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Meet your Clarkson Valley Living Team! We'd like to thank all of your writers for their valuable contributions to the magazine.

Want to Join the Team?

Our goal is to build community in the neighborhood by helping everyone get to know each other a little better! We're always looking for community members who would like to be a part of making Clarkson Valley Living the best it can be. We currently have openings for Resident Article Contributors and









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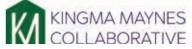
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Taylor Clark, Marquette Graduate attending Rhodes College

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saying Goodbye to 2020!



By Clarkson

Valley

Mayor Scott Douglass

corner

mayor's

January, a new year, is a time for reflections, a time to look forward, a time for renewal, to begin again - some things new, some the same, but with renewed enthusiasm. In so doing, reflecting on last year is important. Are you kidding? Last vear was _! (I'm sure you can fill in your description). Yes, 2020 was a year that will live

in infamy. A year not experienced in modern history. As I look back, my mind is muffled by coronavirus frustrations because this country has the resources, including the necessary qualified people, to mitigate this virus and move toward its eradication. What happened? In my opinion, our politicians immediately politicized the situation making for confusing at every step toward resolution. Lots of blame to go around. Sorry to have shared more than you needed about reflection on last year. However, we must stay diligent in our efforts, for a successful end is in sight.

Let's throw the 2020 shackles off and look forward to a bright 2021. Have you started, completed or already discarded your New Year resolutions? As I mentioned in previous years, our family talks about them - some may get written down (mostly for fun). And like always, they are ignored except for an occasional 'gotcha'.

Let's move from personal planning to your City. The City's financial budget is on a fiscal year (June







30 - July 1) basis. As we were preparing our 2020-21 budget, the forecast for sales tax revenue was not bright. (We receive a portion of the state and county sales tax receipts). With stayat-home, lockdowns, mandates, the decreases could be substantial After five months (July - November 2020) into our budget year, this has not occurred. Sales receipts have not

decreased as anticipated - however, this remains a concern for 2021. The reason these receipts are so important is they are the primary contributor to our revenue stream (approximately 46%). To address these concerns, the federal legislation authorizing subsidies includes local governments. Therefore, we have prepared the appropriate forms and expect to receive a reimbursement this year. Your City is, and will remain, financially stable.

We continued in 2020 to streamline our operations. Our court administrator retired in February. We contracted the City of Chesterfield for all court functions. Another change, which will most likely be continued as required, is closing of walk-in traffic at City Hall. Following a county mandate, the City Clerk is virtual when appropriate. 2021 will be a year of ordinances review, codifying, addressing new conditions, etc. In closing, if you have had or continue to have issues unresolved, please contact me.

Clarkson Valley Recycling Results November Recycling Tonnage: 39.71 tons



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publisher's note A new year. New hope.



Bill, Natalie, Athena, and David

From the Tuttle family to all the families in Clarkson Valley, we wish you health, happiness, and prosperity in 2021. I am thrilled to be a part of the Clarkson Valley community and happy to provide you with our wonderful social magazine each month. I am proud to partner with reputable businesses that make our publication possible. Without all of you, it wouldn't be possible to get to know each other a little better, so thank you. I am looking forward to an even better 2021!

Sincerely, Bill Tuttle and Family



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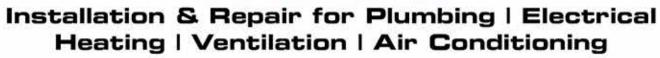




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Limited space available, so reserve your spot today and get the Zoom link emailed to you! RSVP to Bill.Tuttle@n2pub.com.

Who is invited? *All* our St. Louis N2 publications' resident business owners and advertising partners (from Clarkson Valley, Wild Horse Creek, and The Legends). We will "go around the room," and each business will get to introduce themselves.

This is a great way to get to know other residents and other local businesses and support the local community! We will have a chat box available, so if there is someone you'd like to get to know better and potentially build a relationship with, you'll be able to message them privately. You'll also be able to message the whole group.

Everyone is welcome; you don't have to be a business owner if you just want to come meet local businesses!

The following from our *Clarkson Valley Living* community attended the November 20 meeting:

12 Clarkson Valley Living • January 2021



Event sponsor Anthony Castelli at Nuovo Salon Spa Terry Kitzmiller from Microbial Solutions Unlimited

At the end of the event, *Clarkson Valley Living* community partner and event sponsor **Anthony Castelli from Nuovo Salon Spa** raffled off some nice salon services. Congrats to the following who won: **Al Gaspar** at Gaspar Technology Consulting for winning a \$100 off of a hydrafacial, **Steve Greiner** at OsteoStrong Chesterfield for winning a free haircut, and **Monica Orban,** spiritual coach, for winning a free pedicure!

For more information about Nuovo Salon Spa, contact Anthony at (636) 527-2566 or email acastellijr@aol.com. Visit nuovosalonspa.com to view all their services and schedule your appointment.

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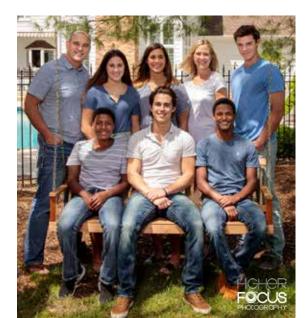


family spotlight

Getting to know our neighbors a little better is what Clarkson Valley Living is all about. A big "thank **Higher Focus** you" to all our 2020 families for taking the time to Photography, share their stories with us and making our covers unique and special! Photography

We appreciate Jill Gray at Higher Focus Photography and Clarkson Valley resident Kristin Miller at Smiles by Kristin for taking the beautiful images that graced our covers and other articlesmaking our publication look so good! Wagner Red

> Special thanks to Chrissy Wagner Red Key Realty Leaders, our preferred community business partner who sponsors the "Family Spotlight" each month!







The Griggs



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Get to know your neighbors better by having your family's story told in the next available issue and receive a free mini photoshoot from Jill Gray at Higher Focus Photography or nominate a family and we'll contact them! Email Bill.Tuttle@n2pub.com.



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1.01 Special thanks to Row House Chesterfield, our preferred community business partner who sponsors the "Amazing Athletes" each month!

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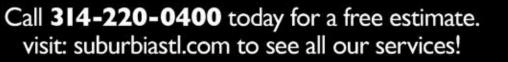


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living spaces

The Splendiferous LIVING Spaces of Clarkson Valley!

Sponsored each month by **The Janice** Freeman Team. In 2020, we featured some pretty cool Clarkson Valley homes, outdoor living spaces—and even a treehouse! One thing's for sure, pride of ownership is certainly noticeable in Clarkson Valley. That's what makes our community one of the best places to live in St. Louis!

Special thanks to The Janice Freeman Team, our preferred resident community business partner who sponsors the "Living Spaces" feature every month!



Want to have your home highlighted in a future newsletter? Have you recently remodeled? Have a unique room to show us? Email Bill.Tuttle@n2pub.com.

WE ARE PROUD TO SPONSOR THIS MONTH'S LIVING SPACES FEATURE



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The Birkels' on Jennycliffe in Forest Hills.



The Smiths' remodel on Samuel Stuart Court in Pleasant Valley Forest.



The Rosencrans' remodel on Herworth in Forest Hills.



s. The treehouse at CantorLand in Warrenton, MO.



The Pfeifers' on Herworth in Forest Hills.



The Munichs' kitchen remodel on Stillwater Point Court in The Manors at Clarkson Valley.



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January 2021 • Clarkson Valley Living $\, 23 \,$

body and beauty Start the New Year WO with a Hair Mask!



A hair mask is a deep conditioning treatment and is the most effective and affordable option to keep your hair feeling and looking good - not to mention, the treatment is super quick and under an hour!

Article by Westhampton resident Anna Bohlmann

Sponsored each month by **Nuovo** Salon Spa.

I received my first hair mask at Nuovo Salon Spa this week, and to be honest, I had no idea what it was or the benefits it provides. Here's what I didn't know then, but I know now:

The first thing my stylist, Kassy, did was sit down with me for a consultation to find out about my hair and what I want to accomplish with a hair mask. After the consultation, Kassy started by washing my hair with a clarifying shampoo and massaging my scalp with a personalized conditioning treatment. I sat under a dryer for 10-15 minutes, allowing the mask to penetrate deep into my hair follicles, then Kassy rinsed and dried my hair.



1354 CLARKSON CLAYTON CENTER OFFER EXPIRES 12.31.2020



Not only does the mask put moisture back into your hair and help reduce damage and breakage, but it results in shinier, smoother, and healthier looking hair. The treatment generally lasts for two weeks, depending on how often you shampoo and the temperature of water you use when you shower - the hotter the water, the easier it is for the mask to fade out. It's been days since my treatment, and my hair has never looked or felt better!

Oftentimes, people with fine hair are afraid to do hair masks, but rest assured, there are several different kinds of masks that cater to every kind of person's specific hair needs. Whether you have static, frizzy or damaged hair, or a sensitive scalp, there is a mask for you. Personally, my hair gets annoyingly staticky in the winter, and I'm still trying to repair breakage caused by years of tight ponytails and buns. After a conversation with Kassy, we were able to find the perfect mask for me - and already, my hair is substantially less static!

Hair masks are especially important with the change of seasons and after a coloring service. With winter beginning and the temperatures finally dropping, it cannot be a more perfect time for a hair mask treatment. Schedule an appointment at Nuovo Salon Spa today to discuss the best hair mask treatment for you!

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Is Important for a Successful Recovery

When seniors are recovering from an illness, injury, or surgery, taking part in a senior rehabilitation program is vital to restor-ApexNetwork Physical Therapy provides relief from the aches and pains that keep you from enjoying life. Their therapists are ing functionality, reducing pain, and improving quality of life. Rehabilitation for seniors often includes a mix of physical, occupaexperts in the field. They listen, understand, and develop custional, and speech therapies all designed with the individual's spetomized treatment plans based on combined goals you set with cific needs and abilities in mind. Physical therapy is a particularly them. From your first appointment until your last treatment, ApexNetwork Physical Therapy remains focused on your health important component in a successful recovery because it improves an individual's strength, flexibility, and mobility. Physical therapy and ensures your progress one visit at a time. for seniors is beneficial for a variety of reasons, including:

Disclaimer: Article sourced from the American Senior Communities blog: https://www.asccare.com/4-types-physical-therapy-seniors/. Lowering risk of injury. Physical therapy helps seniors learn how to The statements in this article are not intended to diagnose, treat, maintain their stability as it relates to gravity when they're mobile. This awareness helps reduce the risk of injuries and re-injury. cure, or prevent any disease. The author and sponsor do not in any way guarantee or warrant the accuracy, completeness, or Decreasing pain from chronic conditions. Physical therapy can usefulness of any message and will not be held responsible for the help alleviate discomfort from conditions like arthritis or osteocontent of any message. Always consult your personal physician porosis and offset any future symptoms. Lessening the need for prescription drugs. Seniors are often on a for specific medical advice.

wide variety of prescription drugs to help manage their chronic pain. However, a physical therapy regimen could help reduce the need for medications and could be a more cost-effective form of treatment. Maintaining an independent lifestyle. The quicker seniors are able to recover from an illness or injury and manage their pain allows them to lead an active, independent lifestyle for a longer period of time.

Common Types of Physical Therapy for Seniors

Geriatric Physical Therapy - places a special emphasis on the needs of aging adults. It helps treat conditions like arthritis, osteoporosis, cancer, joint replacement, and balance disorders. Specialized programs are designed to help restore mobility, increase fitness levels, and reduce overall pain.

Orthopedic Physical Therapy - helps treat injuries of the musculoskeletal system, as well as help individuals recover from orthopedic surgeries. The goal is to restore function to the muscles, bones, joints, tendons, and ligaments.

Cardiopulmonary Physical Therapy - When individuals have had a heart attack or have other cardiovascular or pulmonary conditions such as chronic obstructive pulmonary disease (COPD) or pulmonary fibrosis, cardiopulmonary physical therapy can help increase endurance and functional independence.

Neurological Physical Therapy - focuses on the brain and the body, making it slightly different from other types of physical therapy. When individuals have neurological conditions





such as Alzheimer's disease, ALS, Parkinson's disease or have suffered a brain injury, a neurological physical therapist focuses on teaching them to adapt to visual,

mobility, balance, and muscle loss impairments to more easily complete activities of daily living.



Precious Pets of 2020

Pets are a big part of our lives, and to hear their stories in their "own words" provides wonderful insight into what it's like living with our Clarkson Valley neighbors. By far, one of our most popular features!



Molly and Lucy Andrews







ando Ruscitt

Chloe Griggs





Gunner Anthony

Luna Ayers Morgan Ruscitti



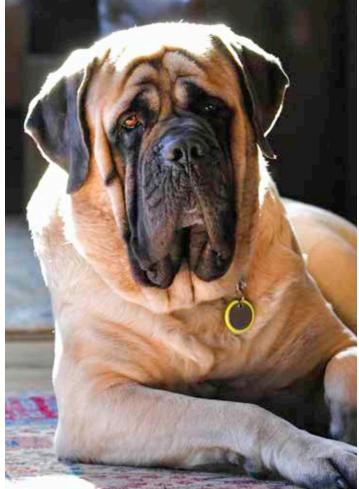
Teddy Ruscitt





Bindi Ruscitti

Breck Hartwig



Cooper Brown







Paisley Mundwiller

Suzie and Gershwin Klosterhoff

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Mr. Bill Thibodeau-Maily



Sylvie Lou Braun



Sponsored each month by Pathfinder Church and St. John's School.

Thanks to our residents who made a difference by living generously in our community and beyond!



Know someone who is "making a difference" in our community? We'd love to near about them! Nominate them by emailing Bill.Tuttle@n2pub.com.



Dr. Jessica Barks, DO of Kehrs Mill Estates is part of the pandemic frontline workers at St. Luke's Hospital.



Honeysuckle Hackathon in Kehrs Mill Trails.





COL (Ret) Bill and LTC (Ret) Gina Hammerschmidt of Dunhill Farm led a coat drive for veterans.



A drive-by parade from our city's first responders.



Social distancing dueling pianos event at the Manors at Clarkson Valley featuring Spanky Entertainment.



Forest Hills resident Christine Pickett spearheads PPE donation to medical pros in need



The StepUp Program is helping people with disabilities achieve competitive employment.



Debbie Smith of Kingspointe leads moms in prayer group.



Fourth Annual Forest Hills Charity Gala Boots, Bowties & Bling!



Mask-making merriment from Grace Andrews of Kehrs Mill Estates.



Mustang Dazzlers pair up with Marquette Mystique



Liz McLaughlin of Westhampton and Tank of Duo Dogs helping those in need.

Events, Travel, Holidays & Such Lots of "happenings" in 2020!





Ross and Debbie Hammond explore Italy.

Snow day with Luke and Bear Ries.





Bos Irvine welcomes spring.



Neighbors' Night Out at Rock & Brews.



rgan Baker in NYC!



Michael and Shannon Buescher with their children, Lucy, Hayes, Matthew, and Cecilia.



Peter and Theresa Karutz's daughter Victoria and new son-

in-law RJ Schratz.



Clarkson Farm Halloween Parade.



Wine tasting event at St. Louis Wine Market & Tasting Room.



The Mahoney girls—Avery, Greta, and Leland visit the Magic Kingdom!

The Shuerts waving "hello"!







The Zieglers announce the marriage of their son, Austin, to Alanah Stigler.



The Squitieris on Kehrs Mill Road.





Riley Ellis and her dog Staley at the Forest Hills Fourth of July parade.

resident business beat CLARKSON VALLEY RESIDENT-OWNED BUSINESSES

WE HAVE MANY RESIDENT BUSINESS OWNERS RIGHT HERE IN CLARKSON VALLEY! IN 2020, WE WERE PROUD TO FEATURE THE WONDERFUL FAMILIES THAT RUN THEM.

The Cohen Bumiller Family - ARC Body Solutions and STL Insurance Stop



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The Gaspars - Gaspar Technology Consulting



The Twellman Family - Twellman Soccer and Choose It Right



The Blanner Family - Julie Blanner Entertaining + Design









Demko Orthodontics



Sam Stillmann Detailing



The Meyer Family - Cutter & Company Inc.



The Cantor Family - Cantor Injury Law



Are you a Clarkson Valley resident who owns your own business? We'd love to feature your business in our complimentary "Resident Business Beat" section. Please contact Bill.Tuttle@N2Pub.com.

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STL Insurance Stop Dan Bumiller (314) 475-5637

ELECTRICAL SERVICES Birkel Electric Mike Birkel

(636) 386-7000 mbirkel@birkelelectric.com birkelelectric.com

FINANCIAL FIDUCIARY Cutter & Company William L. Meyer (636) 537-8770 wlmeyer@cutterco.com

cutterco.com

GENERAL CONTRACTOR King Homes Daniel King

(314) 520-7271 danielking1@sbcglobal.net kinghomesonline.com

HEALTH & WELLNESS ARC Body Solutions Abby Cohen

(636) 299-6172 abby@arcbodysolutions.com abbycohen.isagenix.com

HEATING & COOLING

Welsch Heating & Cooling Butch Welsch (314) 872-8070 bwelsch@welsch-heatcool com welsch-heatcool.com

INSURANCE dan@stlinsurancestop.com stlinsurancerates.com/

KITCHEN & BATH

DESIGN, REMODELING & CONSTRUCTION **Chesterfield Interiors** Rebecca Devereux (636) 778-3808 rebecca@ chesterfieldinteriors.net chesterfieldinteriors.net

LAW FIRM

Cantor Injury Law Mark Cantor (314) 628-9999 mark@cantorinjurylaw.com cantorinjurylaw.com

ORTHODONTIST

Ries Orthodontics Charlie Ries (636) 230-6100 admin@riesortho.com riesortho.com

PHOTOGRAPHY

Smiles by Kristin Photography Kristin Miller (614) 499-1456 smilesbykristin@gmail.com smilesbykristinphotography. com



Resident Business Guide

Attention Clarkson Valley Residents! Do you own or run a business? To have your business featured in the Resident Business Guide in an upcoming issue of Clarkson Valley Living, please email Bill.Tuttle@n2pub.com. Open to resident of Clarkson Valley only.

WEALTH ADVISOR

REAL ESTATE AGENT

Janice Freeman Team

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Lottmann Realty Group

Jeff Lottmann (636) 812-4414 jlottmann@remaxstl.com mystlrealtor.com

RE/MAX Select

De Lynn Klosterhoff (636) 779-8080 delynnk@delynnk.com delynnk.com

Mariner Wealth Advisors Matthew Fisher (314) 227-2457 matthew.fisher@ marinerwealthadvisors.com

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The Krause-Basler Network Liz Grady Whitworth (314) 606-2031 liz.whitworth@kw.com thekrausebaslerteam.com

ROOFING & SIDING

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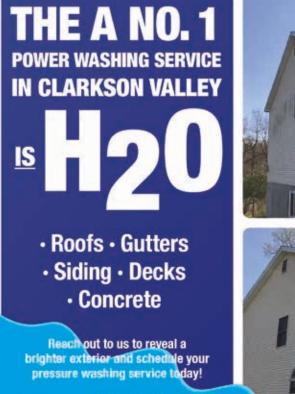
Real Estate ESOURCE

The information contained herein has been obtained through sources deemed reliable by Neighborhood Networks Publishing, Inc., but cannot be guaranteed for its accuracy. Any information of special interest should be obtained through independent verification.



Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	Baths	SqFt	Total Living Area
2229 Ridgley Woods Dr	Pleasant Valley Forest	\$400,000	\$380,000	11/05/20	7	5	3	2,356	3,567
18238 Canyon Forest Ct	Estates at Wildhorse Canyon	\$650,000	\$640,000	11/24/20	344	4	3	2,907	3,982
317 Cheval Square Dr	Chesterfield Farms	\$445,000	\$464,000	11/13/20	3	4	3	2,322	3,238
16260 Forest Meadows	Forest Meadows	\$459,900	\$475,000	11/24/20	1	5	4	2,530	3,730
1433 Chesterfield Estates Dr	Chesterfield Estates	\$489,000	\$489,000	11/02/20	4	4	3	2,912	2,912
16830 Kehrsbrooke Ct	Kehrs Mill Estates	\$500,000	\$490,000	11/13/20	227	3	4	3,046	3,046
16715 Chesterfield Manor	Chesterfield Farms	\$475,000	\$500,000	11/16/20	57	4	4	2,494	3,494
16613 Chesterfield Manor Drive	Chesterfield Farms	\$489,900	\$506,000	11/17/20	41	5	4	2,677	3,877
1317 Carriage Crossing Lane	Country Place	\$600,000	\$594,000	11/18/20	20	4	5	3,380	4,294
16926 Pine Summit Dr	Feinup Farms	\$639,900	\$614,900	11/30/20	150	4	4	2,900	2,900
2039 Wilson Ridge Lane	Wilson Farm Estates	\$699,900	\$690,000	11/20/20	62	5	6	3,138	4,938
280 Pennington Lane	Forest Hills Club Estates	\$734,900	\$700,000	11/23/20	123	4	4	3,004	4,004
1203 Fienup Lake Dr	Feinup Farms	\$702,294	\$702,294	11/12/20	0	4	4	3,522	5,322
16412 Quiet Creek Ct	Kehrs Mill Trails	\$710,000	\$710,000	11/05/20	0	4	5	3,808	4,658
425 Willow Weald Path	Reserve at Chesterfield Village	\$775,000	\$725,000	11/19/20	94	4	5	3,992	5,192
9 Kingspointe Ct	Kingspointe	\$749,900	\$740,000	11/24/20	187	4	5	3,658	4,717
15 Hillock Lane	Forest Hills Club Estates	\$899,900	\$800,000	11/13/20	89	4	5	3,578	4,687
2171 Kehrs Ridge	Kehrs Mill Estates	\$859,900	\$840,000	11/30/20	36	4	5	3,683	3,683
432 Willow Weald Path	Reserve at Chesterfield Village	\$999,900	\$940,000	11/24/20	399	4	6	3,370	5,773
2011 Kingspointe Dr	Kingspointe	\$1,099,000	\$976,500	11/19/20	17	5	5	4,115	6,415





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