipe so here it is!

INGREDIENTS

Batter:

- 1 box yellow cake mix
- ¾ cup water
- ½ cup oil
- 1 tsp. vanilla
- ¼ tsp. vanilla flavored extract
- 4 eggs
- 1 box vanilla pudding mix

Sugar Mixture:

- ½ cup sugar
- 2 tsp. cinnamon
- ½ cup pecan pieces

Topping:

- 1 cup powdered sugar
- 1/8 tsp. butter extract
- 3 Tbsp. milk

DIRECTIONS

Grease (or Pam) and flour 2 loaf pans or 3 small bundt pans. Sprinkle part of sugar mixture on bottom of each pan before putting in batter. After pouring batter in pan, put remaining sugar mixture on top and swirl into batter. Bake at 350 degrees for 50-60. (You should check it starting at 40 minutes and keep an eye on it...each oven is different!) As soon as you press on the top of the cake and springs back it is ready to take out. Immediately drizzle topping over the cake while still in the pan.

Let it cool in the pan, and then eat and enjoy!



Would you like to have a favorite family recipe featured in *Clarkson Valley Living*? Simply email Deanna at Deanna.Ley@N2Pub.com to have your recipe featured in the next available issue.



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MEET LACY LU, Clarkson Valley's Precious Kitty



My name is Lacy Lu, the beloved kitty of the Kim and Randy Johnson of Kehrs Mill Estates West. I came into their life 16 years ago (yeah, I am old, but I can still go cattin' around with the best of 'em!) as a kitten. My first home was **Adopt** (adoption agency) in Naperville, IL, which is where my soon-to-be family used to live.

My first mom, Jessie, is Kim and Randy's daughter and she was getting tired of her stuffed kitties and wanted a real one that would cuddle, play and purr. When Jessie turned 13, her parents decided she was finally old enough to have a "real" kitty so they took her to **Adopt**. It was close to Halloween and I just happened to be three beautiful colors of Halloween -- black, orange and white -- which made me **very** attractive at that time of year! Jessie loved my calico coloring so I was a shoe-in! Jessie added Lu to my name to make it sound ever sweeter, just like me! When I turned 13, we moved back to St. Louis where my family is originally from. The worst thing about that trip was the car ride!!! **Absolutely Terrifying!**

Asked me if I am spoiled, and my answer will be "**Of Course!**" I don't do tricks (I am a cat, after all, and it is all about me) so I spend my days relaxing and no longer have much interest in other people, food or treats. Gosh, I **am** old!

I have always been a good kitty and used to share my home with a sister dog, Chelsea, and a brother dog, Ozzie, both Golden Retrievers. I, of course, have outlived both. I love laying in the sun, belly up, on a warm sunny day and love to be brushed. I still (kind of) enjoy all the friends I have in my backyard...squirrels, birds, and deer. I have almost been nose to nose with a few of them and even have watched a mama deer and her fawns frolic in the yard. Back in my younger days, I used to catch mice at my old house. I haven't seen any here or maybe it's just that I don't care and don't want to look for them!

If you see me around, I won't bother introducing myself. I just don't care anymore!

precious pets

Written by **Lacy Lu** herself with a little help from her humans and from **Kristy Howard** & Sponsored by **Oxi Fresh Carpet Cleaning**



Do you have a pet and would like to share his/her story? Dogs, cats, horses, fish, and any other types of animals are welcome! Email Kristy Howard at Kristy.Howard@N2Pub.com to have them featured in an upcoming issue.



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young achievers

Article written by Anna herself

Meet Voluntee *Anna Grace Yuska*

ANNA GRACE YUSKA is a sophomore at MICDS and lives in Forest Hills with her dad, Gregor, her mom, Ellie, her brother, Henry, and her two dogs, Ringo and Wilbur. She donates three hours of her time every Sunday to the Gateway: 61 Church **Play Differently** program which serves as a daycare for kids with neurological and physical disabilities ranging from autism to cerebral palsy. Professional special education teachers and teenage teaching assistants play with kids between the ages of six and twelve in two very special rooms: the motor room and the sensory room.

Every Sunday morning, the kids first go to the motor room which is filled with fun toys and activities such as swings, slides, trampolines, rollers and fun house mirrors where kids can get their energy out and fine-tune their motor skills. Then comes snack



where they can practice their verbal and conversational skills with others kids while eating. Next, everyone colors pictures which brings out the kids' creativity, along with helping them focus and practicing holding the drawing tools correctly. The sensory room is next which provides a soothing space for the kids to settle down and relax. This room is filled with soothing lights and projectors where the kids can choose what kind of theme or color they want for the room that day. They can fill the room with nature, colors, numbers and letters, cities, etc. There's also a water feature tube that bubbles and changes colors and a curtain of strings that light up per the theme of the room. This room is very relaxing and the kids often fall asleep as they can snuggle into fuzzy carpets, beanbags and weighted blankets. After a rest, they work with play dough and other toys. The kids communicate with each other, some asking how school is going or how another is feeling. Finally, everyone goes back to the motor room to get all their wiggles out before their parents come to pick them up.

Anna Grace finds this job very fulfilling, and spending time with the kids leaves her with a feel-good attitude while knowing she is making a difference in her community and the greater world. This playroom program is the first of its kind in the State of Missouri, and she hopes that **Play Differently** will grow and develop to offer fun daycares to as many special-needs kids as possible because they all deserve the kind of attention and support they get every week at **Play Differently**.

If you know of an outstanding youth (or you are one yourself!) who has had an accomplishment of some sort that should be featured, please email Kristy at Kristy.Howard@N2Pub.com.

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Share The Love!

Clarkson Valley Living Business Partners share their Love Notes in honor of Valentine's Day.



"We love our customers and our consignors!" - The Encore Consignment Team (CVL Business Partner - Encore Consignment Gallery)



"I love you most, Matt, always and forever!" - Jackie Novak (CVL Business Partner - Novak Jewelers)



"Happy Valentine's to the loves of my life: Amy, Ronan and Rhys...you are the center of the Dave Universe! Love you all more than you can ever know!" - Dad/Dave (CVL Business Partner - AdvantaClean)



"To the man who makes my life complete, my soulmate. Here's to forever and then some, Jonathan. I love you." - Kristi (resident and CVL Business Partner - Masterpiece Masonry)

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Photos taken by resident **Kristy Howard**

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Catching Up With Tennis Rockstar **Ellie Burger**

amazing athlete

Article provided by **Chesterfield Athletic Club**
& Sponsored by **Ries Orthodontics**
Photos submitted by resident **Shannon Burger**



We are so excited for Clarkson Valley's own Ellie Burger, who was December's Member Spotlight for the Chesterfield Athletic Club. That's quite impressive! Here's the write-up the club did on Ellie - Enjoy!


CAC tennis member, Ellie Burger, a senior at St. Joseph's Academy, is known as the "rock star" of St. Joe's tennis team, "That is because she is indeed our star & she is the rock of the St. Joe's team," coach Doug Smith said. Ranked No. 10 player in Missouri Valley & 219th nationally according to the Tennis Recruiting.net's class of 2017 rankings, she compiled a 58-9 singles record in high school, playing in the No. 1 spot her final two seasons. Ellie earned a runner-up finish in the state tournament & first-team all-state honors each of the last two seasons & owns three combined career district & sectional titles in singles & doubles.

None of this came easy for Ellie though who missed her entire sophomore season after undergoing hip surgery to repair a torn labrum. After much determination & nearly a year of grueling rehab, Elle was back in full force with "a terrific competitive spirit complemented by a warm heart," Coach Smith said. "When the championship match at state was over, instead of the mere obligatory handshake Ellie ran to the net & gave her old friend, Caroline Pozo, a sincere hug. It speaks volumes about Ellie's character."

Athleticism runs in the Burger family – Ellie's mother, Shannon, won a state doubles championship for Lindbergh High back in 1984 & went on to play at the University of Evansville — Ellie's dad, Mike, played baseball at Evansville. Ellie's brother, Jake, is a standout on the baseball team at Missouri State, & Ellie just signed a National Letter of Intent to play for Missouri State next year.

Missouri State tennis coach Mallory Weber spoke highly of her new addition to the 2017-18 season, "We are happy to welcome Ellie to the Bear family. She has proven results throughout her high school career & also in USTA tournaments. Ellie comes from a very athletic family and her game & style of play is no exception. The sky is the limit for how she can keep improving in college & help our program."

Congrats on all of your accomplishments, Ellie! Stay tuned for next month's Amazing Athlete - an update on Ellie's brother, baseball player Jake Burger, who is an All-American and earned a spot on the Team USA Collegiate National Team.

 **Call athletes of all ages! Do you play a sport you are passionate about?** Whether it's football, cheerleading, skateboarding, skiing, soccer or any sport in between, we want your story! Just email Kristy at Kristy.Howard@N2Pub.com to be featured.

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"The Chicken Piccata was tender and the sauce was perfect. Loved the band! We absolutely recommend! Great family place and Bob the owner visits all the tables." – Glenn & Holly M.

"Fabulous Chicken Piccata. Great atmosphere and wonderful music. We definitely recommend!" – Cliff & Kay W.

"Great event - we enjoy meeting new people and the food and service was enjoyable." – Jerry and Barbara L.

The list goes on and on – everyone had a great time and really enjoyed the musical entertainment of The Scott Laytham and Karl "Tricke" Holmes Duo!

Bob and the team truly know how to make for a great dining experience!

Please go join the family at Candicci's at 100 Holloway Rd., Ballwin, MO 63011.

DISCLAIMER: The business reviewed in this section provided products and/or services free of charge in exchange for this review.



...



Candicci's Restaurant & Bar

On Thursday, Nov. 10, residents of Clarkson Valley had an amazing dining experience, along with great entertainment, courtesy of Bob Candice, owner of Candicci's Restaurant & Bar.

Bob and Chef Jack created a great meal for us all to enjoy. We started with toasted ravioli and stuffed mushroom caps as appetizers and then enjoyed Candicci's wonderful house salad.

As a special treat, Chef created a sampler plate of three amazing entrées – Chicken Piccata, Cannelloni and Pasta con Broccoli. The portions were perfect for each diner to enjoy and savor the authentic Italian flavors.

HERE IS WHAT SOME OF THE RESIDENTS HAD TO SAY:

"Everything was really good! I would recommend coming here - great food, great service and great music!" – Susan, Bill & Mike H.

"Every dish was enjoyable. We really liked meeting the Owner and Chef, they made us feel very welcome!" – Stand & Mary Ann D.

"Excellent! One of the best in St. Louis! The Cannelloni was wonderful and the service was great!" – Gary & Carol P.





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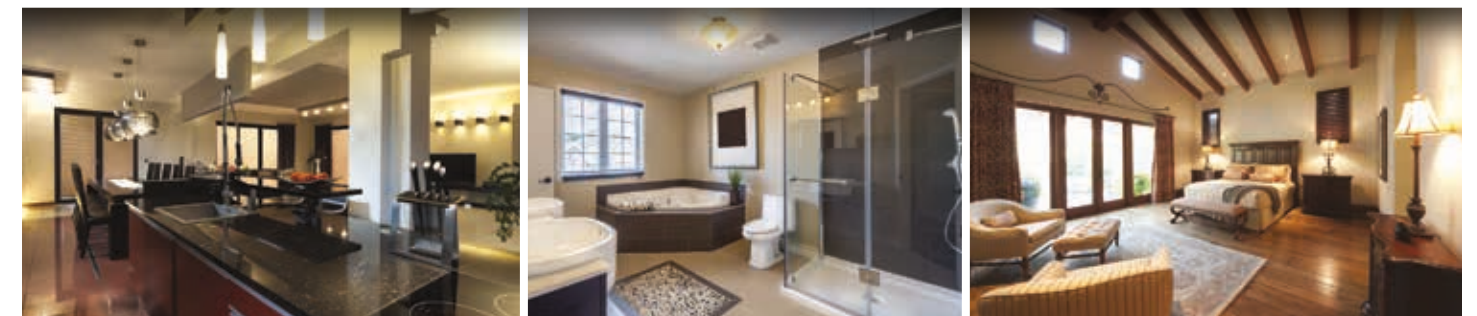
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Charles and Jesse saw that Oxi Fresh was doing things that no other company was doing in the carpet and flooring cleaning world. As successful franchise business owners of other brands (Little Caesars and Sports Clips) for over a decade, they know what to look for in a company that they want to partner with. "We were very attracted to the brand recognition of the word Oxi!" Jesse shared. "However, what they were doing from a technology side on the back end perspective with their cleaning is light years ahead of all the other methods out there."

The Oxi Fresh way really combines cutting edge technology with good old-fashioned customer service. "We want to work with our clients again and again so we know that having the very best product and the very best customer service ensures that we will have that opportunity again and again," Charles stated. "Our team is dedicated to making sure that our clients are happy with what we do or we simply will do whatever it takes to make them happy."

The proof is out there! With an average 4.6 star rating out of five for over 98,000 reviews as a company, Oxi Fresh stands well above their competition! "We have the best carpet cleaners, real technicians, that strive to make all the surfaces we work on look brand new again," says Charles. "Our role as owners is to keep our team sharp with the latest training and the most up-to-date equipment in the industry. And, of course, be diligent in making sure we hire and keep the best on staff."



As proud sponsors of your Clarkson Valley Living publication, they both want you to know that they enjoy working with the residents of Clarkson Valley. "We have had some great experiences with our clients there and really value the relationships we have achieved," Charles stated. "Those are beautiful homes and it makes us so happy to see the joy our clients in Clarkson Valley get from the work that we do for them."

They have also made it very convenient to work with them by having online scheduling available 24/7 at their website, www.oxifresh.com. So when those dirty carpets are keeping you up at 2:00 am you can easily schedule and rest assured that the St. Louis Oxi Fresh team will arrive on time and ready to make your floors look new again!

For a full list of all the work they can provide, even commercial work, please head to their website or if you want to talk with a scheduling professional you can call 1-877-OXIFRESH.

Here is what just one of the residents of Clarkson Valley has to say about their experience with Oxi Fresh - "Our Technician was on time, pleasant, courteous and professional. He really took the time to seek out the stains and make sure our carpets were clean and fresh. I would highly recommend that you give them a call!" - Kristy H.

sponsor spotlight



If you have worked with (or own) a company that you feel would be a great business partner for your Clarkson Valley Living, please email Chris at Chris.Ley@N2Pub.com.

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around town

Westhampton's Neighborhood Block Party

Article and photos submitted by residents **Liz Whitworth** and **Carol Rosa**

Do neighborhoods still have block parties? Well, Westhampton decided to start the trend again! Held on Sun, Oct. 23, the neighbors of Westhampton gathered in our common ground area for a fun, fall get together. Each house brought a side dish/dessert to share and the neighborhood provided Sugarfire BBQ for everyone.

This was a great opportunity to meet many people, whether new to the area or not. If you had always wondered, "Who lives in the cute house with the pink door?" or "Whose dog is named Otto?" this was the opportunity to find out. We hope to make this an annual event!



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I can't thank you enough for your ChiroThin weight loss program. It's incredible! For years I've struggled to lose weight and had pretty much given up. After losing 29 overall inches and 20 pounds in 42 days, I am a firm believer in the ChiroThin program. Seeing that daily weight loss is quite the motivator... but your suggestions and encouragement each week were also a blessing. It works! Thanks again!
- Barb W.



Wow, what can I say other than the ChiroThin Weight Loss Program is awesome! I've lost 53 pounds in one 42 day cycle and have not felt this good in over 15 years. If you've suffered with being overweight, let me give you some advice: Start the ChiroThin Program asap! I know it may be hard to believe, but I have not been hungry at all and my energy level is through the roof! You'll be glad you did.
- Roland N.

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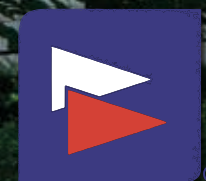




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CLARKSON VALLEY Living

Resident Business Guide

Attention Clarkson Valley Residents: Do you own or run a business? To have your business featured in the resident business guide in an upcoming issue of *Clarkson Valley Living*, please send an email to Chris.Ley@N2Pub.com. This is open to the residents of Clarkson Valley only.

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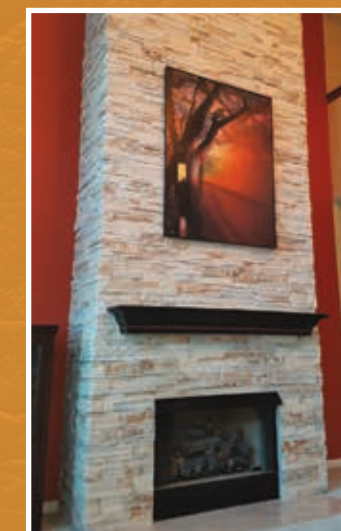
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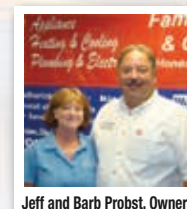
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Address	Neighborhood	List Price	Sale Price	Sold Date	Beds	Baths	SqFt	Parking
16441 Walnut Rail Rd.	Kehrs Mill Trails	\$975,000	\$947,250	12/05/16	5	6	4,162	4
298 Herworth Dr.	Forest Hills Club Estates	\$825,000	\$790,000	08/03/16	4	6	3,458	3
2171 Kehrs Ridge Dr.	Kehrs Mill Estates	\$740,000	\$740,000	08/22/16	4	5	3,683	3
30 Crown Manor Dr.	Forest Hills Club Estates	\$711,000	\$711,000	08/15/16	5	6	3,837	3
8 Forest Club Dr.	Forest Hills Club Estates	\$659,000	\$624,000	07/28/16	5	5	4,000	3
10 Kehrs Mill Glen	Kehrs Mill Glen	\$699,500	\$610,000	12/08/16	5	6	4,257	3
1 Forest Club Dr.	Forest Hills Club Estates	\$595,000	\$585,000	10/14/16	4	4	2,976	2
16747 Kehrs Mill Estates Dr.	Kehrs Mill Estates	\$595,000	\$580,000	11/15/16	6	4	3,034	3
2101 Kehrs Ridge Dr.	Kehrs Mill Estates	\$589,900	\$570,000	07/29/16	4	4	3,761	3
2333 Kettington Rd.	Westhampton	\$599,000	\$565,000	09/09/16	4	4	3,356	2
240 Whiting Ln.	Forest Hills Club Estates	\$589,000	\$557,000	07/22/16	4	4	2,998	3
2259 Whitby Rd.	Westhampton	\$559,900	\$540,000	09/28/16	5	5	3,378	2
122 Highgrove Lane	Forest Hills	\$499,900	\$495,000	10/03/16	5	4	2,958	2
2208 Kehrs Grove Ct.	Kehrs Mill Estates	\$439,900	\$447,500	08/10/16	4	4	2,647	4
2 Clarkson Farm Dr.	Clarkson Farm Estates	\$439,900	\$430,000	12/16/16	4	4	2,999	3



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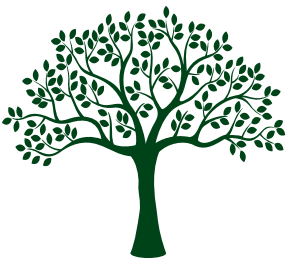
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