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> Because, "I WISH I would have known" doesn't have to be your STORY. - Dr. Ryan Hewkin D.C.

Meet your Clarkson Valley Living Team! We'd like to thank all of our writers for their valuable contributions to the magazine.





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#### We'd love to hear from you!

might be interested, please email Bill.Tuttle@n2pub.com. Our goal is to build community in the neighborhood by helping everyone get to know each other a little better and make Clarkson Valley Living the best it can be! Please let us know how we are doing. Do you have any article ideas? How about ideas on neigh-New to the Neighborhood? borhood events? This is your publication! Are you and your family new to the neighborhood? If so, welcome!

#### Want to Write for Clarkson Valley Living?

We are always looking for community members who would like to take an active role in writing stories for *Clarkson Valley Living*. We currently have openings for resident article contributors and junior writers-kids who want to get involved, gain valuable experience,

Dr. Ryan Hewkin and Family



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#### How's the New Year going? ANY SIGNS OF NORMALCY?

I'm not sure about answering those questions yet. However, there are obvious signs - football, cold weather, and the annual New Year's Resolutions. We have talked about them in this space over the years. Perhaps they are a bit of normalcy, regardless of whether you take them seriously or not. Because when you think about getting back to normal-does the old expression "the good old days" or "like it used to be" come about?

This last year plus has been stressful for all of us. Each of us looks for better and happier times. Hearing good news is often hard to find. But there is some and we must continue to search, find it, and pass it on. Don't forget—one of life's constants is: Change. Yes, we can always depend on change.

Now, I will make no attempt to lead a discussion on what or how change affects a person emotionally or psychologically. Yes, with some changes comes stress as we have been experiencing. How do you handle stressful situations? Because it was a national (world) wide problem? No, we had to decide based on a range (not always clear) of options what action to take for our family. These decisions are made with the clear belief that things will improve, get better, even though we are not always sure what it will be or look like in the future.

Make getting

outside your

**New Year's** 

resolution.

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it's itch-free.)

People, all of us, need hope (call it what you will) believing we survive for the better, thus a feeling that the changes will turn out OK and betterment for us. So, it does seem more important than ever that we approach this New Year with a more positive attitude toward 'new' normalcy.

Talking about the future, your city starts on a solid financial base. I'm sure you have heard/read about the American Rescue Plan Act. This is the authorization by congress to distribute funds to counties and cities and businesses for financial aid due to the COVID-19 virus. Of the \$1.9 trillion, \$19.53 billion is for municipalities with populations of less than 50,000. There will be continuing interpretations of the criteria to disperse the funds. Here is the general information as it applies to Clarkson Valley:

- 1. Respond to the public health emergency with respect to COVID-19 or its negative economic impacts.
- 2. For the provision of government services to the extent of the reduction in revenue (i.e., online, property, or income tax) due to the public health emergency.
- 3. Make necessary investments in water, sewer, or broadband infrastructure, or

#### **Other key provisions:**

- 1. Cities are not allowed to use the funds to either directly or indirectly offset a reduction in the net tax revenue that results from a change in law, regulation, or administrative interpretation during the covered period that reduces any tax.
- 2. No funds shall be deposited into any pension fund.

#### **Reporting Requirement:**

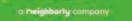
- 1. Local governments would be required to provide "periodic reports" providing a detailed accounting of the use of funds.
- 2. If a municipality does not comply with any provision of this bill, they will be required to repay the U.S. Treasury an equal amount to the funds used in the violation.

There are more detailed stipulations in need of review before final decisions can be made. Cities have till 2024 to spend or return the money. We will keep you advised. If you would like further information, please contact the Mayor's office at (636) 394-8916.

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Thanks, Clarkson Valley.

I love being here to help in a community where people are making a difference every day. Thank you for all you do.



State Farm, Bloomington, IL



Please take a minute to familiarize yourself with these local businesses now sponsoring Clarkson Valley Living. Not only do they make this newsletter free for all our residents, but each business is interviewed and evaluated before allowing them to come on board as a partner. Please support these businesses and thank them for supporting Clarkson Valley Living!

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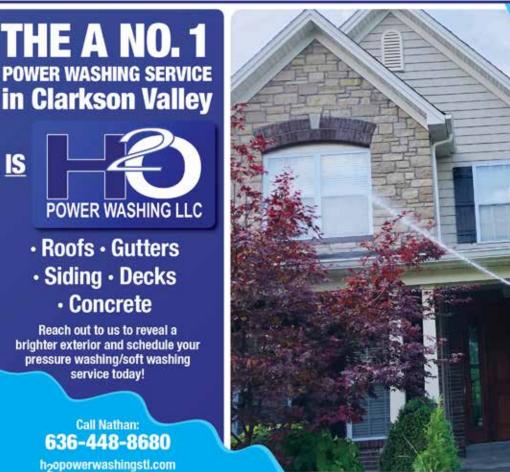
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PHOTOGRAPHY

#### family spotlight

Photos courtesy of **Higher Focus Photography**, **Smiles by Kristin Photography** and our resident families. Sponsored each month by **Chrissy Wagner Red Key Realtors** 

## Presenting the *Clarkson Valley Living* Families of 2021!

*Clarkson Valley Living* is all about getting to know each other a little better! Thank you to all our 2021 families for our memorable covers. We love telling your stories!

We appreciate **Jill Gray at Higher Focus Photography** and Clarkson Valley resident **Kristin Miller at Smiles by Kristin** for taking the beautiful images that graced our covers and other articles—making our publication look so good!

Special thanks to **Chrissy Wagner Red Key Realty Leaders,** our preferred community business partner who sponsors the "Family Spotlight" each month!



Get to know your neighbors better by having your family's story told in the next available issue and receive a free mini photoshoot from Jill Gray at Higher Focus Photography or nominate a family and we'll contact them! Email B**ill.Tuttle@n2pub.com.** 



The Lello Family



The Bolaños Family



Our Mayor Scott Douglass and his lovely wife, June.





The King Family



The Bratton Family



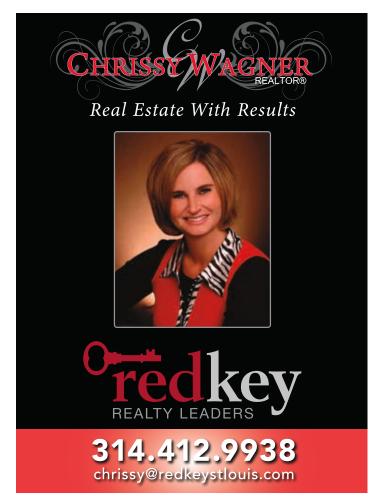
The Interians



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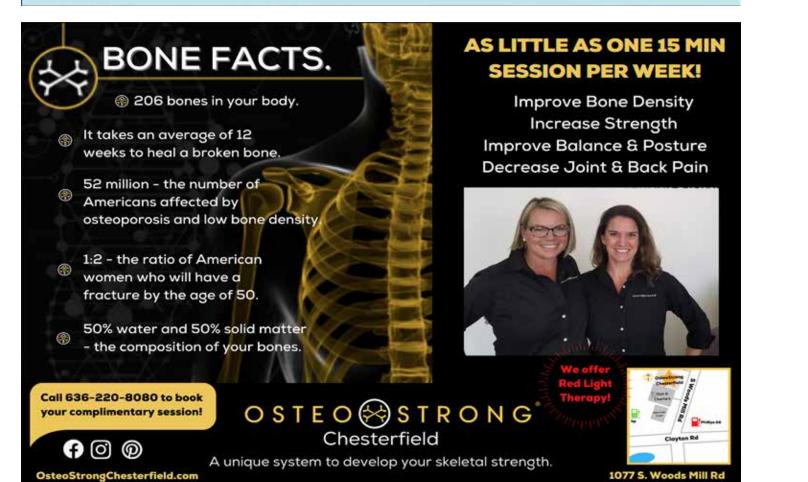
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A native St. Louisan, Chrissy Wagner is extremely proud of our community and what it has to offer. She is also very familiar with our neighborhoods, school districts, churches, organizations and available recreational activities.

As a wife and mother of two, Chrissy truly recognizes the importance of making the right decisions for your family. Selling or buying a home is a significant step in



The Wagners—Katie, Todd, Chrissy & Ally & their dog Chloe

anyone's life. As a real estate agent, Chrissy wants her clients to know that she will provide the same high level of service to you that she would expect to receive herself.



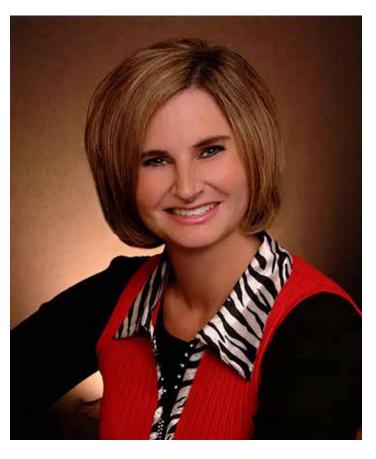
Chrissy's philosophy is simple: clients come first. She is in constant communication with her clients, keeping them fully informed throughout the entire buying or selling process. One of her main goals is to simplify your real estate experience making it as stress-free and as seamless as possible. Superior service is Chrissy's top priority and she wants to thank her clients for nominating her for the St. Louis Magazine's "Best in Client Satisfaction" Five Star

Real Estate Professional Award for the 13th year in a row!

Chrissy understands that a home is not a home because of its room dimensions or the color of the walls. It is about how you feel when you walk through the front door. And the way you can instantly envision your life unfolding there. Chrissy says, "It is about more than just real estate. It is about your life and your dreams."

Chrissy believes this transitional time should be exciting, rewarding and fun for you and your family. She creates a positive experience by giving her clients lots of TLC! Chrissy's commitments to her clients are:





Time - I will give you my time. "I have the enthusiasm and time to dedicate myself to meeting and hopefully surpassing your expectations."

Loyalty - I will listen to your specific needs and work tirelessly on your behalf. "Connecting Buyers with the right homes and Sellers with the right Buyers is my specialty."

**Care** - I care and base my level of success on your degree of satisfaction. "I am committed to adding a personal touch to your real estate experience."

With over 18 years of experience in client and account management, Chrissy possesses the commitment to exceptional customer service and the strong interpersonal skills that are essential to success in the real estate industry. If you have a real estate question of any kind, please feel free to contact her. She would consider it a privilege to work with you.

#### **Chrissy Wagner Red Key Realty Leaders**

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#### living spaces

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## of Clarkson Valley!

Take a look at some of the homes, remodels, and a unique room of steins we featured in 2021.

Special thanks to The Janice Freeman Team, our preferred resident community business partner who sponsors the "Living Spaces" feature every month!



Want to have your home highlighted in a future newsletter? Have you recently remodeled? Have a unique room to show us? Email Bill.Tuttle@n2pub.com.



The Lavin's outdoor seating area.



The Bezjak's outdoor view of the Forest Hills Championship golf course.



The Bolaños' kitchen center island.





Lakeside entertaining.

The Cardinales at 13 Greenbank Drive.



View of the Lavin's pool and double decker deck.



The Bezjaks at 141 Chippenham Lane.



The Lavin's Outdoor entertaining space.

13 Greenbank Drive foyer.



The Bezjak's luxurious bath.





Colonel Bill Hammerschmidt's stein collection in Dunhill Farm.

The Bolaños' and their kitchen remodel.





The Bolaños' kitchen hutch.



More from the Colonel's collection.



(23)

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**body** and beauty By Westhampton resident **Anna Bohlmann** Sponsored each month by **Nuovo Salon Spa** 

## eyelash extensions, HIGHLIGHTS LOWLIGHTS

As I'm preparing to leave this week for a wedding in St. Lucia, I figured now is the best time for some sprucing. Before I was asked to even write an article this month, I already had two appointments booked at Nuovo Salon and Spa – hair and lashes.

I came in with a picture of what I wanted my hair to *somewhat* look like, but I told Monica I trust her to take the reins and do what she seemed fit. She foiled in some highlights and lowlights to add depth to my hair, starting at the root because my hair had grown out since the last time I got it done (as you can see in the picture).

The environment was very laid back. Monica had two associates, Alyssa and Grace, who are currently in cosmetology school, that were shadowing her, so a lot of the time I just got to sit back and listen to them plan out my hair or talk about their time in school.

I think the best part of my experience at Nuovo is that I can always trust they know what they're doing. There have been times where I've come in with no idea of how I wanted my hair to turn out, but I've never left disappointed with the results. And this time was no different!

With my vacation coming up, I wanted to make sure I was able to feel confident and comfortable without wearing any makeup – and that's where the lashes come in.

When I first started getting eyelash extensions, my biggest fear was that they'd damage my real lashes and cause them to fall out, but I can confidently say that is not the case. I've been getting extensions for a couple of months now, and they have in no way damaged my real lashes. The downside of getting eyelash extensions? You'll never want to stop... Anytime I come home from college for the weekend, you can pretty much count on me getting my lashes filled.

There was a period of time last month where I didn't go home for a while, so I couldn't get a fill. So, when I'd go out at night, I glued on one-time, temporary fake lashes – something I haven't done since my competitive dance days back in high school. I couldn't



Eyelash extensions.

believe how uncomfortable they were and how concerned I was the whole night with them falling off.

When Erin does my lashes, I *never* notice them. They feel completely natural, and I never have to worry about them looking wonky. There have been a couple of times I've considered getting my lashes done somewhere in my college town, but I genuinely don't trust anyone else to do them. Since I've been getting them done for a while now, Erin knows exactly how I like them, and it's nice knowing I don't have to worry about them looking too fake or falling out too quickly.

I feel like a new woman every time I walk out of Nuovo Salon and Spa, and I couldn't be more excited to show off my new hair and lashes in St. Lucia!

Call Nuovo Salon Spa to book your appointment today at (636) 527-2566!



The results!



Foiling in highlights and lowlights



The before.



The After!





#### health and wellness

y Kehrs Mill Estates r<u>esident **Dr. Ricardo Bolaños, MD**</u> A board-certified Obstetrician and Gynecologist. Sponsored each month by **ApexNetworks Physical Therapy** 

## A RESIDENT DOCTOR'S **PERSPECTIVE ON** THE PANDEMIC

Past, Present & Future

# RELIEVE

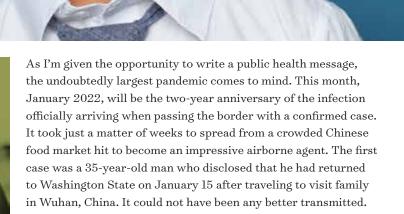
## PAIN

Schedule a free injury screen today! Conveniently located East on Clarkson Rd. at 13732 Olive Blvd. West of HWY 141



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Two years later, where are we? In my opinion, we are not in a bad position. First, you and most readers are in the United States. Your survival rate is great compared to many other countries. Unlike other pandemics (Spanish flu), we were able to create a very effective vaccine (>90%) in less than one year. We have almost limitless clinics and pharmacies that are providing the FREE vaccine. Vaccine acceptance rates are on the incline. You are more likely to survive if you have been vaccinated. The vaccine is not a cure of or prevention to the infection, but it is scientifically proven to decrease the intensity and duration of symptoms.

Fast forward to almost two years, the global cases are near 250 million, and it's eye-opening to know that 20% of cases are in the United States. That's a problem and the result of many uniquely United States characteristics.

A fascinating fact is that we are now converting our scientific knowledge and evidence-based clinical research into a few



"Without a doubt, the kitchen is our favorite room in the house. The renovation turned out even more beautiful than we imogined—it's the room we use the most and we absolutely love it!"

- Ximena Bolaños, Kehrs Mill Estates resident





pills for the treatment of COVID. Americans never knew pharmaceutical company names before, but here we are now comparing who got what vaccine... Pfizer, Moderna, J&J. Next step is, what pill do you have at home to take when you get COVID sick? Can you say "Molnupiravir?"

Regardless of where you stand on vaccines or belief in the virus, one thing will remain true - young and healthy individuals survive, and you can only change one of these factors. If you have not already done so, adopt a few cleaner, healthier eating and living habits. This means being more productive and active in the 24 hours you're given each day. I close this health-care minute in hopes those will keep focused on their New Year's resolution because only the fittest endure to tell the story.

Call the Family Care Health Center at (314) 531-5444 or visit www. familycarehealthcenters.org for more information.



#### amazing athletes

Sponsored each month by Row House Chesterfield

## CHECK OUT YOUR 2021 **AMAZING ATHLETES!**

Our Clarkson Valley neighborhood athletes continued to amaze us with their skills, mindset, and accomplishments. Lots of hockey players this past year. Presenting our 2021 Amazing Athletes!

Special thanks to **Row House Chesterfield**, our preferred community business partner who sponsors the "Amazing Athletes" each month!



Calling athletes of all ages! Do you have a sport you are passionate about? We want to hear your story! Email Bill.Tuttle@n2pub.com



Lillian Ott Lady Falcon.



Colorado Rockies!



Cayden Hanak



Olivia Klaus

Chloe Hanak





Grace Brzyski Marquette Water Polo and Mercyhurst Cash Hanak University bound!





Blake Mazzola Marquette golfer.



te Girls Missouri Water Polo District Champions



Elliot Franklin celly!





Sabrina Sanchez Marquette cheerleader.

Benjamin Sems drafted by the



Clarkson Valley Lady Falcon Champions - Lillian Ott, Harper Collins, and Emily Shuert.



Andrew Vendt Marquette hockey player.



Josh Cudney Marquette Swim and Water Polo.



Sponsored each month by Absolute College Consulting

## Our Remarkable Students of 2021!



Calling all high school and college students! Do you have a story to tell about your high school experience, college selection, or experience? We'd love to hear about it! Email Bill.Tuttle@n2pub.com.



Abby Grace relaxing with fellow students at Illinois.

## Find the <u>ABSOLUTE</u> Best College Fit for Your Student!



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Lauren Bohlmann (middle) hanging out with friends at Mizzou!





Caroline Cudney (bottom left) with classmates at Purdue!







Anna Bohlmann (right) with friend at Kansas!

Kyle Ruscitti at Missouri S&T.



IEC



The Durst Twins Derek and Austin college bound



Taylor Clark (left) with sorority sis at Rhodes College

#### living generously

Making a difference IN 2021

Thanks to our residents who made a difference by living generously in our community and beyond!



Know someone who is "making a difference" in our community? We'd love to hear about them! Nominate them by emailing Bill.Tuttle@n2pub.com.



Mademoiselle Duchesne resident author Theresa Riley Shaw of Forest Hills.



Marquette students Jennifer and Joyce Liu cofounded Quarantine Pals.



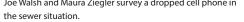
Carol Schwartz poised with tools to help.



Providing the disabled self-dignity and self-worth at More Than Coffee.



Joe Walsh and Maura Ziegler survey a dropped cell phone in





Lili Schliesser - Project Coordinator, Rockwood Drug Free Coalition at a recent community event at Chesterfield Amphitheater.



Essential item drop off in Clarkson Valley for the Missouri Wildlife Rescue Center.



Marquette High School Honor Society members (L to R): Ivy Williams, Addie Scanlon, Jennifer Liu, Sunny Palakollu, Morgan Grzybowski, Nick Bobrusev, Allyson Barth, Chris Hunt, Hoda Elbeshbeshy, Lajja Patel, and Samir Faruq helping during the Honeysuckle Hackathon in Kehrs Mill Trails!



Dunhill Farm resident Mark Cantor of Cantor Injury Law with CantorLand Summer Retreat guest on horseback.



Play Your Art Out Studio at The St. Louis Teachers' Recycle Center.



A young shopper with filled bags at The St. Louis Teachers' Recycle Center.



Forest Hills resident and Mercy Hospital Nurse Practitioner Latasha Cunningham supervises the Vaccination Clinic in Chesterfield.

#### resident business beat

Sponsored each month by Cantor Injury Law

## In 2021 we featured many resident-owned business AND HERE THEY ARE!



Do you know any awesome businesses that would be great partners for your publication? We're always looking for referrals! Please email **Bill.Tuttle@n2pub.com**.



Lucy Pickett of Forest Hills with colleague Annabelle Thorne and their Everyone's Equal Inc. start up.





## JUSTICE FOR THE INJURED CANTORINJURYLAW.COM



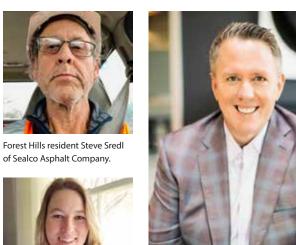
Forest Hills residents Tracy and Lee Allen of All Roofing and Siding.

Forest Hills resident Kristin Miller

of Smiles by Kristin Photography.



Westhampton resident Keith Jacob is a FocalPoint Certified business coach and trainer.



Forest Hills resident Jeff Lottmann of Dielmann Sotheby's International Realty.



Forest Hills resident Ellie Yuska of Gracefully Stitched STL with family!





Kehrs Mill Estates residents Jan and Ursala Niezing and family of World Wide Car Service.



Kehrs Mill Estates residents Elena and Dan King of King Custom Homes.



Forest Hills resident Butch Welsch of Welsch Heating & Cooling with grandkids Dylan, Molly, and Colin.



Dunhill Farm resident Dr. Divya Chauhan of UHeal Direct Primary Care.

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# resident

This is a current list of business owners and professionals from our neighborhood. It is an opportunity to network, qualify, and potentially build a business relationship with other successful individuals who also live here. To be included in the Resident Business Guide, email your name, business name, phone number, and email address to bill.tuttle@n2pub.com.

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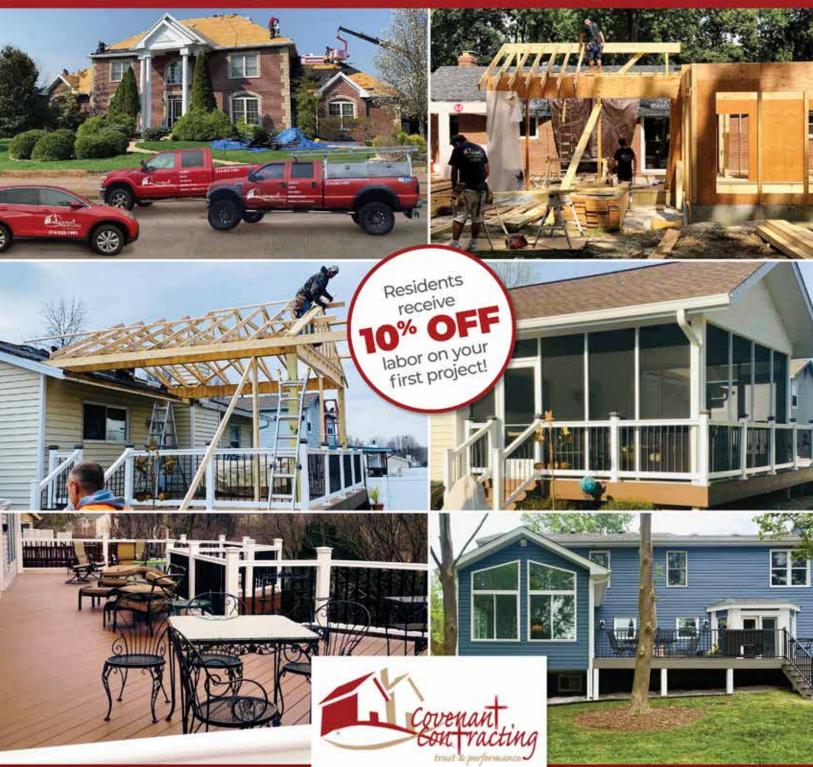
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