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Stroll Clarkson Valley

SOCIAL COMMITTEE



Meet your Stroll Clarkson Valley team! We'd like to thank all of our writers for their valuable contributions to the magazine.



Bill Tuttle Owner, Marketing Director and Publisher Bill.Tuttle@n2co.com (636) 579-0698



Contributing Writer and Content Coordinator Ximena.Bolanos@n2co.com (610) 762-3353



Jill Gray Photographer Higher Focus Photography Jill@higherfocus.net (314) 623-1587



Resident of Westhampton annaisabella2@gmail.com

We'd love to hear from you!

Our goal is to build community in the neighborhood by helping everyone get to know each other a little better and make Stroll Clarkson Valley the best it can be! Please let us know how we are doing. Do you have any article ideas? How about ideas on neighborhood events? This is your publication!

Want to write for Stroll Clarkson Valley?

We are always looking for community members who would like to take an active role in writing stories for Stroll Clarkson Valley. We currently have openings for resident article contributors and junior writers - kids who want to get involved, gain valuable experience, and/or build their resumes and portfolios! If you or someone you know might be interested, please email Bill. Tuttle@strollmag.com.

New to the neighborhood?

Are you and your family new to the neighborhood? If so, welcome! Please send your contact information to Bill.Tuttle@strollmag. com to be added to our event invitations and contact list.





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Stroll Clarkson Valley 5 4 August 2022



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Stroll Clarkson Valley 7



Celebrations,LET THEM CONTINUE!



The following is from your Clarkson Valley Police Officers

To Our Clarkson Valley Residents,

Your Clarkson Valley Police Officers would like to congratulate all of our 2022 graduates. It's a time for new horizons, new challenges, new celebrations. Wish all of you luck in your future endeavors. We know that you will make your parents and our community proud with whatever paths you choose.

With that being said, we would like to remind everyone in the community to please be respectful of each person's space and property. We know that this is a very exciting time for all, and we want you to continue to celebrate with friends and family, marking extraordinary achievements. As you celebrate, here are a few things we would ask you to consider:

• Please be mindful of our noise ordinance. While a noise ordinance may seem silly when you are 18, it is in place for the peace of all of your friends and neighbors. Once the hour strikes 11 p.m. weeknights and 12 a.m. weekends, please be sure to turn the party down. Please pick up any trash or refuge that may have escaped the confines of your home or yard. This keeps the streets clean and pleasant for everyone to use.

- Parking IS an issue in Clarkson Valley. Most of our streets and neighborhoods only have one way in and one way out. It is important that we all do our part to make sure that traffic can flow freely through the neighborhood streets and that emergency vehicles can get through. Keep in mind that if a fire truck needs to get through, the blocking vehicle will be immediately removed. Please make sure that your neighbors have access to their driveways. You can always contact City Hall for no parking signs to use during special events.
- We know that summer is an exciting time. There will be a lot of celebrations, from graduations to milestone birthdays, but it is **NEVER** okay for underage persons to drink. Parents, we want you to celebrate alongside your friends, family, and neighbors while our graduates assume a place in our community. However, we ask that you refrain from hosting or encouraging underage drinking. Underage drinking has costs for all, and it is not worth the price tag. Unfortunately, far too often, we see a heavy price paid!
- Prior to turning in for the evening, please be sure to lock up before bed. This includes vehicles in the street or driveway, closing garage doors and locking

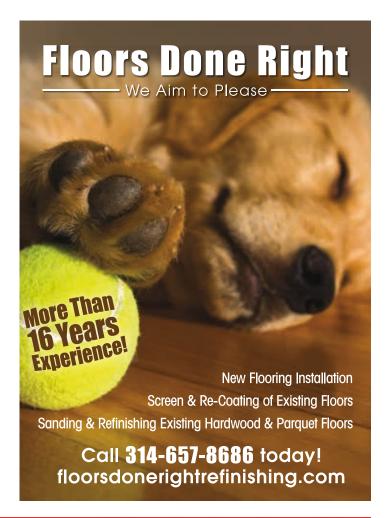
ALL doors. It is also a good idea to bring in garage door openers if they are left in your vehicle overnight. These simple steps can make all the difference. These are crimes of opportunity, and they can be prevented. If you see something suspicious, call us! Never feel that you are bothering us. We are here to serve you and keep our communities safe. Never approach a suspicious person, let us do that; you never who you are speaking to.

• Finally, please be reminded that golf carts are not toys. They are legally treated as motor vehicles and are NOT to be driven by anyone other than a fully licensed driver. We realize it is easier to get to a friend's house on the golf cart, however, it is not worth the risk.

We look forward to seeing you while we are on patrol, and we are very proud of all of your hard work! Congratulations, again, let's continue to celebrate life.



Clarkson Valley Recycling Results
June Recycling Tonnage: 25.03 Tons







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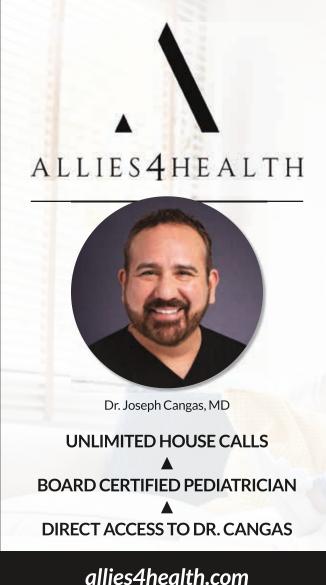


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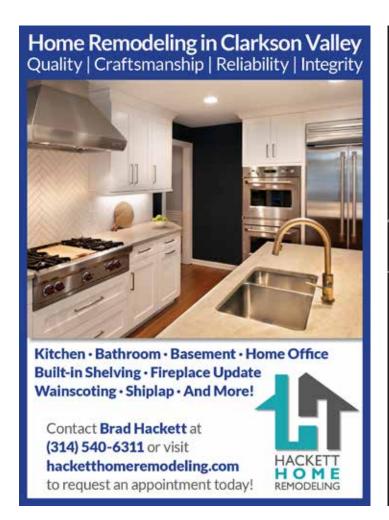


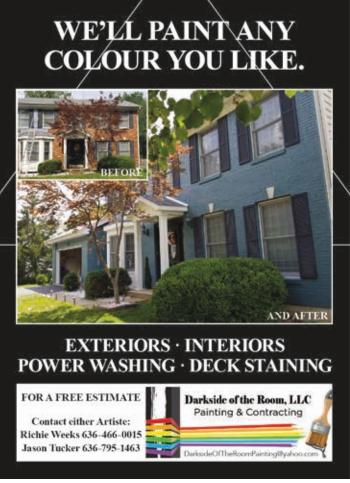


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SHOUT OUTS



Do you have anyone you want to wish a happy birthday, anniversary, congratulations, thank you, good luck, etc.? Do you have an engagement, wedding, or new baby announcement? Send what you want to say along with a photo to Ximena.Bolanos@strollmag.com.



This is the AM Coffee Men that meet at Mickey D's every morning. Denny Lober, Bill Hammerschmidt and Bob Morris. All three were in the United States Army Reserve together for five years. Thank you for





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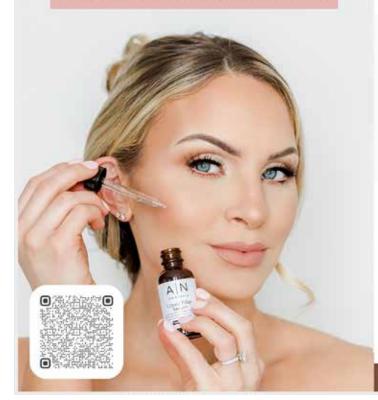




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introducing THE ADRIANS!









an, Jessica, Lillyan, and Lydia make up this beautiful family. They moved to Kehrs Mill Estates less than a year ago. Since they are new to the area, they are excited to find ways to become part of the community. When searching for a home, one of their goals was to find a neighborhood full of trees — they found it in Kehrs Mill Estates! Ian, Lillyan, and Lydia are all native St. Louisans. Jessica is from Southern California. The Adrians have a Sphinx cat named Pearl and a 16-year-old orange tabby named Noodles.

Ian works in the fiber optics construction industry. He enjoys golfing, racing motorcycles and woodworking. Jessica is a stay-at-home mom eager to start school to become a lactation consultant. Her hobbies are caring for their houseplants, thrifting, and pottery. Lillyan (9) loves to draw, play video games, and fashion. Lydia (3) sings, dances, plays with barbies, and loves to cuddle.

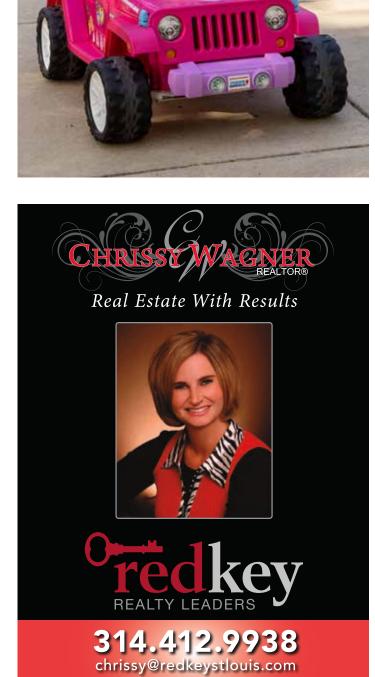
A family hobby is off-roading in their Jeep. They also enjoy watching movies together, especially those made by Studio Ghibli — *The Cat Returns, Ponyo*, and *Spirited Away* are a few of their favorites. When at home, their favorite family dinner is Turkey Tikka Masala meatballs. However, when they decide to eat out, their go-to spots are Haveli, Dewey's Pizza, and Mission Taco. Their Pawpaw's house is their favorite place to hang out. When deciding on a vacation spot, their favorite is going to their great-grandparents' house in Illinois.

The Adrians love the fall weather, and the kids enjoy playing in the leaves. Halloween is their favorite holiday, too! Although, their favorite family tradition is visiting Santa's Magic Kingdom on Christmas Eve.

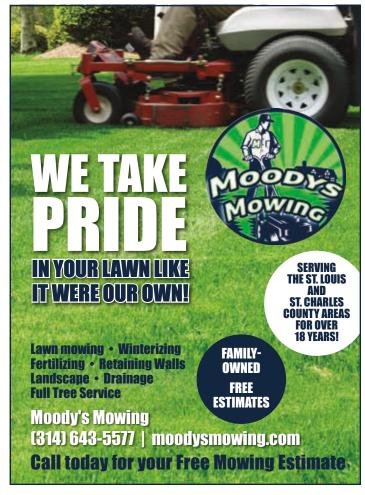
The Adrians are saltwater fish enthusiasts and own a 300-gallon fish tank! They are super excited to get their tank set up in their new home. Being eco-conscious is very important to this family. They do their best to reduce, reuse, and recycle to help keep our planet clean!



Get to know your neighbors better by having your family featured in the next available issue and receive a free mini-photoshoot from Jill Gray at Higher Focus Photography or nominate a family and we'll contact them! Email Ximena.Bolanos@strollmag.com.



















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MEET CHRIS **JACKSON**

OWNER & PRESIDENT OF PERMA JACK OF ST. LOUIS











Chris with net Standard Schnauzer

Chris with Fiancé Rohyn.

Chris Jackson's steadfast pursuit of excellence began many years ago and continues today. As a student-athlete, he earned a BBA from Southeast Missouri State University in only three years and entered Southern Methodist University's MBA program at the age of 20, completing it in just one year.

Before purchasing Perma Jack of St. Louis, Chris led AMS Automotive, Inc. from near start-up status to a top 100 automotive aftermarket supplier. He also founded Ovis Industries, an automotive engineering and design firm focused on new product development. Both companies were eventually sold to a private equity investment firm.

When asked why he chose to work in the foundation repair and basement waterproofing industry, Chris responded, "Because it aligns with the managerial and customer-centric philosophy that I've learned from decades of business ownership." He practices a simple mindset of servant leadership, which asks: How do you serve your purpose, customers, teammates, and community?

The foundation repair and basement waterproofing industry requires dedication and is extremely challenging work to successfully complete a project. For this reason, Chris comes in with his sleeves rolled up, willing to do whatever it takes to support his team. Chris declares, "After all, they don't work for me; I work for them."

Perma Jack of St. Louis customers trust them with their homes or business. "I take that responsibility very seriously. Unlike a shiny new kitchen or bathroom, the results of our work are often unseen, under the soil or on a basement floor. The problems that our clients are facing

and the solutions required to address those problems can be stressful and involve things that they aren't familiar with. That's why it's so important to see things through the eyes of the customer." explains Chris.

Family-owned and operated for nearly 50 years, Perma Jack of St. Louis is the area's most trusted residential and commercial waterproofing and foundation repair provider. Chris' mantra? 1. Do the right thing 2. Practice kindness 3. Enjoy every moment. He says, "This industry has provided me with the opportunity to find an intersection involving something that I'm passionate about, with an ability to be of service to other people."

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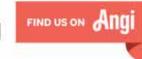




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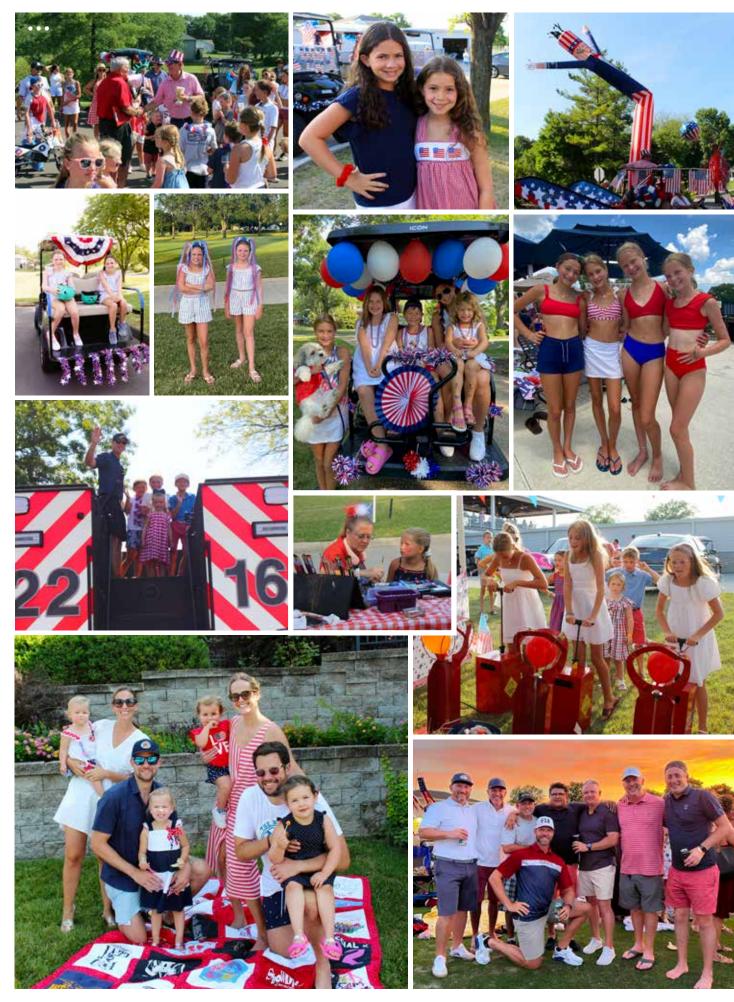
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EVAN FITZGERALD

MARQUETTE HIGH SCHOOL BASEBALL PLAYER

What sports do you play, and how long have you been playing them?

I've played baseball since I was 4 years old — 14 years!

What positions do you play?

Centerfield.

Have you ever won any tournaments or special awards?

Marquette won Class 6 District 2 Champs in 2022. Despite the adversities of a lot of injuries on the team, we ended as MO Elite 8 and carried a team GPA of 3.5+, also top 10 in MO!

What do you like most about the sport?

I love how much of a team sport baseball is and how much fun I have playing it with all of my friends. I also love all the new people it introduces me to and the number of lessons it teaches me about accountability, relationships and discipline, among others.

What is your proudest moment?

Upsetting CBC to win the District Championship my senior season at Marquette!

Any other hobbies or interests?

I enjoy listening to music and playing the guitar.

Any advice for the younger children in the neighborhood?

No matter how hard life beats you down, remember to push on. It's also crucial to hold yourself accountable in anything you do, as it will push you to succeed!

Do you have plans for college, and what do you plan on doing after graduating?

I will be attending the University of Mississippi this fall to study Business Management.



Calling athletes of all ages! Do you have a sport you are passionate about? We want to hear your story! Email Ximena.Bolanos@n2co.com.

SIDEE! MEET OUR TEAM



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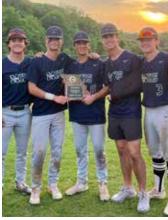
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NO MATTER HOW HARD LIFE BEATS YOU DOWN, REMEMBER TO PUSH ON.







Soniore



28 August 2022 29

MEET JOHN & CANDICE OF PREMIUM CABINETS!

John and Candice Morgan have always had entrepreneurial spirits, and with backgrounds in the hospitality industry, sales, management, and retail, the dynamic duo has much to "bring to the table" when it comes to business. Premium Cabinets was started by John in 2012, and Candice left her position in sales to join him seven years ago. Candice brings some excellent creative design to their work, and the couple has worked hard to create the right kind of culture in-house and the right kind of experience for their customers.

John started Premium Cabinets because he thought there was a niche in the market - a place where he could create value. His father was a contractor, so he learned some things about the construction industry while growing up. The past experiences of the owners helped them to lay a foundation that has proven to be quite successful, and John and Candice are pleased with the market's response.



"Our customers appreciate the extra attention they receive through our strategic process." says John. "A homeowner most likely will spend a couple of hours in consultation with us, so that we gain a measurable appreciation for the needs and wants of our clients." At the end of the consultation, they will leave with a 3-D rendering of a design and a quote—no waiting several weeks! Their determination to provide the best possible experience has given their customers peace of mind which has led to many 5-Star reviews. It's clear why the Morgans place such a premium on taking care of their clients!

The Morgans would like to bring their showroom of hasslefree all-wood kitchen cabinets directly to your home for a free consultation, rendering, and quote. Call them today at 314-499-8800 to schedule your appointment!

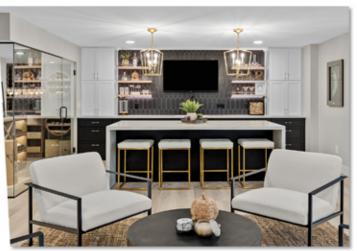
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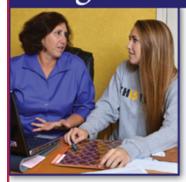












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FINANCIAL TIPS FOR NEW HIGH SCHOOL GRADS

ongratulations – the big day has finally arrived!
High school graduation is an exciting time for both students and parents. Now that your grown-up, independent future is spreading out before you, there are so many variables to consider: college? Job? Travel? Finances? Yep, that's a big one! It can feel overwhelming if you don't know where to begin in managing your own finances. Check out (or share with your favorite grad!) the tips below to get started on the right foot!

MAKE A BUDGET

Creating a sensible budget for yourself is a crucial first step to help you spend less than you earn. Once you know where your money is going, you can better understand how to make it go where you want it. There are many ways to approach setting up a budget – you might write everything out on paper or choose one of many excellent budgeting apps available (e.g., Mint, YNAB). Most important is having an accurate account of your income and your major fixed expenses, such as utilities, food, rent, etc.

ESTABLISH CREDIT (RESPONSIBLY)

Credit is a useful and necessary financial tool, but only if you understand how to use it properly. First, take time to research what determines your credit score; after all, your score affects practically every decision, including your ability to take out loans (and those loans' interest rates), rent a house or apartment, or even open utilities in your name. Then, when you're ready to build some credit history, **start small!** Choose a small loan or a credit card with a low limit and interest rate and establish a regular pattern of on-time payments.

START AN EMERGENCY FUND

An emergency fund is money you keep in a savings account for emergencies only; it can help you deal with **unanticipated expenses** that crop up, such as car repairs, vet bills, or plane tickets home. Aim to save \$1,000, then \$2,000, working toward three to six months' worth of living expenses put back.

Finally, have fun! You're entering what is likely the most exciting and carefree time of your life, and you don't even need to spend a lot of money to live it up! Enjoy!

529 PLANS: UNDERUSED, BUT VALUABLE

Sponsored by Kris Caldwell, Edward Jones Financial Advisor

A 529 plan is a valuable education savings vehicle. Have you considered using one?

Many people haven't. Only about 40% of Americans even recognize the 529 plan as an education savings tool, and only 13% are actually using one, according to a 2022 survey conducted by financial services firm Edward Jones with Morning Consult, a global research company.

This lack of awareness is unfortunate because 529 plans offer potential tax advantages. And as the owner of a 529 plan, you can switch the beneficiary, so if one child foregoes college, you can name a younger sibling or another eligible relative.

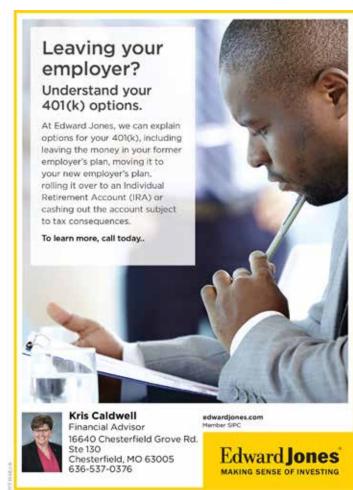
A 529 plan isn't just for college – it can help pay for qualified education expenses at elementary, secondary, trade or vocational schools, including apprenticeship programs registered with the U.S. Department of Labor. You can even use a 529 plan to repay federal or private student loans within limits.

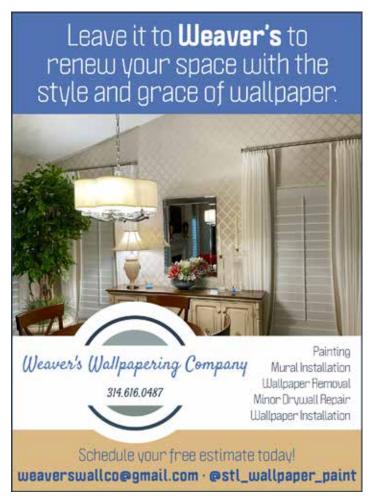
State-by-state tax treatment varies for different uses of 529 plans, so consult with your tax professional before putting a plan in place.

Consider how a 529 plan can help you and your family achieve your education goals. The sooner you get started, the better.

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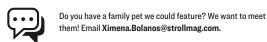
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Dear Friend OSCAR







Hi, my name is Oscar. I am a handsome 11-year-old French Bulldog. I live in Forest Hills with my parents and brothers, Henry and James. I moved here from New York City. I love to go on walks, chase tennis balls, and play soccer! There isn't a dog I have met that I don't love.

I have a lot of other friends in the neighborhood, too, and everyone seems to like me. I also love to play with my amazing cousin, Harry, a black lab. I don't bother anyone — not even the deer, squirrels, or rabbits because they're my friends!

When my food bowl is empty, I have a habit of staring silently at the empty bowl in the hopes that my parents or brothers will get the hint, "Hello, it's empty, guys!" My favorite thing to eat is treats! I try to be a good boy to get them every day! I'm happy to put out my paw or lay down for an extra one, too!

Unlike other Frenchies, I love to swim in our pool! It's a great way to cool down in these hot Missouri summers. I also sneak a lick of my brothers' popsicles by the pool. Cherry is my favorite!

I live for family time! They take great care of me, and we love to be together.



Oscar's human brothers, James and Henry Morris of Forest Hills



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UKRAFT CAFE & SMOOTHIE EXCHANGE

A Private Event for Stroll Clarkson Valley Residents

Recently, our Clarkson Valley neighbors, along with a few preferred community partners, had the opportunity to get out and socialize at UKRAFT Cafe & Smoothie Exchange. UKRAFT provides hand-crafted meals and tasty smoothies to fit everyone's dietary needs. Whether you're looking for a fast-casual breakfast, brunch, lunch or dinner, UKRAFT is serving healthier options conveniently through online pickups, delivery, dine-in and catering.

UKRAFT Cafe & Smoothie Exchange

14888 Clayton Road Chesterfield, MO 63017 (636) 220-2299 ukrafteats.com

Here's what a few of our neighbors had to say about their experience:

- Kayleigh Thomas (Pleasant Valley Forest): "My smoothie was delicious! For chocolate lovers like me, I highly recommend the Black Forest. Good size for the price."
- Bill and Gina Hammerschmidt (Dunhill Farm): "We loved the food and the atmosphere! Very friendly staff, and it felt cozy. We are big supporters of local businesses."
- Joshua DSpain (The Brothers That Just Do Gutters): "Great "farmhouse" feel. Everything is open and bright. Loved the large selection. I opted for a smoothie, but I will definitely come back for a meal!"

We'd also like to thank our advertising partners who brought great samples and fabulous door prizes:

- Cindy Zelinksy from Absolute College Consulting (636) 346-5313 | absolute college consulting.com
- Dr. Joe Cangas with Allies 4 Health (314) 472-8333 | allies4health.com
- Angela Dirnbeck with ApexNetwork Physical Therapy
- (636) 486-0019 | apexnetworkpt.com/chesterfieldmo
- Nathan Habhab of H2O Power Washing (636) 448-8680 | h2opowerwashingstl.com
- Joshua DSpain at The Brothers That Just Do Gutters (314) 804-5711 | brothersgutters.com/st-louis-mo.



Preferred community social partners, Angela Dirnbeck of ApexNetwork Physical Therapy, Cindy Zelinsky of Absolute College Consulting, and Nathan Habhab of H2O Power Washing

SPONSORS:











UKRAFT Cafe & Smoothie Exchange provided products and services free of charge in exchange for this review.

Disclaimer: The business reviewed in this section provided products and/or services free of charge in exchange for this review.



Preferred community social partners, Dr. Joe Cangas of Allies 4 Health and Joshua DSpain of The Brothers That Just Do Gutters



Mike Thomas of Pleasant Valley Forest and his bottle of whiskey door prize from Joshua DSpain of The Brothers That Just Do Gutters



Joanie and Mike Thomas of Pleasant



Joanie and Kayleigh Thomas of Pleasant Valley Forest



Diana and Dana Griggs of Clarkson Mill



Gina Hammerschmidt of Dunhill Farm with her ceramic mug and \$50 gas card door prize from Dr. Joe Cangas of Allies 4 Health



Dana Griggs of Clarkson Mill and Mike Thomas of Pleasant Valley Forest



Preferred community social partners, Nathan Habhab of H2O Power Washing, Clarkson Valley residents Carol and Butch Welsch of Welsch Heating & Cooling, and Joshua DSpain of The Brothers that Just Do Gutters



UKRAFT owner Matt Ratz presents Pleasant Valley Forest resident Kayleigh Thomas with a gift card



Carol Welsch of Forest Hills with UKRAFT owner Matt Ratz



Joanie Thomas of Pleasant Valley Forest with her door prize from Cindy Zelinsky of Absolute College Consulting



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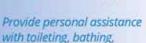
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