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Stroll Clarkson Valley Social Committee



Meet your *Stroll Clarkson Valley* team! We'd like to thank all of our writers for their valuable contributions to the magazine.



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WE'D LOVE TO HEAR FROM YOU!

Our goal is to build community in the neighborhood by helping everyone get to know each other a little better and make *Stroll Clarkson Valley* the best it can be! Please let us know how we are doing.

Do you have any article ideas? How about ideas on neighborhood events? This is your publication!

WANT TO WRITE FOR STROLL CLARKSON VALLEY?

We are always looking for community members who would like to take an active role in writing stories for *Stroll Clarkson Valley*. We currently have openings for resident article contributors and junior writers — kids who want to get involved, gain valuable experience, and/or build their resumes and portfolios! If you or someone you know might be interested, please email Bill.Tuttle@n2co.com.

NEW TO THE NEIGHBORHOOD?

Are you and your family new to the neighborhood? If so, welcome! Please send your contact information to Bill.Tuttle@n2co.com to be added to our event invitations and contact list.



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CLARKSON VALLEY
Living

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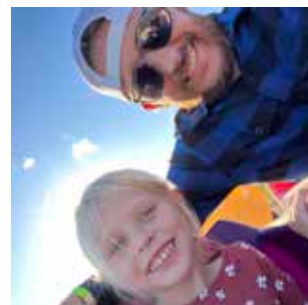
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Lucy grew up in Wildwood and attended Lafayette High School and Mizzou, where she got her Bachelor's degree in Music Education and a minor in Spanish. She, then, completed her Master of Music degree at the University of Michigan. Corey is from South City and attended SLUH and SLU, where he received his Bachelor's and Master's degrees in Mathematics and Education. He got his doctorate in Educational Leadership at Missouri Baptist. They

met through a mutual friend and got married in October of 2018.

Corey and Lucy are both teachers. Lucy is the orchestra director at Parkway South High School. Her primary instrument is the violin. Corey is the math department chair at Mehlville High School and teaches the quantitative research course for doctoral students at Missouri Baptist University. Lucy is a member of the Webster University Chamber Orchestra, has a trio that performs

at local weddings, and she teaches private violin, viola, and cello lessons. Lucy also leads a small group through their church. Lucy enjoys reading and watching movies and has completed 4 half marathons over the last 6 years. She enjoys spending time with her friends, exploring new restaurants around the city, and going to the Muny and St. Louis Symphony. Corey has coached volleyball for 25 years, including collegiately for 13 seasons, and does many private lessons.

Arbini Family



He enjoys playing guitar, wildlife and landscape photography, basketball, and is a big computer nerd.

Together, Corey and Lucy are members of the Italia America Bocce Club on the Hill, and Lucy participates in the weekly women's league there. They love to go down to the Hill on weekends to enjoy a nice meal at a local restaurant (especially Guido's, one of their favorites!), and then go to the club to play bocce. Corey and Lucy love coffee! When they travel, they enjoy finding local coffee shops, always looking for the best latte around! Since getting married, Corey has upped his latte game by making lattes for himself and Lucy almost every morning - and he has learned how to create some great latte art.

Corey and Lucy love traveling together! In 2019, they traveled to Ireland and Iceland, where they spent 9 days in each country. They loved Ireland's beautiful landscapes and culture and Iceland's rugged and diverse scenery. The highlight of their trip was in Iceland, where they packed a tent and went camping for 9 days. They enjoyed Iceland so much that



they returned in 2021 and spent 3 weeks traveling the entire island, tent camping most of the way (even in some crazy and cold weather!).

Their favorite thing about living in Forest Hills is hanging out with a nice beverage on the patio with their neighbors - they have great neighbors and love spending time with them! They love hosting parties and enjoying the great view of the golf course from their backyard.

Lucy and Corey just welcomed their first son, Charles (Charlie), Joseph, on November 18th, 2022! His interests include eating, pooping, sleeping, and staring at a poinsettia.

Get to know your neighbors better by having your family featured in the next available issue and receive a free mini-photoshoot from Jill Gray at Higher Focus Photography or nominate a family and we'll contact them! Email Ximena.Bolanos@n2co.com.

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JEFF LOTTMANN OF COMPASS BREAKS INTO ULTRA-LUXURY REAL ESTATE SCENE



Bringing Buyer for a Record-Setting \$13,000,000 Home Sale Transaction

Compass, Inc., the largest residential real estate brokerage in the United States¹, today announced that 1705 Woodlawn Avenue in St. Louis has sold for a record price of \$13,000,000. Jeff Lottmann, a top-producing realtor with Compass St. Louis, brought the buyer for the 7.5-acre luxury estate. The transaction closed on 2/28/2023; the buyer was not disclosed.

Built in 2014, the French-inspired estate is in the coveted Huntleigh neighborhood of St. Louis. Features of the 27,280-SF home include a two-story foyer, saloon, wine cellar, conservatory and luxury car showroom. The home includes five bedrooms and six and a half bathrooms.

“We’re always thrilled to help our clients find the perfect property and the Huntleigh home is truly an incredible

estate that elevates the overall luxury appeal of St. Louis,” said Lottmann, a mainstay of the St. Louis luxury homes market since 2002. “Our buyers expect our team to deliver the best homes on the market and the sale of the Huntleigh home will take our market to new heights.”

The Jeff Lottmann Group joined Compass in 2022 and is led by Jeff Lottmann and son Chase Lottmann. Since established in 2002, the group has grown to be consistently ranked among the top-producing teams in the St. Louis luxury real estate market and recently expanded into the Dallas-Fort Worth market.

“As the luxury real estate market continues to grow, we’re moving fast to expand our business to accommodate multiple markets,” said

Lottmann. “Dallas-Fort Worth was just recognized as a top ten market for ultra-luxury sales volume in 2022 in the Compass Ultra-Luxury Report. We’re excited to cater to clients in Dallas-Fort Worth and St. Louis as demand is sustained for luxury homes in both markets.”

Compass recently released the 2022 Ultra-Luxury Report which spotlighted a number of emerging ultra-luxury markets such as Dallas-Fort Worth. In 2022, the Dallas-Fort Worth market saw an 83% increase in year-over-year ultra-luxury (\$10M+) transaction sales volume. The property sets the new standard for ultra-luxury in St. Louis.

“Compass is deeply associated with luxury living and Jeff Lottmann delivered exactly that for his client,”



Jeff Lottmann



Chase Lottmann



said Jason Pashia, Managing Director of Compass Missouri & Kansas. “We are excited to celebrate his success and this achievement which validates the new standard of ultra-luxury living that St. Louis buyers now expect.”

Compass joined the St. Louis market in the summer of 2021. The St. Louis Compass Realty Group closed nearly \$500M in sales volume and serviced over 1,000 clients in its first full calendar year and ranked as one of the Top 5 Offices in St. Louis in 2022. Compass is among the fastest growing real estate companies in St. Louis with over 125 agents.

¹T. Velt, “RealTrends 500: The Rise of Compass,” RealTrends, Online, HW Media, 3/25/2022, <https://www.realtrends.com/realtrends-500-the-rise-of-compass/>.

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PHOTOS AND CAPTIONS SUBMITTED BY ALI KAPLAN, DIRECTOR OF MEMBERSHIP AND MARKETING AT FOREST HILLS COUNTRY CLUB SPONSORED BY CYCLEBAR CHESTERFIELD



I am looking forward to finally being able to follow my passion with developing juniors while also introducing new golfers to this game so they can enjoy this lifelong sport.

—MATT SWANSON



Matt Swanson poses with Danny Rhodes, Charlie Smith & Henry Morris at the Annual Junior Member Guest held this past summer.

Matt Swanson has been a staple and familiar face in the Forest Hills Country Club Golf Shop since 2019 when he began his journey at the Club as an Assistant Golf Professional. This spring, he will take on a new role within the Club as Director of Player Development. In this new role, Swanson's focus will be more clinic and program based, offering a wide variety of clinics throughout the year in addition to one-on-one private lessons for juniors and adults. He is also instrumental in the success of the well-

Matt instructing a few students at the Beginners Tour this past spring.



established Junior Golf Program at Forest Hills and coaches the PGA Junior League Teams. He is also highly anticipating the grand opening of the new Short Game Area this May, which will provide a wide variety of coaching and teaching opportunities this summer.

Swanson, a Minnesota native, has been playing golf since the age of five and graduated from the University of South Dakota, where he also played on the golf team. Golf is his mainstay as both of his parents were in the golf profession- his father, the late Jon Swanson, was a Head Golf Professional for 25 years and his mother, Kathy, is the current Director of Instruction at Elk River Country Club in Minneapolis and has also been in the business for 25 years. The mother-son duo will host a mother-son clinic together at Forest Hills each May, which the membership always looks forward to. It is a great learning opportunity for beginners and intermediate players alike, where they dive into the basic fundamentals, short game, full swing, bunkers and more.

"I am looking forward to finally being able to follow my passion with developing juniors while also introducing new golfers to this game so they can enjoy this lifelong sport," Swanson stated.

Membership at Forest Hills Country Club is by invitation only.

Are you a member of Forest Hills Country Club? We'd love to spotlight you! Email Bill.Tuttle@n2pub.com for more details.

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STUFFED PORK CHOPS

BY THE MANORS AT CLARKSON VALLEY
RESIDENT CINDY MUNICH

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INSTRUCTIONS

1. Preheat oven to 350°F.
2. In a large oven-proof skillet, melt butter over medium-high heat. Add apple, onion, and celery; sauté just until tender (about 5-7 minutes).
3. Prepare the stuffing according to the package instructions. Use a fork to gently combine the prepared stuffing with the sautéed apple, onion, and celery mixture. Set aside.
4. Use a sharp knife to cut a pocket in each pork chop. Be careful not to slice all the way through.
5. Pat the pork chops dry with a paper towel. Season on both sides with salt and pepper.
6. Fill each pork chop with about ¼ cup of stuffing.
7. Using the skillet that you used to sauté the apples and vegetables add 2 tablespoons of the oil to the skillet and heat over medium-high heat. When the oil shimmers, add the pork chops to the pan and brown on both sides, about 2 minutes per side. Work in batches, if necessary, so that you don't overcrowd the pan.



8. Arrange the browned pork chops in the oven-safe skillet. If you don't have a big enough skillet to hold all the chops, or if you don't have an oven-safe skillet, place the browned pork chops on a greased or parchment-lined rimmed baking sheet.
9. Mix the remaining 1 tablespoon of oil, salt, pepper, and herbs together and rub over the chops.
10. Transfer the skillet (or baking sheet) to the oven. Bake, uncovered, for 20-25 minutes, or until juices run clear and an instant-read meat thermometer registers 145°F.

Each month The Manors at Clarkson Valley resident Cindy Munich will prepare a recipe with an ingredient from Brush Creek Valley Farms or a complimentary dish to enhance their many farm-fresh, high-quality, pasture-raised types of meat. Do you have a special recipe you'd like us to feature? Email **Cindy Munich** at Munichs3@hotmail.com.

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Funny how the childhood memories of family traditions bring such a smile to your face. Growing up, Friday nights were always at Nana and Papa's house with all the aunts, uncles, and cousins. Running around with the kids blowing off steam from the week while the "grownups" played cards. It was a crazy and exciting time. My Nana's famous stuffed pork chops were always a favorite with the family. She served them with cooked apples that had simmered forever on the stove, with lots of cinnamon and butter - Oh my, I'm drooling as I write. Sharing food and drink with friends and family is so important, especially today when we are all running in every direction. Take a moment to enjoy life, especially with delicious food!

INGREDIENTS

- 2 Tablespoons Butter
- ½ Small Apple, finely diced
- ½ Small, Sweet Onion, finely diced
- ½ Cup Celery, finely diced
- 6 Ounces of Packaged Herb Seasoned Classic Stuffing, such as Pepperidge Farm
- 1 Cup Chicken Broth
- 4 Thick Brush Creek Valley Farm Bone-In Pork Chops
- Kosher Salt and Ground Black Pepper, to taste
- 3 Tablespoons Vegetable Oil (or Canola Oil)
- 2 Tablespoons Parsley and/or Sage, 1 Clove Minced Garlic, Salt and Pepper

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TACKLE MCGRATH

On the Duo Dog Touch Therapy Team!

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Runner, Coach and QB. We were all named for football positions!

After doing about 18 months, I was released for good behavior and went back to Duo Dogs to get some special training to be a service dog. Just before I turned two, I met the sweetest young lady who needed some extra help. So, I went to Kansas City to live with her. She was in a wheelchair, and I helped her pick up her shoes, take off her socks, roll her over in bed at night, get her glasses for her and all kinds of other stuff she needed.

I really like working. But what I like even more is eating! I will eat just about anything. This has gotten me into trouble and twice the nice young lady had to send me to the vet to get something out of my stomach that got stuck. I sure didn't like all the stitches that came with those snacks.

Just before I turned five, Duo Dogs decided that I like to eat stuff too much to continue working as a service dog. That's when I got adopted by Jim and Jennifer and moved to Clarkson Valley. This was great for me because they had already adopted my brother Punter, who kind of flunked out of service dog school. (He gets too excited sometimes and doesn't always realize just how big and strong he is.) He lives in Indiana now with Jim and Jennifer's son, but I get to see him all the time.

Jennifer decided that I should keep working so she and I got training to become a Touch Therapy team through Duo Dogs. We visit Missouri Baptist Cancer and Infusion Center to cheer up patients getting treatments. We also go to Children's Specialty Care Center and greet kids and their families as they go to and

Hi, my name is Tackle. I am a nine-year-old Labrador Retriever and I live in Kehrs Mill Trails with my owners, Jennifer, and Jim McGrath. I'm not from Clarkson Valley originally. I was born at Duo Dogs, a non-profit organization in St. Louis that breeds and trains assistance dogs for all different kinds of work. When I was eight weeks old, I was sent to a men's prison and raised by a prisoner in a volunteer puppy raiser program. It was fun because I was with my four littermates, my brothers Punter,

from their appointments. And we also visit Parkway West Middle School. I know as soon as I put on my vest that I am working and must behave. Even though it seems really easy (I just get petted by a bunch of people), I go home tired.

One of my favorite jobs is being part of the Duo Response Dog team. When bad things happen, like a crisis or traumatic event, we go and sit with people who need help with healing and recovery. We had to get extra training for this job, and it is sometimes hard, like going to CVPS High School after the shooting last year. But I like all the belly rubs I get, which are the best.

When I am not working, I love to swim in the lakes in our neighborhood. I can't wait for warmer weather so I can go dock diving for tennis balls in the water. I take a long walk every day with the cutest girl dogs from my hood, sometimes as many as five of them. I especially like a playdate with my neighbor Gus, who is also a Duo Dog. He is a black Lab puppy and is in training to be a service dog, too. So, I give him advice and show him the ropes.

When I am at home, I am a bit of a couch potato. But because I am a retriever, I do get things for my people, especially when they sit down to watch tv. Then I will bring them all kinds of stuff from other parts of the house - slippers, glasses, magazines - anything they might need.

I also still love to eat everything. I really like acorn caps and since we live in the woods, I always eat 10 or 15 of them when I am out walking. I know I am not supposed to, but I also sometimes steal yummy things off the kitchen counter when no one is looking. After I eat my supper, I pick up my bowl and put it away in the pantry. When Punter is visiting, I drop my bowl into his bowl and put them both away. Just doin' my job!

Do you have a family pet we could feature? We want to meet them! Email Ximena.Bolanos@n2co.com.

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FINANCIAL TIPS FOR BLENDED FAMILIES

SPONSORED BY KRIS CALDWELL, EDWARD JONES FINANCIAL ADVISOR

If you become part of a blended family, you may find the experience quite rewarding. But you'll also want to be prepared for some financial challenges.

For starters, you and your new spouse or partner may need to evaluate your respective attitudes about money. Is one of you a saver and one a spender? When you invest, is one more aggressive and one more conservative? You might need to find some compromises.

Also, you may have to decide if you want separate financial accounts or if you want to merge them. There's no one right answer for every situation, so think carefully about your choices.

You'll also want to be aware of the debts and credit ratings you each are bringing to your new blended family, as these can greatly affect your financial moves.

And don't forget about the legal issues involved. Specifically, you may need to update the beneficiary designations on your life insurance and other financial accounts — and you'll probably also have to revise your estate plans with your attorney.


These financial considerations should give you some things to think about — and the earlier you start thinking about them, the better.

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MIRABELLE FRANKLIN & HER GAGA!

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Grandparent's Name: Kathy Franklin
Nickname: Gaga or Gaggy
Grandchild's Name: Mirabelle Franklin
Subdivision: Pleasant Valley Forest
Age, School & Grade: Age 5, Rockwood Early Childhood Pre-K

QUESTIONS GAGA ASKED MIRABELLE:

What do you want to be when you grow up and why?
 A really famous artist.

What's your favorite family tradition?
 I have 7 cousins, and I like to visit them.

What makes you happy?
 Gaga, you do.

What are you afraid of? What makes you feel better or less afraid?
 Sharks. Snakes. I feel better when they're not around.

What is your favorite thing for you and me to do together?
 I like to take walks, and we make crafts.

How many grandchildren are you going to have when you grow up? Are you getting married?
 NOPE.

What kind of chores do you do at home? Do you keep your room clean?
 Nope. (Well at least you're honest).

If you could change one thing about the world, what would it be?
 Bunnies, to make them even more cuter.

QUESTIONS MIRABELLE ASKED GAGA:

When you were my age, what did you want to be when you grew up?
 I always wanted to be a nurse. That's what I became.



What's one way the world was different when you were my age?

When I was your age we played outside a lot, and we never had to tell our mom where we were. Our house wasn't air-conditioned, and we didn't even have a dryer. No microwave, no computer, no cell phone.

Is there a story behind the name I call you? What is it?

Shea was my first grandchild, and she couldn't say Grandma. She said Gaga, and then it became Gaggy. That name stuck, and it's easy for kids to say.

What makes you happy?

Being with my grandchildren. I'm lucky to have lots of grandchildren. I love being with you and painting together.

What's your favorite memory of your grandmother?

I only had one Grandma, and I loved going to her house because her kitchen was so big. She was always either cooking or sewing, and she never sat down. I had two grandpas, and they were both quiet. Every Christmas my grandpa gave us a five-dollar bill, and we thought that was the best present ever.

What were you scared of when you were little and when did you stop being afraid?

I've always been afraid of snakes. I don't think I ever stopped, but I know now they're not going to hurt me.

Can you tell me about the first time we ever met?

Oh, I remember it well. You were this big, and you were sweet as can be. I got to hold you in my arms all bundled up in the hospital. We were so excited we had another little girl.

How did you meet my grandfather?

We met in college; we both took the same class, He had his eye on me, and I had an eye on him. He asked me out on a date, and we went to the Washington University Fair. We got married about a year later.

What's your favorite part of having grandchildren?

When I get hugs from them, that's my favorite part. And watching them grow up, watching them become really neat people.

Generation Conversation is a way for a grandparent and grandchild to learn more about each other and how the world has both changed and stayed the same. To be featured, email Ximena.Bolanos@n2co.com.





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3. Poor sleep: Restless nights can impact your attention, focus, mood, and even the way your body processes sugar (see #2). There are many ways we can help you get a refreshing night's sleep so you can be your best.

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