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# Stroll Clarkson Valley

# Welcome to Stroll Clarkson Valley!



This publication is also known as Clarkson Valley Living

Dear Clarkson Valley Neighbors,

As you can see from the cover, this magazine has officially become *Stroll Clarkson Valley*. The look and feel of the magazine are updated, but everything else will stay the same. I am still your publisher, and we'll still share exclusive stories of neighborhood residents, pets, students, athletes, local businesses, and more.

I know you value calling Clarkson Valley home – a safe, beautiful community worthy of strolling. This publication has exclusively served homeowners in our neighborhoods since its inception, and that will continue to be the case as *Stroll Clarkson Valley*.

Change is not always easy, but I'm excited to be turning a new page in this magazine (pun intended) and providing you with an even higher-quality monthly newsletter. It's a change I hope our residents and our local business partners alike will grow to appreciate.

Are you excited about the new name and look of your private magazine?

I'd love to know. Better yet, send me a selfie of you with this rebranded issue at Bill.Tuttle@strollmag.com!

I hope you'll join me as we stroll through summer.

Bill Tutfle

(636) 579-0698 Bill.Tuttle@n2co.com







# SOCIAL COMMITTEE

Meet your *Stroll Clarkson Valley* team! We'd like to thank all of our writers for their valuable contributions to the magazine.



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Jill Gray Photographer Higher Focus Photography Jill@higherfocus.net (314) 623-1587



Anna Bohlmann Resident Wariter Resident of Westhampton annaisabella2@gmail.com

### We'd love to hear from you!

Our goal is to build community in the neighborhood by helping everyone get to know each other a little better and make *Stroll Clarkson Valley* the best it can be! Please let us know how we are doing. Do you have any article ideas? How about ideas on neighborhood events? This is your publication!

# Want to write for Stroll Clarkson Valley?

We are always looking for community members who would like to take an active role in writing stories for *Stroll Clarkson Valley*. We currently have openings for resident article contributors and junior writers – kids who want to get involved, gain valuable experience, and/or build their resumes and portfolios! If you or someone you know might be interested, please email Bill. Tuttle@n2co.com.

# New to the neighborhood?

Are you and your family new to the neighborhood? If so, welcome! Please send your contact information to Bill.Tuttle@n2co.com to be added to our event invitations and contact list.





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## strollmag.com

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# **Garage Sales & Special Events**

How's your summer going? Is the outdoors still inviting? Bar-B-que working, family picnics, flowers added to the landscape, etc. Ah, summer bliss! Until the allergies, the 100 degrees, the lawn disrupted by deer and rabbits – moles do not give up! The time is still right for that special event with family and friends that you had to postpone. Your event will be really special, this time, entire family, friends we haven't seen for a while, etc. And as you are getting things organized, you find the garage getting loaded with non-automobile items. Were we going to have a garage sale? This may be the year. Yes, it's that time of the year for both. Why does the city care about your special event and/or your garage sale? It's a safety issue. Parking is a concern – with our narrow streets, congestion with closure

can happen quickly. So, what we ask you to do is call the city to obtain a permit for your sale. There is no cost. We will provide you with: (1) No Parking signs to be placed on one side of the street; (2) the police will follow up on the date scheduled to assist in any problem (traffic and/or any irresponsible person). Call City Hall for more details.

NOTE: When your dog (Fido) takes you for a walk, walk on the LEFT side of the street – you are now facing traffic. We even have an ordinance saying it's illegal to walk on the right! Enjoy. Make a Fourth of July celebration every week.

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# shout outs

# Congratulations, Graduates!



Taylor Williams Kehrs Mill Estates Cardinal Ritter College Prep Attending University of Memphis



Forest Hills Marquette High School Attending Ole Miss





Do you have anyone you want to wish a happy birthday, anniversary, congratulations, thank you, good luck, etc.? Do you have an engagement, wedding, or new baby announcement? Send what you want to say along with a photo to Ximena.Bolanos@strollmag.com

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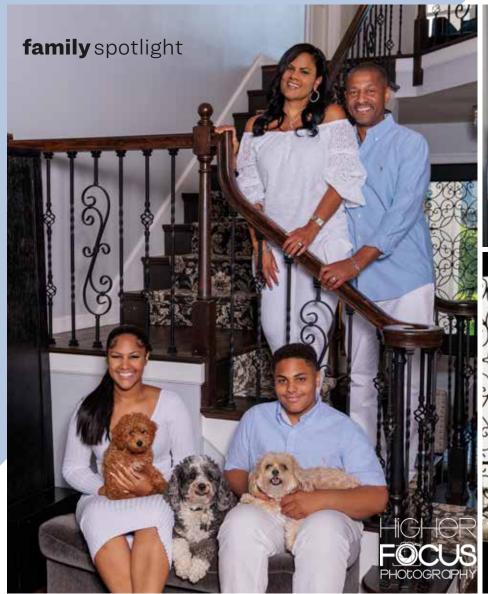
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# Williams Family!

The Williams family moved to Kehrs Mill Estates two years ago from Dardenne Prairie. Sylvester is a Dean of Students at Cardinal Ritter College Preparatory High School. His wife, Tonya, is a Director of Risk Management. Together they have four children and three fur babies. Rose, their oldest daughter, is 31 years old. She graduated from USML and is currently working for Local 396 Union. In her spare time, she enjoys writing, music, and performing some of her work at local venues in the St. Louis area. Their 21-year-old son, Parker, graduated from Parkway High School and is currently working for Amazon. He is a gamer and loves playing his components from all over the world. Taylor,

their 18-year-old daughter, graduated from Cardinal Ritter Preparatory High School Class of 2022. She will be attending the University of Memphis, where she will be majoring in Business Marketing. In the meantime, Taylor is working at Michael Kors and enjoys babysitting for a lovely family of six. Their youngest, Tyler, is 11 years old. He attends Crestview Middle School. Tyler loves swimming and playing football for the CBC Jr Cadets. He also enjoys reading and aspires to be a lawyer. Let's not forget their three beautiful fur babies – Skyler, their 8-year-old Maltese and Lhasa Apso mix; Toby, a 7-year-old Poodle and Lhasa Apso mix; and last but not least, Tito, a 4-month-old miniature Poodle.





They love Easter because it's the first holiday with introductions to springtime, and it's extremely exciting to be with all their extended family.

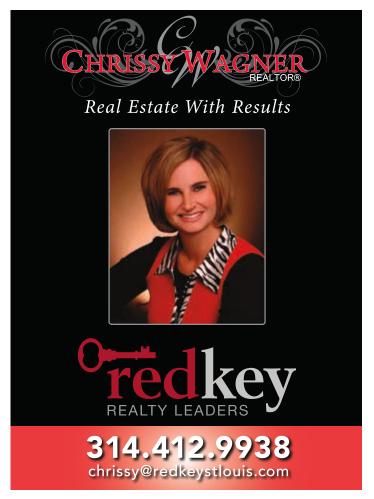
Easter is a big holiday event at the Williams household. Every year they host 40-50 family members and friends. Together they enjoy great food and even better company. They love Easter because it's the first holiday with introductions to springtime, and it's extremely exciting to be with all their extended family. They also love the cheeriness of Christmastime and being together with all of their children.

The Williamses love the water, and they spend lots of time in their family pool while Sylvester grills some steaks. However, their favorite meal is mom's pasta, Alfredo. Occasionally, they choose their favorite restaurant for dinner, Walnut Grill. When they have a chance to get away, they usually vacation at Disney World. However, they also enjoy any place with sand and beautiful beaches.

The Williams family enjoy being active members of this community. They attend First Baptist Church of Chesterfield and volunteer a lot of their time serving through church affiliation.



Get to know your neighbors better by having your family featured in the next available issue and receive a free mini-photoshoot from Jill Gray at Higher Focus Photography or nominate a family and we'll contact them! Email Ximena. Bolanos@n2co.com.





athan Weaver of Weaver's Wallpapering Company grew up in Granite City, IL. He attended Saint Louis University and received a bachelor's degree in elementary education. After teaching elementary school for 11 years, he had an opportunity to start his own business. It was then that he decided to start Weaver's Wallpapering Company.

Weaver's Wallpapering Company removes and installs wall coverings such as murals and wallpaper. They also do interior painting and minor drywall repair. Nathan advises, "Let me come out to measure and look at your project first. It's a free service I provide." Nathan is all about communication ... something he does very well throughout

the entire process to make sure his customers are happy with the final product.

Nathan is a huge hockey fan and currently lives in South City with his wife and two dogs. He takes a ton of pride in his work and is very professional. Give him a call today to discuss your next project!

# Weaver's Wallpapering Company

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Do you know any awesome businesses that would be great partners for your publication? We're always looking for referrals! Please email Bill.Tuttles@n2co.com.









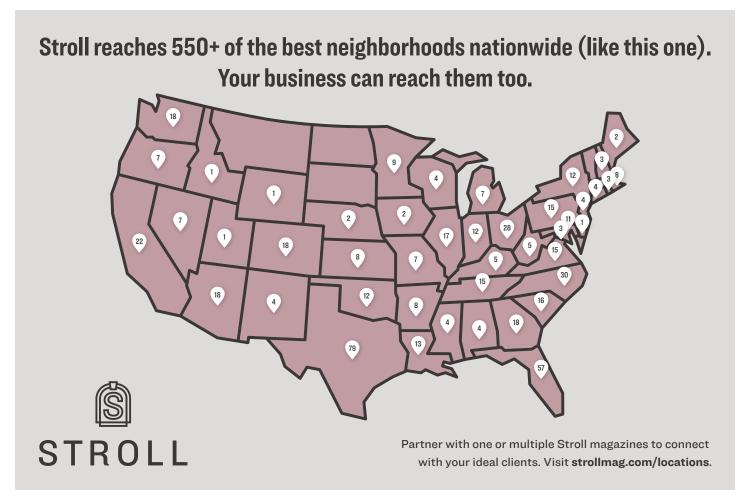








Nathan is also an off-ice official with the NHL!



# insurance talk with tania

# Boost Your Home **POOL SAFETY**

Dreaming of a more leisurely, escape-worthy backyard? For many, that dream includes a swimming pool and/or a hot tub. Plenty of homeowners already live that dream every day.

Swimming pools come with risks. Seventy-four percent of drowning deaths of children younger than 15 occur at a home pool, and it's estimated that a child drowns every five days in a portable pool in the United States. That's why any pool should be installed and used in tandem with physical safety elements such as a pool safety fence and educational safety elements like safer swimming practices, including lessons for everyone and CPR training.

### **Teach Children to Swim**

Certified swimming lessons help reduce childhood drowning incidents. It is recommended that children start swimming lessons by age 4. Keep every child under adult supervision and make sure adults have adult/pediatric CPR training.

# **Swimming Pool Safety**

Having a pool brings many responsibilities, such as making sure the proper regulations are met in your area, proper



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maintenance is performed, and providing essential safety features.

# **Poolside Safety Essentials**

- 1. Life-Saving Ring
- 2. Shepherd's Hook
- 3. Self-Closing/Latching Gate (Open outward, out of reach of children)
- 4. Alarms on Doors Leading to the Pool5. 60" Tall, Four-Sided Fence/Enclosure (One

### **Pool-Use Alerts**

These tools may help you eliminate potential pool hazards:

- 1. A Rigid Pool Cover (Keep the control out of Kids' reach)
- 2. A Motion-Sensor Underwater Alarm

side should not be the house)

3. Rounded, Crack-Free Drain Covers (All screws installed)

### Year-Round Pool Safety Reminders

- 1. The importance of safety continues year-round and even when your pool is not in service.
- 2. Check that your pool meets city and state regulations.
- 3. Ensure no one can climb over, under, or through the fence.
- 4. Remove steps and ladders when not in use.
- 5. Do not include diving boards and slides in your pool design.
- 6. Lock pool chemicals in a well-ventilated cabinet.
- 7. Never swim when lightning is nearby.

One step that you can take if you have a more permanent structure is to schedule annual maintenance on your swimming pool. Have a professional inspect the pool and drain covers. Then make sure family and friends that use the pool understand where the pool safety equipment is located and what safety requirements you have for swimming, such as providing adult supervision at all times for children. Many pool accidents occur when adults momentarily step away from the pool area, leaving a child unattended.

## Be Aware of Other Potential Swimming Pool Dangers

- 1. Is your pool deep enough for a diving board?
- 2. Slides require a certain depth in the pool, too.
- 3. Does your pool have handrails for the steps?
- 4. Pool drains are a hidden entrapment.
- 5. Pool toys are an unexpected potential danger.
- 6. Pool chemicals can be harmful if ingested or mixed together in the wrong way.
- 7. Electrical equipment-water and electricity are a dangerous mix!

As a good neighbor, I am happy to answer any questions about insurance. Feel free to give me a call at 314-822-5180 or visit gowithtania.com for more information. — Tania Interian, your resident State Farm Agent.



By Kehrs Mill Trails resident Tania Interian

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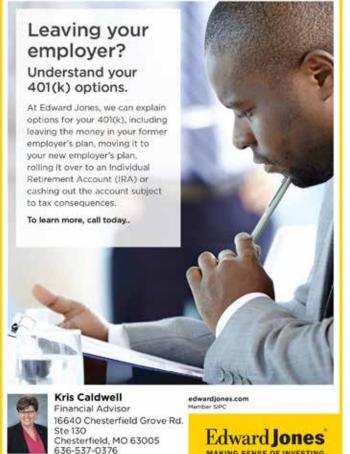
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# financial fitness





f you know you need to invest for retirement and other objectives, but you're unsure of the road you L should follow, you may want to get some guidance from a financial professional. But if you've never worked with one before, what can you expect?

First, a financial advisor will assess your situation your assets and income and your hopes and dreams for your future.

A financial advisor will also help you determine investment moves appropriate for your goals and risk tolerance. And you can expect regular communications, including portfolio reviews, at least once a year.

Also, a financial advisor can develop hypothetical illustrations that can show you how you might be able to choose different paths, such as retiring earlier than you had planned.

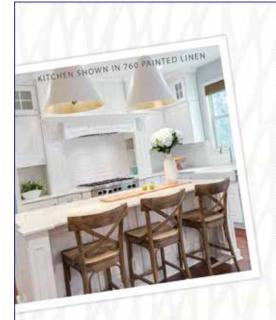
Most importantly, a financial advisor can help you feel more confident as you pursue your financial goals. And during times of market turbulence, such as we've experienced this year, a financial advisor can help you avoid overreacting to downturns.

Navigating the investment landscape can be challenging - but the journey can be a lot smoother if you have the right guide.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor - Kris Caldwell. Edward Jones, Member SIPC



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# body and beauty





 ${\bf Nuovo\ Salon\ Spa\ stylist\ Christine\ Corcoran\ with\ Hair\ Extension\ client\ Rosina\ Fascetti.}$ 





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Article by Westhampton resident Anna Bohlmann Photos by Dylan Corcoran Sponsored this month by Nuovo Salon Spa

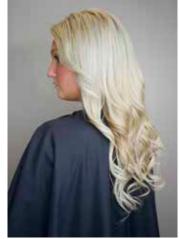
Summer is the perfect opportunity for a change. If you're looking to change or revamp your appearance, Christine Corcoran, a stylist at Nuovo Salon Spa, recommends Amplify Hair Extensions.

"These are the lightest, thinnest, and most durable tape-in panels and hand-tied wefts available on the market," Christine said. "This is why they are so comfortable to wear."

Extensions can be used to create volume, add length, correct a haircut or enhance your style during a grow-out period. Specifically, Amplify Hair Extensions are professional-only, chemical-free extensions made with the highest quality 100% Remy Human Hair, so the hair is ethically sourced and never before



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After Hair Extension service.



Hair Extension application.



The final results!

processed. They are easy to remove, damage-free, and unnoticeable, which are all essential characteristics to any great hair extension service.

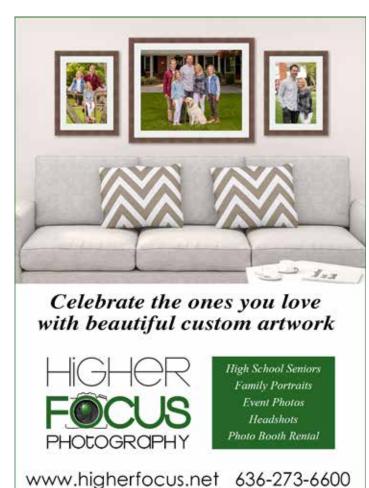
Amplify comes in three lengths and 20 colors. Nuovo carries the ten most popular colors – in stock and ready to use. Colors can also be combined to customize any hair, creating a unique look that's perfect for any customer's preferred hair color and style.

Proper home care products are crucial for any successful extension service, so Nuovo provides you with all the knowledge and supplies you'll need to both sustain your look and protect your biological hair.

"Care for your extensions is easy when using the right products," explained Christine. Nuovo offers the L'Oréal Prolonger shampoo and conditioner, smoothing lotion, and a hairbrush as part of your service package when you opt for a full volume look or more.

Customize your look and feel comfortable doing it with Amplify Hair Extensions at Nuovo Hair Salon and Spa. And never hesitate to reach out to Christine with questions.

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# around the club









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# Catching up with at Creighton University!

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# **High School and Graduation Class:**

Marquette High School, Class of 2021 **College Attending:** Creighton University

Area of Study/Major: Biochemistry Minor: Health Administration and Policy

**Clubs and Organizations:** Haddix

Dean's Fellows Leadership Program, Women's Rowing Team, Campus Music Ministry, Center for Undergraduate Research in College of Arts and Sciences - working in biochemistry lab focused on the antibiotic activity of lasso peptides and their variants; studying odorant-binding protein concentration in honeybee castes in correlation to olfactory coding.

What factors should students consider in choosing the right college fit for them? Is there a particular person, moment, class, or club that led you to your intended career path? What advice do you have for high school students as they prepare for their college selection?

After attending college for a year, I am exceptionally grateful for such a phenomenal STEM program at Marquette High School. I was able to take advanced science courses, which piqued my interest in majoring in biochemistry. Dr. Cathy Farrar and Mr. Ed Bolton were critical educators that pushed me to pursue a career in science but also in innovation. In high school, it was very important to seek out opportunities to find pathways you might be interested in. I enjoyed participating in independent research and attending seminars on budding fields and topics in science. I also diversified my personal portfolio while participating in sports, musical groups, and service organizations. Looking



back, I would recommend that high school upperclassmen get deeply involved in the activities they really care about; focus on the quality of their extracurriculars rather than the quantity.

Choosing a college can be a little bit daunting, and the application process can be a beast, but I have a few tips to make the process a little easier.

Devise a timeline and a plan: when to tour, when to complete the Common App, when to take the ACT, when to apply to special programs etc. Staying ahead of the deadlines helps alleviate the stress of making the right choice.

Choose a school where you feel comfortable with the community. It is important to tour the schools you are interested in to get a feel for what campus life is like at the respective colleges. Make a list of values that are important to be present in the school you choose to attend, such as size, location, cost, selectivity, program offerings, etc. College is an incredible investment, so it is important to find the place that gives you the opportunities to thrive.

Don't be afraid to pave your own path. Everyone is unique in their own passions, gifts, and pursuits, so build your future with the education that is right for you.

I landed at Creighton University because I loved the tight-knit small community, caring culture, academic rigor, and research opportunities they had to offer. After a year, I feel that Creighton is the perfect fit for me, and I am excited to pursue the boundless opportunities it has to offer.

# Besides going to classes, what important tips, recommendations, and advice for a successful college experience can you share?

My advice to incoming freshmen is to get involved. Say yes to opportunities with an open mind. I am now involved in some unexpected, amazing groups. While exploring opportunities, be sure to balance school with other activities. I definitely think that "work hard, play hard" is a good motto to live by in college. Another tip is to become familiar with campus resources. Colleges offer all kinds of academic, financial, social-emotional, and inclusivity resources. Don't be afraid to utilize these resources, even before you think you need help.

# What have you done or are you currently doing to attain the best experience to prepare you for life after college?

The best way to gain knowledge is through a master's apprenticeship because you are able to learn through both the victories and failures of your professors and the ebb and flow of your own research. Get to know your instructors and advisors and make an effort to be an active learner about new innovations in your fields of interest, and pursue a deeper understanding of global issues. Additionally, you will always find opportunities to get involved in your community - the real world is more than academics.

# Looking back, would you do anything differently in your efforts toward your college search? If so, what is your reason, and specify what you would do differently?

I struggled with the application process because I was obsessed with my scores and building a perfectly packed resume. Looking back, my standardized test scores are nothing but a number. I am now thriving in college because of my character and the experience I gained while engaging with my community. You are so much more than a number so let that shine through!



Calling all high school and college students! Do you have a story to tell about your high school experience or college selection/experience? We'd love to hear about it! Email Ximena.Bolanos@n2co.com



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# **precious** pets

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# The Noble Of Clarkson Valley!

Hi, my name is Duke! I am a 2-year-old German Shepherd mix. My family named me Duke because they are the Kings, and I am very noble-looking. The name fits perfectly. They adopted me from the Humane Society. I was left there tied outside of the Humane Society by my previous owners. They called me a "Covid Puppy." Apparently, there were a lot of people getting puppies during the Covid pandemic, and then they realized they couldn't keep them. There were so many "Covid Puppies" there with me. Luckily, my family came and fell in love with me. They even took me home!



Life is great now. I love spending my days hanging out with my BFF Boo. Boo is a cat that lives in my house, too! It's so fun. When Boo gets sick of me, I chase squirrels and chipmunks. One day I will catch them and give them big sloppy kisses. I also love when my other BFF, Henry, comes by and plays in my yard with me. Spending my days playing with kids and other animals is my favorite thing to do. Nighttime is another story. The dark scares me, I'm scared to go outside unless my family goes out with me. We keep each other safe!



Do you have a family pet we could feature? We want to meet them! Email Ximena.Bolanos@n2co.com.











# Bid Farewell to

27 Crown Manon Drive in Forest Hills

Jay and Amy Setnicka have enjoyed raising their boys, Johny and Joey, in Clarkson Valley. Amy says, "It's one of the best decisions we've ever made!" The Setnickas love every room in their entire house! But now it's time to "smart size" so they can enjoy a zero-maintenance property, which will make it easier to travel and spend time at their dream home at Table Rock Lake.

Pristine, picturesque, and private describes their completely renovated one-and-a-half-story home on a premier cul-de-sac lot in Forest Hills Club Estates. No detail is overlooked! From the grand oversized porch entrance to the incredible great room with 18-ft. soaring ceilings and floor-to-ceiling windows and stone fireplace to the amazing cook's dream kitchen with pro-grade appliances, custom cabinets, and designer granite tops. The glamorous and luxurious master suite with a walk-in shower and relaxing tub features double sinks and his and hers closets, plus it opens up to a nice deck that overlooks a peaceful backyard.







Their home has two more additional bedrooms and a full bath on the main floor. Upstairs you'll find a spacious bonus room and two large bedrooms with a jack and jill bath. The lower level has the most amazing wet bar, wine cellar, game area, and TV area with an office and a full bath. The lover level has a walkout to a custom-covered paver patio. Truly Country Club Living at its finest!

The Setnickas would like to thank their Forest Hills resident real estate agent Jeff Lottmann for helping them with their transition.



Want to have your home highlighted in a future newsletter? Have you recently remodeled? Have a unique room to show us? Email



# meet your neighbors

# 75 Consecutive years at the Indy 500!



L to R: Bryan, Colin, Tanya, Carol and Butch Welsch, Wendy, Matt, Molly and Daniel Bickert

# Clarkson Valley resident Butch Welsch

Forest Hills resident Butch
Welsch recently attended his 75th
Indianapolis 500 in a row. Several
family members traditionally attend
the race with him. For example, his
son, Bryan, was attending his 41st
in a row, Bryan's son, Colin, only 15,
was there for his ninth race, and his
daughter, Wendy Finch, was there
for her 43rd race. Also attending,
with a record of many previous
races, was Wendy's husband, Matt
Finch, their daughter, Molly Finch,
with her beau, Daniel Bickert, and
Bryan's wife, Tanya.



Why Butch loves Indy, four-wide!

This year Butch's wife, Carol, who has attended over 36 of the 500-mile races, traveled to Indianapolis for the first time in several years to join the family.

Butch's company, Welsch Heating and Cooling Co., is a major installer of Bryant HVAC equipment in the St. Louis area. Bryant is an Indianapolis-based company that has sponsored Indy Cars since 1948. This year Bryant again sponsored veteran, 2013 Indy 500 winner Tony Kanaan. Bryant holds a large dealer rally in conjunction with the 500. Butch and Carol were able to attend a "Meet and Greet" with Tony Kanaan the night before the 500. Since now Tony only runs the 500 in Indy Cars, Bryant sponsors Swedish driver Marcus Ericsson for the other races. Marcus attended the "Meet and Greet" as well. Butch was excited to get a picture with Marcus, little knowing that the next day, Marcus would be an Indy 500 winner.

To chronicle his attendance at the 500, Butch has written a book entitled: *The Indianapolis 500* – *Memories of a Fan.* The book includes over 500 never published photos from the 500, including finishing photos better than the published photos due to the location of the Welsch family seats. Anyone interested in the book may get more information on the website: Indy500.org.

Butch encourages anyone, young or old, sports fan or not, to at least one time make the trip to Indy for the 500 weekend. He guarantees that if you go, you will never forget the "Greatest Spectacle in Auto Racing."



Would you like to introduce yourself to the neighborhood? Email Ximena.Bolanos@n2co.com to set up a brief interview.



Butch and Carol with 2013 Winner Tony Kanaan

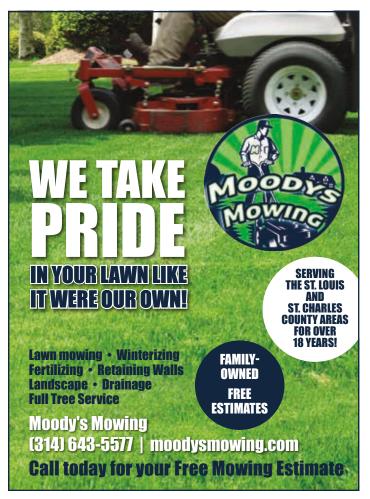


Butch with 2022 Winner Marcus Ericsson



Butch, Bryan, and Colin Welsch





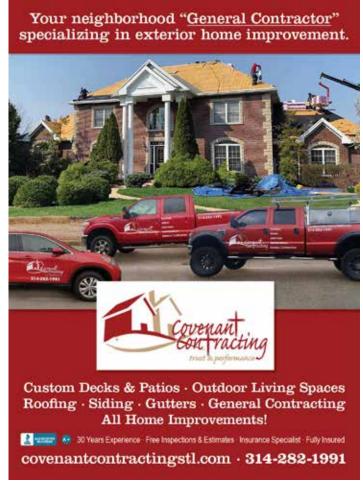




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# Did you know...

· Many near sighted kids may have trouble seeing the board in class, but they read well and excel in school.



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A Publication for the Residents of Clarkson Valley

