CLARKSON VALLEY

A SOCIAL PUBLICATION EXCLUSIVELY FOR THE RESIDENTS OF CLARKSON VALLEY

June 2021



















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Meet your Clarkson Valley Living Team! We'd like to thank all of our writers for their valuable contributions to the magazine.



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We'd love to hear from you!

Our goal is to build community in the neighborhood by helping everyone get to know each other a little better and make Clarkson Valley Living the best it can be! Please let us know how we are doing. Do you have any article ideas? How about ideas on neighborhood events? This is your publication!

Want to Write for Clarkson Valley Living?

We are always looking for community members who would like to take an active role in writing stories for Clarkson Valley Living. We currently have openings for resident article contributors and junior writers—kids who want to get involved, gain valuable experience,

build their resumes and portfolios! If you or someone you know might be interested, please email Bill.Tuttle@n2pub.com.

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New to the Neighborhood?

Are you and your family new to the neighborhood? If so, welcome! Please send your contact information to Bill.Tuttle@n2pub.com to be added to our event invitations and contact list.

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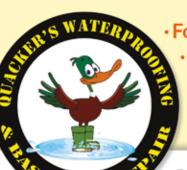
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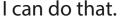














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business practices of these companies

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SUMMER REMINDERS



By Clarkson Valley Mayor **Scott Douglass**

The sun is brighter, the days are longer, and the out-of-doors is more inviting. Conditions are certainly different from a year ago. It's time for bar-bque, hot dogs, baseball, vacations, summer camps, swimming, golf – you name it. Perhaps we are a bit more enthusiastic this year, eager to make up for missing so much last year. No lecture from here, but a reminder of a few safety measures to follow.

With school out, the number of golf carts on our streets is increasing. That's great, enjoy. Remember, golf carts require a licensed driver. Those motor-driven scooters that younger children enjoy are a hazard when on a main street (regardless of helmets or not). We urge parents to educate their children on the safety operations of all motor-driven vehicles. None of us want to "rat out" our neighbors, but most importantly, we do not want injuries to our children. So if you see an unsafe situation call – our police can be reached at 636-537-3000 to report an incident. You will be glad you did, as they will react.

Vacation is a good time to get away and do whatever you wish. And when you return home, you want to find things just the way you left them. For this to be correct, it's necessary to be sure your home is closed down for those days you are gone – doors locked, garage door secure, alarm set. We also offer a vacation inspection program. Call 636-537-3000 and



the police will check your home several times a day while you are away. If you use this program, be sure you call when you return. Each year, the police find more than one home where the people are on vacation, with an outside door unlocked and/or garage door not closed completely. Talking about garage doors being left up at night, I hope you are one that checks each night before retiring to ensure the door is down and secure. Last year, a major contributor to cars and other thefts were due to open garage doors and unlocked cars. Our night police have and continue to routinely check garage doors and with our reminders (by letter) your actions in closing the doors have been effective in reducing these thefts. In a recent email, we included information on an app that allows the status of your garage door to be monitored from your smartphone. It also allows you to set up a time at which the door can automatically close. Thanks to Alderperson Julie Blanner for explaining this option. If you missed this email, you can call city hall, and we will provide you with a link. This reminds me of a favorite expression at our home "Keep on keeping on."

Remember, when walking – the left side of the road, facing traffic – Fido will be happier, too.

Clarkson Valley Recycling ResultsApril Recycling Tonnage: 24.55 tons





Do You Own or Run a Business? DO YOU WANT TO MEET LOCAL BUSINESS OWNERS?

Come to Our Next West County N2 In-Person B2B Networking Event!

The next event will be Friday, June 18th | 9-10:00 am In-Person at the Brand Asset Management Group Conference Room, 16090 Swingley Ridge Rd. 1st



Floor, Chesterfield. RSVP to Bill.Tuttle@n2pub.com.

Who is invited?

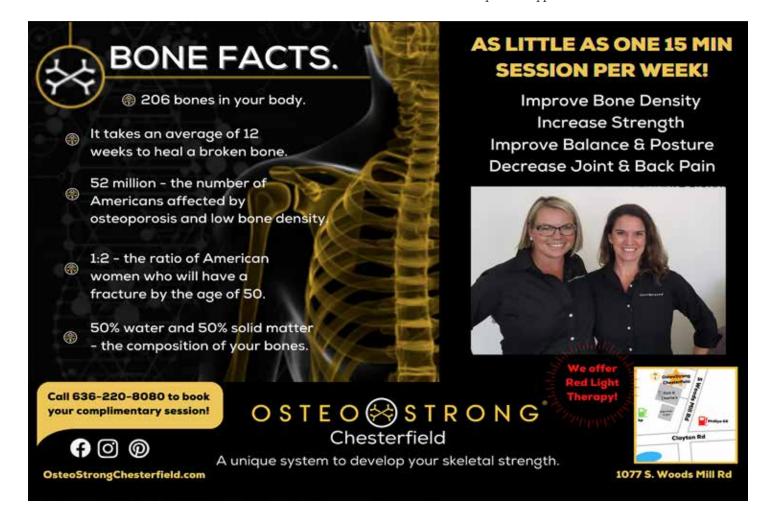
All our St. Louis N2 publications' residents, resident business owners, and preferred community partners from Clarkson Valley, Wild Horse Creek, and The Legends. We will "go around the room" to get to know each other a little better, build relationships, and support the local community! You don't have to be a business owner to come meet local businesses!

The following from our Clarkson Valley Living community attended the April 16 meeting:

Matt Wooldridge and Alex Key, Landscape Lighting Guys, 314-651-8052, matt@llguys.com, llguys.com
Kelley Bauer, Offbeat Yoga, 314-707-2762, kelley@offbeat-yoga.com, offbeat-yoga.com
Nathan Habhab, H2O Power Washing, 636-448-8680, nathanhabhab@gmail.com, h2opowerwashingstl.com

Event sponsor **Ben Kenkel from Edward Jones** raffled off a \$50 Viviano's gift card! Congrats to our winner, Kelley Bauer at Offbeat Yoga!

Contact Ben at **benjamin.kenkel@edwardjones.com** or **(314) 469-7979** to request an appointment.



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Meet Our Newest Clarkson Valley Living Preferred Partners!

Please take a minute to familiarize yourself with these local businesses now sponsoring *Clarkson Valley Living*. Not only do they make this newsletter free for all our residents, but each business is interviewed and evaluated before allowing them to come on board as a partner. Please support these businesses and thank them for supporting *Clarkson Valley Living*!



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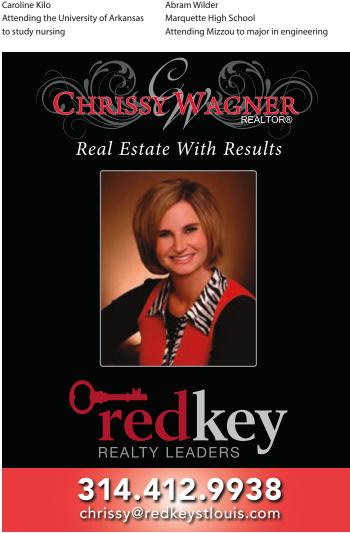
Here's a look at some of our spring graduates. All of us here at Clarkson Valley Living wish them all the best and future success! Special thanks to all the parents, students, friends, and neighbors for sending these great photos. Without you, we wouldn't have awesome images and stories to share each month. Remember, this is your magazine, so keep your ideas, pictures, and articles coming! Email Bill. Tuttle@n2pub.com with your suggestions.



to study nursing



Abram Wilder Marguette High School





Cole Verhulst Forest Hills Chaminade College Preparatory Committed to continue his academic and golf career at DePauw University



Chance Woley Kehrs Mill Estates East Marquette High School Young Men's Service League Philanthropic Award of Excellence & All-State Academic Football Attending Auburn University in the fall



Caroline Kirby Kehrs Mill Estates Marguette High School Attending the University of Missouri to study computer science



Asia Dale Kehrs Mills Trails Attending Waterloo University in Canada to pursue an arts and business degree with a



Blake Mazzola Marquette High School Attending Drury University to play golf and study at Drury University Breech School of Business in Springfield, MO



Abby Kaber Marquette High School Going to Southern Illinois University Edwardsville to study critical justice; made the SIUE cheer team





Will Erpelding Marquette High School Heading to the business school at Mizzou in the fall



Adalyn Blanner Forest Hills Graduating fifth grade at Ellisville

Max Ferry

Columbia

(graphic arts)

Jake Embleton

Juliet MacMurray

Marquette High School

Attending Kansas University to study

architecture and interior design

Marquette High School

Attending Purdue University

Kingspointe

University of Missouri at

BA degree in digital storytelling



Sarah Bell

Kehrs Mill Trails

Marquette High School

Forest Hills Visitation Academy Middle School graduate in the fall

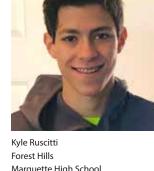
Julia Powell



Attending the University of Missouri at

Columbia to pursue a nursing degree

Attending St. Joseph's Academy



Nathanael Kercher

neuroscience

Attending SLU to major in

Marquette High School Honor Roll Attending Missouri S&T to study mechanical engineering



Forest Hills University of Kansas to major in speech and language pathology Will attend Mizzou



Kayla Fisk Forest Hills Marquette High School Attending Mizzou in the fall



Danny DeHart Marquette High School



Collin Fisk Forest Hills Marquette High School Attending Mizzou in the fall



Dunhill Farm Marquette High School Summa Cum Laude, George Washington Carver Award, National Merit Scholars Commended Attending Centre College in Danville, KY to study physics, environmental studies, and Spanish Kate will also Compete on the Centre Swim Team



Colton Ruscitti Forest Hills Marguette High School Winners' Circle Award After graduation: Special School District VSP Program



Marquette High School Varsity football letterman and four-year scholar-athlete Attending Mizzou's business school in the fall



lvy Williams Kehrs Mill Trails Marguette High School Graduating Summa Cum Laude, Glory of Missouri Virtue Award Attending Creighton University Majoring in biochemistry and health administration and policy

student life

Katie Kenney University of Kansas

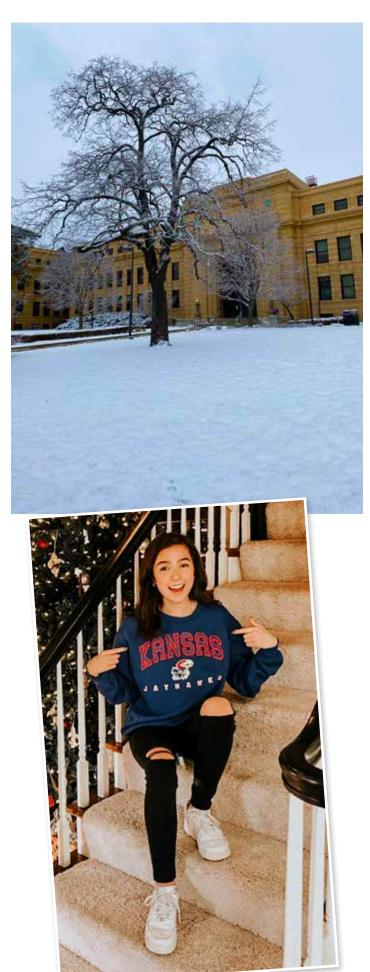
Article and photos by **Katie Kenney**, resident of Kehrs Mill Estates West Sponsored each month by **Absolute College Consulting**

My name is Katie Kenney, and I am a graduate of Marquette High School Class of 2020. The process of choosing a college to attend is exciting; however, it can be super stressful and nerve-wracking, too. Going off to college may seem scary, but truly it is a fun and amazing time. Even in the midst of a pandemic, I have still been able to grow as a person as well as meet many new and amazing friends.

Typical factors that go into choosing a college are usually location, price, major, and programs the school provides, size, family ties, and obviously if the school feels right. In my college selection journey, the main factors that ultimately led me to select the University of Kansas were the strong special education program they offered, the location, and the feeling I got when I stepped onto campus.

Another aspect of the college selection process that can be tricky is choosing a major. I have always seemed to be drawn









to teaching. So, I just had to make the decision between special education and music education. After spending some time being a teaching assistant at Marquette in a special education theater class, I ultimately decided that special education was indeed the career path for me. The major at KU that I decided was the best fit for me is unified early childhood education.

For high school students currently going through their college selection process as well as deciding on a major to choose, my best advice is to choose what feels right. At the same time, remember that none of your choices are permanent. You do not have to be 100% set on your major on the first day of class. You can always explore other options and/or make a change. However, no matter what major you decide on, to have a successful college education, you must attend your classes. In addition, do not be afraid to reach out to teaching assistants or professors for help; they want to see you succeed. A helpful tip I would like to share is making a study schedule for each week so that you know exactly what you need to do every day. Doing this has helped me ensure I have plenty of time for my studies, myself, and social time.

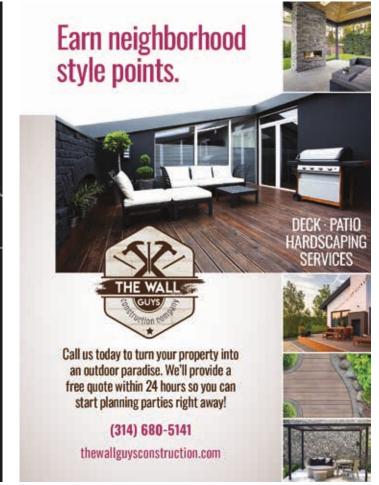
The college selection process may be stressful, but I promise that it is worth all the effort and time that you put into it.



Calling all high school and college students! Do you have a story to tell about your high school experience, college selection, or experience? We'd love to hear about it! Email Bill.Tuttle@n2pub.com.







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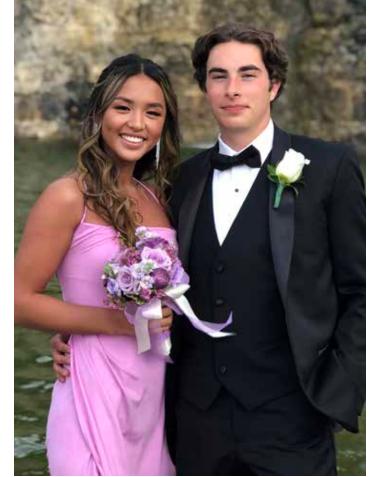
Colton Ruscitti (second from left) and Friends Marquette High School



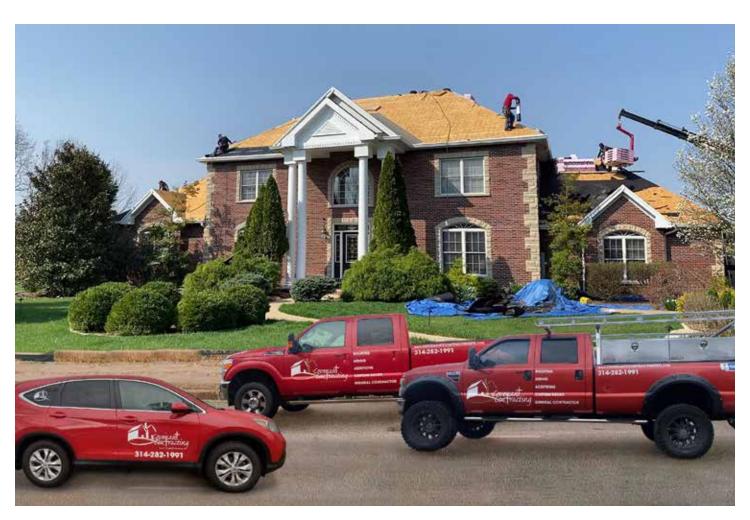
Sydney Usselman and Danny DeHart Marquette High School



Caroline Kirby Marquette High School



Haley Miller and Jake Embleton Marquette High School



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18 Clarkson Valley Living • June 2021 June 2021 • Clarkson Valley Living 19 amazing athletes

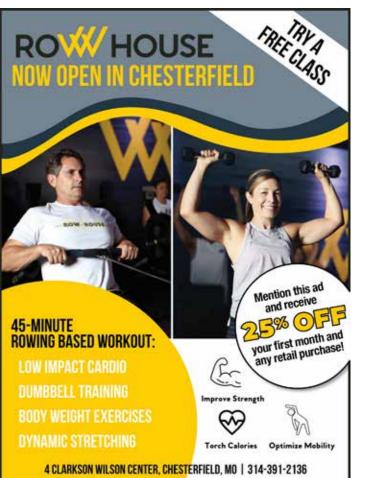
Blake Mazzola

2021 SUBURBAN YELLOW CONFERENCE PLAYER OF THE YEAR!

Article written by **Lori Ruscitti**, resident of Forest Hills

Sponsored each month by **Row House Chesterfield** Blake Mazzola, a Forest Hills resident and senior at Marquette High School, is an avid golf fan. He has been playing golf since before he could remember. His dad introduced him to the sport at a young age, and he has never looked back. Over the years, he has had many great instructors that have helped him improve his game.

Blake enjoys spending his summers playing on the Forest Hills Golf Course with his brother Dominic and his friends. He says there are a lot of talented golfers that play there, and he has made many great friends out on the course.





Blake has been very proud to have had the opportunity to play varsity golf at Marquette this year with his brother. Recently, Blake was awarded the 2021 Suburban Yellow Conference Player of the Year.

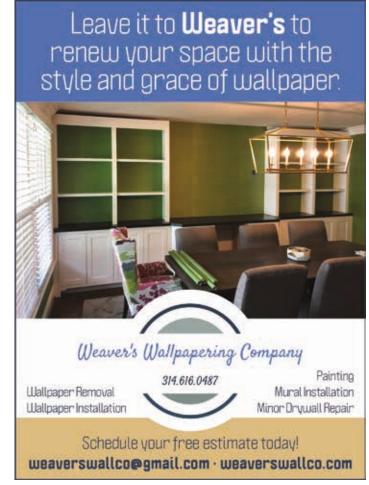
When asked what advice he would offer to another kid, he says to not be afraid to play a game with someone older than you. Golf is a challenging game, and you can learn something new every day. It is a game that you always continue to work on and can play all your life.

This upcoming fall, Blake plans to play golf and study at the Breech School of Business at Drury University in Springfield, Missouri.



Calling athletes of all ages! Do you have a sport you are passionate about? We want to hear your story! Email Bill.Tuttle@n2pub.com.









Sponsored each month by The Janice Freeman Team

Colonel Bill Hammerschmidt, USA (Ret.), and his lovely wife LTC Gina Hammerschmidt, USA (Ret.), have lived in Clarkson Valley for 31 years! Bill has a most interesting extensive collection of beer steins. It was the Colonel's assignment in the military reserve that allowed him the opportunity to travel to European countries. Along the way, Bill discovered beer steins and became fascinated with their artistry and colors. Even though he's not a big beer drinker, Bill was compelled to bring a few steins home each trip. "The steins bring back many wonderful memories of my trips to Germany, and each has a unique story." From East Berlin when the wall was still up to a German pub in Munich, Bill remembers where and when he obtained each one!

Inspired by the Bevo Mill's display, the Colonel's collection fills a special area of the Hammerschmidt home in Dunhill Farm. Focused mainly on German and Anheuser-Busch steins, the collection continues to grow and Bill has an up-to-date stein log to help keep track of them all! His most prized is his recently acquired oversized Samuel Adams Oktoberfest stein pictured here. Looks like it holds a lot of beer!

We hope you enjoy taking a look at the Colonel's stein collection in our Clarkson Valley Living pages. We certainly appreciate the craftsmanship, artistry, and most compelling—the history. Thanks for sharing Bill!



Want to have your home highlighted in a future newsletter? Have you recently remodeled? Have a unique room to show us? Email Bill.Tuttle@n2pub.com.

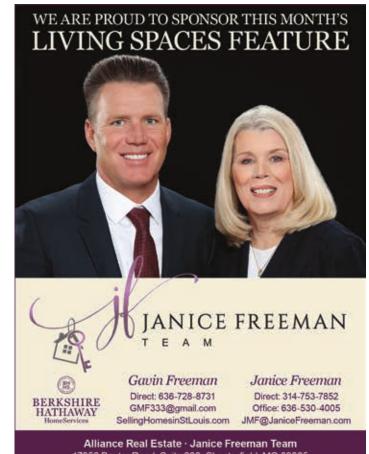


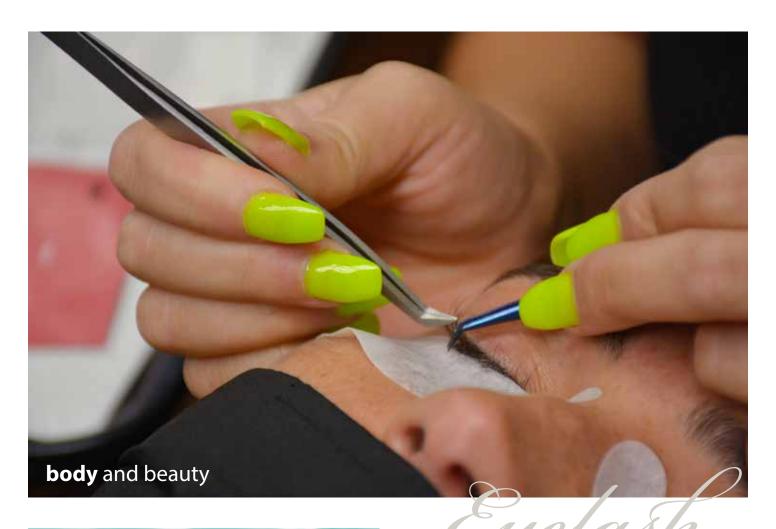


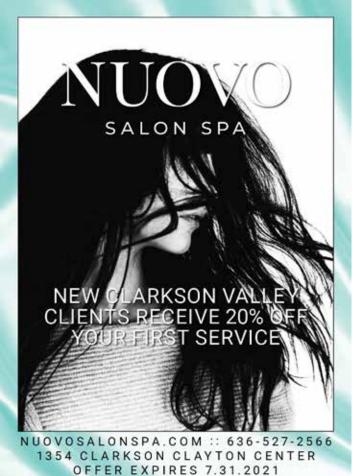












EXTENSIONS



Article and photos by **Anna Bohlmann**, resident of Westhampton

Sponsored each month by **Nuovo Salon Spa** I told myself I'd never get eyelash extensions. But after my sister got them, I caved. I'll admit, I was afraid they'd look too fake or feel too uncomfortable, so I asked for the most natural extensions possible. And I couldn't be happier.

The process took about an hour and a half with Nuovo Salon Spa's eyelash pro, Erin. She individually attached each faux lash to the base of each of my eyelashes. Being someone that deals with itchy eyes during allergy season, I was concerned that having someone work so closely with my eyes would irritate them further – to my surprise, they were totally fine.

Lash extensions are becoming more and more popular, especially during the summer months. It's never fun putting on makeup only to sweat it off later – and trust me, we've all been there. With lash extensions, you won't need to put makeup on to feel glamorous.

It's been about two weeks since my appointment, and I have yet to curl my eyelashes, put mascara



Before



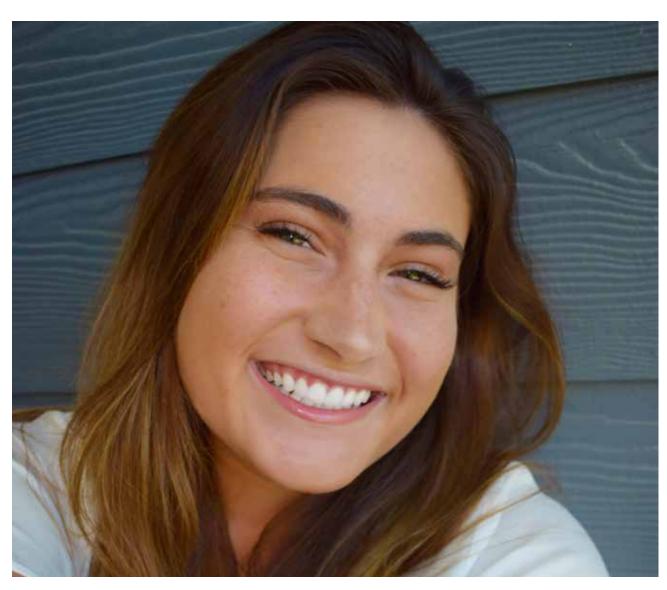
After

on, or even put eyeshadow on before dressing up and going out. The lashes speak for themselves – not to mention they cut my "getting ready" time in half. They're natural enough to give you some extra confidence when running errands or working out but dramatic enough to wear for a night on the town.

Nuovo Salon Spa offers multiple options, depending on how natural or dramatic you want them to look – including the classic set, volume set, or mega volume set – with costs ranging from \$109 to \$149. If you're unsure about the differences between them or don't quite know what you want, talk it through with Erin. She'll gladly help you find exactly what you're looking for!

The extensions last up to three weeks, and Nuovo also offers fills, starting at only \$55, for those that are wanting to keep up with their lashes. You can get a fill two or three weeks after your initial appointment. I'll be honest, I'm not sure I'll ever go back to my natural lashes.

Invest in some self-love this summer and take your confidence to a whole new level with lash extensions. *Call Nuovo Salon Spatoday at (636) 527-2566 to learn more!*



health and wellness

Body IMAGE



Article written by **Amy Bratton**, resident of Clarkson Mill Sponsored each month by **ApexNetworks Physical Therapy**

This month, we are going to talk about body image! We all have that little voice in our heads talking to us as we look in the mirror. The one that says, "Wow, you look great!" or the one that says, "You're not looking very good..." How do we work on keeping the positive voices and drowning out the negative? It can be done!

In late 2020, my body image was horrible. I would look in the mirror and be absolutely sick over the person I saw staring back at me. It was so bad that a lot of times I didn't even want to look. A full-length mirror, absolutely not! I had put on weight and just





didn't like who I had become. It wasn't just the weight; the reason I was eating more really was depression and boredom.

I started working out and eating better, and slowly my body image changed. The weight was coming off, but even before I could see the results, I felt the results. Looking in the mirror, I was proud! Sometimes it's just the effort of doing something to better yourself that can change that self-image and body image.

Let's be real, it isn't just weight that can make us have false body image issues. Aging can be a challenge, as well. We look and see the wrinkles and age spots on our faces, the skin that used to be tight is losing its elasticity, the skin on our hands getting thinner and more see-through. Here's the thing: all of these things mean we have lived life! It means you have been on a journey, enjoyed the ride, maybe given birth to a child, spent time as a caregiver to someone you love, etc. Aging can be beautiful, and let's face it, it's better than the alternative!

Go ahead and take a look in the mirror. What do you see? Find three positive things to focus on. Fall in love with yourself! Put those positive affirmations on your mirror. Write them on post-it notes or in dry eraser markers or in a bright red lipstick if you have that handy! Tell yourself you're beautiful, handsome, smart, amazing, loved, and admired! Hold that chin up! Embrace those fine lines/wrinkles, gray hair, loose skin, etc...learn to love you! You will find that a positive attitude can go a long way, and yes, improve your body image!







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□1 to 2 □3 to 4

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Jennifer and Joyce Liu

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Quaranteen PEN PALS

making a difference

Article written and photos submitted by **Lori Ruscitti**, resident of Forest Hills

Sponsored each month by Pathfinder Church

We are Joyce and Jennifer Liu, cofounders of QuaranTeen Pals and students at Marquette High School. In summer 2020 we wanted to connect teens around the country with isolated older generations during the COVID-19 pandemic. Since then, we have expanded to over 400 members from 37 different states, Canada, Indonesia, Spain,

South Africa, Jamaica, and England. We also have expanded our programs to include teen-to-teen pen pal letters and letters to children's hospitals. QuaranTeen Pals has been recognized both nationally and locally for its efforts to connect teens with senior citizens during these turbulent pandemic times by the U.S. Lacrosse Organization, *St. Louis Post Dispatch*, and The Big 550 KTRS radio show.

In the first few weeks of getting the organization up and running, we dedicated over 25 hours weekly to creating our website (https://quaranteenpal.wixsite.com/website), creating social media accounts, and contacting senior homes. Currently, we spend 10 hours per week managing the organization, responding to emails from our members, and overseeing our leadership team.

When we were younger, we volunteered at a local nursing home, playing the piano for the residents. When the pandemic started, we realized that visitor access to senior homes was severely restricted and isolation rates were dangerously high. We wanted to do something to help the elderly in our community and decided writing letters would be the perfect way to connect teens with seniors. Not to mention, writing letters is a nostalgic, disappearing mode of communication these days.





We have been able to connect people from all around the world, from all different walks of life. It has been amazing to hear about our impact within our partnered senior homes and how much the senior citizens and teens genuinely enjoy reading letters from their pen pals. Many of the teens mention having insightful conversations with their pen pals and being able to connect with people they would never have met.

Any teens or adults interested in writing to a senior citizen pen pal or writing to children in the children's hospitals can go to our website, https://quaranteenpal.wixsite.com/website, and fill out an application to join our organization! After being accepted, you can sign up for different programs such as our teen-to-senior pen pal program, teen-to-teen pen pal program, or the children's hospital program! Any senior homes that are interested in participating can also contact us through email at quaranteenpal@gmail.com. Our social media sites are Instagram @quaranteenpals and TikTok: @quaranteenpal.



Know someone who is "making a difference" in our community? We'd love to hear about them! Nominate them by emailing Bill.Tuttle@n2pub.com



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Success! Mo Wildlife Rescue Donation Drive

shout out



Thank you, Clarkson Valley Living community, for making our MO Wildlife Rescue Donation Drive a huge success! Special thanks to Clarkson Wilson Veterinary Clinic for hosting the drop-off location and resident Lori Ruscitti for her idea and commitment to seeing it through!







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around the club

Photos submitted by **Ryan Schaben**, Director of Membership at Forest Hills Country Club Sponsored this month by **Hackett Home Remodeling**

DERBY DAY!

at Forest Hills Country Club

Membership at Forest Hills Country Club is by invitation only.



John and Tara We



Jeramey and Carolyn Stewart



Best Hat Winner Betty Ralls



Fried Green Tomatoes



Nathan and Angela Mall



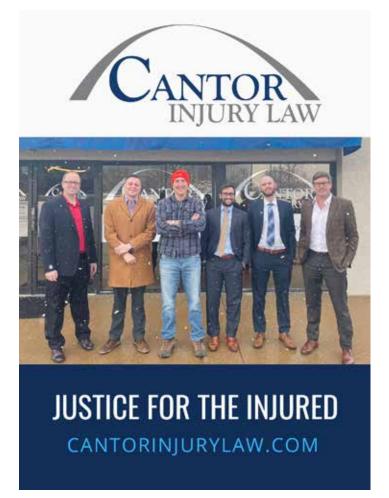
Scott and Sarah Schaefer



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The Niezing Family



Article written by Lori Ruscitti resident of Forest Hills

Sponsored each month by **Cantor**

Hello, my name is Jan Niezing. My wife, Ursula, and I were both born and raised in The Netherlands. My family owned a clothing store that my brother eventually took over. As a teenager, I attended trade school, and then joined the Dutch Army as a military police officer. I began repairing cars at a dealership near my hometown. In 1963, I decided to pursue my dream and moved to America. Seven months later, my girlfriend Ursula jumped on a ship to join me in America and became my wife and business partner. We built a home in Kehrs Mill Trails in 1978 and enjoyed living there for 18 years before moving to Kehrs Mill Estates in 1996.

We have three children, all of whom have grown up working in our shop and are proud to continue the family business. Our son Jan Jr. is our body shop manager, daughter Michelle is our office manager, and our youngest son Chad is our service manager. We have trained them well, and we love knowing our business will be in their good hands!

As our kids now handle most aspects of the business, we have spent our "wiser" years enjoying more golf, karaoke, dinners with friends and family, casual bike rides, and traveling to a beach. Our family-owned and -operated business, World Wide Car Service Inc., is a full-service, AAA-recommended,



Owners Jan and Ursula Niezing

ASE-certified automotive business. We perform safety and emission inspections, routine maintenance, automotive repairs, and collision repair to both import and domestic vehicles.

We are out to prove that honest, fair, highly-skilled mechanics really do exist, and we also pride ourselves on providing top-notch collision repair with our I-CAR "Gold Class" collision repair technicians and state-of-the-art paint matching system. When a vehicle is brought to our shop, honesty and integrity are at the forefront of our business. If your vehicle needs a repair that is not urgent (as a safety issue would be), we'll let you know if the repair can wait, so you can decide when to have it fixed and even call other places for comparisons. Our prices are fair and incredibly competitive with other shops, but we do our best to match or beat prices if you find a better deal. Unlike many businesses, we don't just present new customers with special offers. We like to reward our loyal customers with discounts and special offers too. We try to think of our customers like family; if we would not perform a repair on our own vehicle or recommend an alternative to a family member, that is the same advice we want to pass along to them.

We would like to challenge our fellow residents of Clarkson Valley to seek out ways of helping our own community prosper: make the effort to form friendships and possible partnerships with other business owners, contribute to local charitable organizations, sponsor kids' sports teams or partner with our schools to help our future generations, and patronize other small businesses owned by our neighbors. Small business owners are



locally minded since we live, work, and play in this area. Most small businesses are dependent on the local economy, particularly hands-on industries that cannot be run from alternate locations or conduct business online. When communities patronize small businesses, those small businesses can give back to the community. Without the loyal patronage of our St. Louis area residents, our own American dream could never have come true. Let's help others realize their dreams, too. It's a pretty amazing feeling, and we'd like others to experience it, too.

World Wide Car Service Inc.

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Are you a Clarkson Valley resident who owns your own business? We'd love to feature your business in our complimentary "Resident Business Beat" section. Please contact Bill.Tuttle@N2Pub.com



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Resident Business Guide

Attention Clarkson Valley Residents! Do you own or run a business? To have your business featured in the Resident Business Guide in an upcoming issue of Clarkson Valley Living, please email Bill.Tuttle@n2pub.com. Open to resident of Clarkson Valley only.

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